2016

LONGMEADOW

MASACKSIC 2016

Longmeadow High School

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Dedication

The class of 2016 has collectively decided to honor the Gagne family with our yearbook dedication this year. They have shown incredible and admirable strength in dealing with the loss of Garrett: a son, a brother, and a best friend. They remind us that tragedy often reveals hidden strength; we admire their ability to heal and move forward while also keeping Garrett's legacy alive.

"We are honored and humbled that the Class of 2016 is recognizing our courage and strength. We wish them success and thank them for this special honor."
Chris, Sue, Matt '08, Tyler '13 and Kyle '16

LHS

CLASS OF 2016

SENIORS

PRESIDENT
Jake Jackowski

Four years ago, our class walked into the old high school feeling excited and nervous. After surviving the awkward middle school years, we finally reached the stage that everyone referred to as "the best time of our lives", but we really had no idea what to expect. What we knew of high school consisted of what we knew from TV shows or books, so we were left with puzzling questions. As freshmen, "Where do we sit in the cafeteria? ","Is the swimming unit in gym really as bad as everyone says it is?"," What's an 'ICE block'?" After a few days or weeks we eventually understood high school and the dynamics of LHS. Then, in February, we moved into the new high school and suddenly had more questions. "Now where do we sit in the cafeteria? ","Why is the library called 'The Media Center'? ","Is Seminar B for seniors only?" After a period of time, we found the answers to those questions as well. But, as we traveled through high school, questions consumed our lives. Sophomore year, we asked, and "What should I bring to Lock-In?", "Who do I want to go to Sophomore Semi with?", and later on, "Should I take any AP classes next year?". The questions never stopped coming, but as we got older, they changed as well. Our junior year we started to wonder, "What do I want to do after high school?", "When should I take standardized tests?" and "Where do I want to apply to college?" These questions were also answered eventually, with help from guidance counselors and loved ones. By the time senior year rolled around, we had one last question to all: "Who am I?" Colleges, relatives, and job opportunities all wanted to know the answer to the most difficult question of all. And after four years, 720 days, and 17, 280 hours, if we didn't know who we were, we definitely knew who we weren't. High school made us laugh, cry, and sometimes seemed like the end of the world, but it prepared us to take the next step in our lives. Even if we didn't read A Tale of Two Cities we can all safely say, "It was the best of times, it was the worst of times" while reminiscing about our years at LHS.

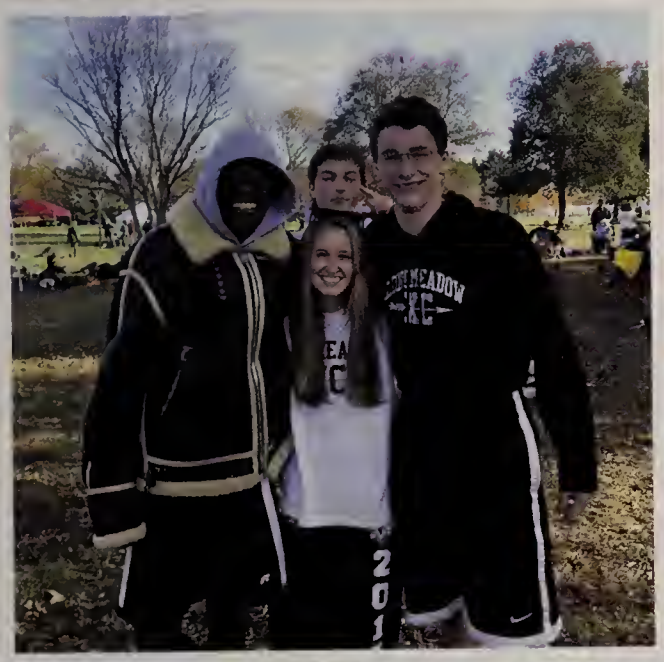
–Maddie Aseltine

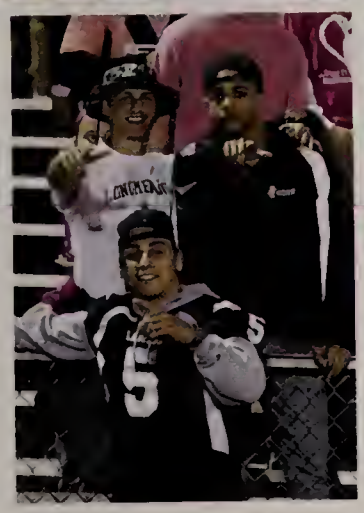
VICE PRESIDENT
Ryan Cove

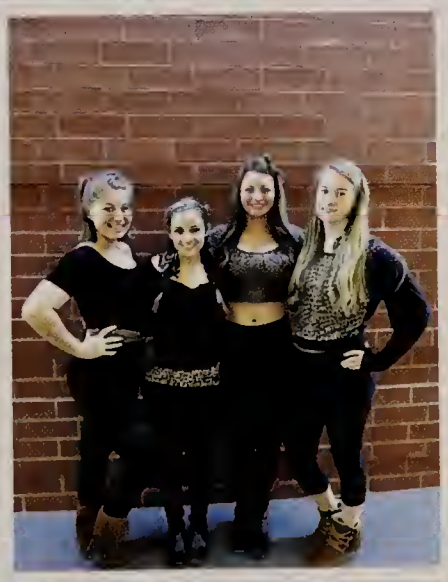
TREASURER
Ben Skiest

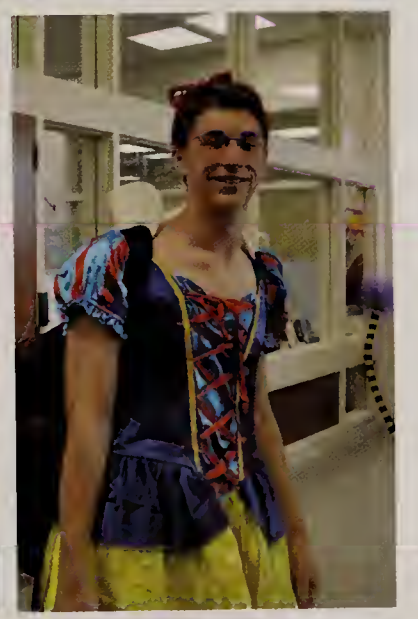
SECRETARY
Madeleine Aseltine

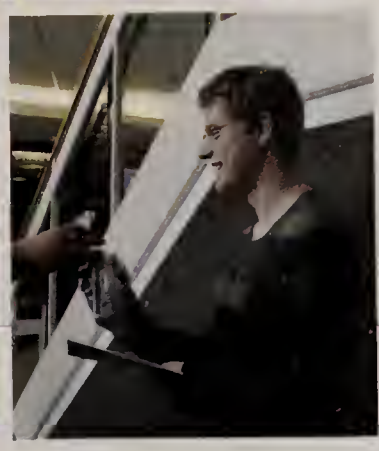
VP OF ACTIVITIES
Sam Schwartz











Dean Ackerman

Golf 9,10,11,12
Tennis 9
Ski Team 10,11,12
Ultimate 11

"If everything seems under control, you're not going fast enough."

Madeleine Aseltine

Ultimate 9,10,11,12
Yoga Club 9,10,11,12
Red Cross Club 11,12
French Club 9,10,11,12
NHS 11,12
Best Buddies 10,11,12
Accidentals 11,12
Interact Club 11,12

Abigail Adams

Field Hockey 9,10,11,12
Outdoor 9

"The best and most beautiful things in the world cannot be seen or even touched- they must be felt with the heart."
-Helen Keller

Tiernan Ashe

Football 9,10,11,12
Hockey 9,10,11,12
Lacrosse 9,10,11
Outdoor 12

"A Caterpie may change into a Butterfree, but the heart that beats inside remains the same.."
- Brock

Jack Appleman

Golf 9,10,11,12
Lacrosse 9
Indoor 9,11

"Those who say they can and those who say they can't are both usually right."

Emerson Azevedo

Jacqueline Aron

Cross Country 11,12

"The only people for me are the mad ones; the ones who are mad to live, mad to talk, mad to be saved, desirous of everything at the same time."
-Jack Kerouac

Molly Bajek

Crew 11,12
Powderpuff 12

"Always be yourself unless you can be Beyoncé. Always be Beyoncé."

Savannah Baran

Basketball 9,12
Cheerleading 10,11
Indoor 11
Outdoor 12

"If you or a loved one has been diagnosed with Mesothelioma; you may be entitled to compensation."

Deirdre Barry

Field Hockey 9,10,11,12
Lacrosse 9
Tennis 10,12
Crew 11
Hockey 11,12
Outdoor 12
BPA 10,11,12
Stock club 12
Key club 12

"No. I'm not high or intoxicated. Believe it or not, this is my personality. "

Elli Barkett

Cross Country 9,10,11,12C
Lacrosse 9
Indoor 9
Ski Club 11,12
Yearbook 11,12 Editor
Senior Class Play Producer

"Live your life with arms wide open."
-Natasha Bedingfield

Emily Beaulieu

Crew 10,11
Key Club 10,11

"One day you're 17 and planning for someday. And then quietly and without you ever really noticing, someday is today. And then someday is yesterday. And this is your life."
- One Tree Hill
"FSU"

Kevin Barrett

Cross Country 12
Baseball 9,10,11
Wrestling 10,11,12

"It ain't the six minutes... it's what happens in that six minutes".-Elmo

Rachel Bechard

Basketball 9
Cheerleading 10
Golf 10,11,12
Indoor 12
Key Club 9,10,11,12P
Math Team 9,10,11,12C
NHS 11,12
Senior Class Play

"If not me then who?"
"Everything will work out in the end."

Stephen Barrett

Baseball 9,10,11
Swimming 9,10,11,12
Soccer 9
Chess 12

"The only time success comes before work is in the dictionary."
-Vince Lombardi

Taryn Berte

Volleyball 9,10,11M
Interact Club 11
Pottery Club 11

"Life moves pretty fast. If you don't stop and look around once and a while, you could miss it."
-Ferris Bueller

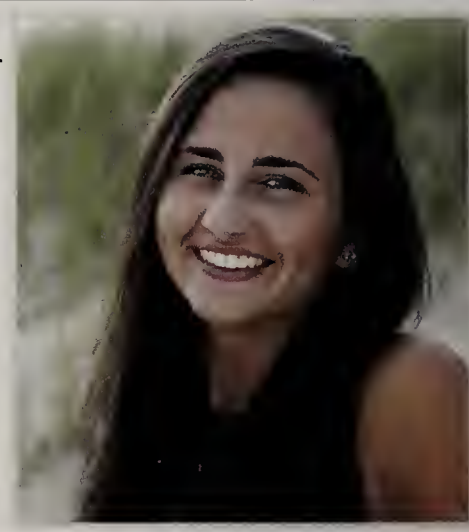
David Bogdanis

Tennis 9,10,11,12
Diving 10,11,12
NHS 11,12

"You Can Discover Everything You Need To Know About Everything By Looking At Your Hands."
-Jaden Smith

Margaret Brennan

Soccer 9
Lacrosse 9,10
Cross Country 10,11,12
Senior Class Play



Jude Bonavita

Soccer 9
Hockey 9,10
Lacrosse 9,10,11,12
NHS 11,12

Christopher Bresnahan

Cross Country 9,10,11,12
Ultimate 9,10,11,12
Ping Pong Club 11,12

"Earth provides enough to satisfy every man's needs, but not every man's greed."
- Mahatma Gandhi

Tyler Boyle

Basketball 9,10,11,12

Sarah Brown

Field Hockey 9,10,11,12

"All our dreams come true if we have the courage to pursue them."
-Walt Disney

Mary Carter Bradshaw

Field Hockey 9,10
Ultimate 10,12
Crew 11
Track 9
Art club 9,10
NHS 11,12
Best Buddies 10,11,12
Red Cross 11,12

"Have courage and be kind. "

Seth Brunell

Ultimate
Science Club
Math Club

"Fresh Cakes" - Donnie

Amanda Ryann Callaghan

Cross Country 9,10
Indoor 9
Outdoor 9,10

"There are moments which mark your life. Moments when you realize nothing will ever be the same and time is divided into two parts- before this, and after this."

Anthony Caruolo

Indoor 9
Ultimate 9,10,11,12
Hackey Sack Club11,12

"Freedom isn't free."
- bumper sticker in a Denny's parking lot

Alexander Callan

Football 9,10,11,12
Swimming 9,10
Indoor 11

"Do your job.:"
-Bill Belichick

Rocco Casaceli

Cross Country 9,10,11,12
Indoor 9
Lacrosse 9,10,11,12

"Hey. They laughed at Louis Armstrong when he said he was gonna go to the moon. Now he's up there, laughing at them."
-Chazz Michael Michaels

Ryan Carmody

Hockey 9,10,11,12
Crew 9,10,11,12

"Go Bruins!" -Joe Sweeney

Marya Casartello

Outdoor 9
Field Hockey 9,10,11
Ultimate 11,12
Ski Team 9,10,11,12
Key Club
Yoga Club
Senior Class Play

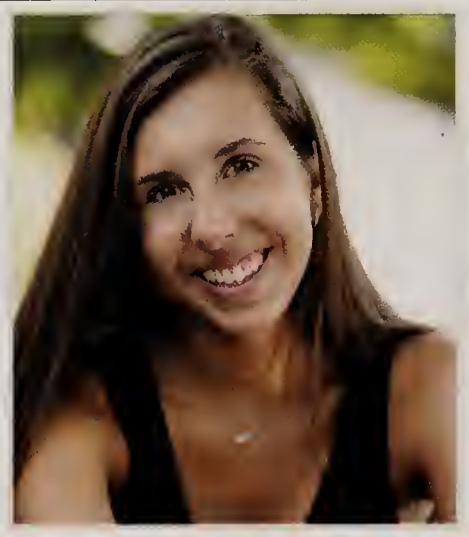
"Life is a journey not a destination."

Jack Carroll

Cross Country 9,10,11,12
Indoor 10,12
Tennis 9,10,11,12
Key Club 10,11
Business Club 11,12
Stock Club 11,12
NHS 11,12

"Squidward I used your clarinet to unclog my toilet!!" - Spongebob

Zackery Center



Marisa Chamberland

Volleyball 9,10
Crew 11,12
Red Cross Club 11,12
Yoga Club

"If it's easy you're not getting better."

Jesse Cohen-Lindfors

Basketball 9
Soccer 9,10,11,12
Tennis 9,10,11,12
NHS 11, 12
Chamber Orchestra 11,12

"I liberate minds with my music. That's more important than liberating a few people from apartheid or whatever." -Kanye West

Isaac Chase

Soccer 9
Lacrosse 9,10,11,12
Basketball 9,10
Stock Club

"3 ball got it!!"

Anastasia Cole

Cheerleading 10
Dance 9,10,11,12
Art Club 12
Senior Class Play

"Sometimes you will never know the true value of a moment until it becomes a memory." -Dr. Seuss

Ryan Chwalek

Caitlin Coleman

Senior Class Play

"Always do what you are afraid to do."
- Ralph Waldo Emerson

Rico Cocchi

Soccer 9,10,11
Outdoor 10,11,12

"Is that a world tour, or your girl's tour?"

Craig Conklin

Football 9,10,11,12
Baseball 9,10,11,12
Indoor 10
J-Ball 11,12
Key Club 10,11,12

"There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do." - Derek Jeter

Seth Conklin

Baseball 9,10,11,12
J-Ball 10,11,12
Soccer 9,10
Indoor 9,10
Key Club 9,10,11,12

"Baseball is ninety percent mental. The other half is physical."
-Yogi Berra"

Jill Corrigan

Pottery Club 9,10
French Club 9,10
Interact Club 9,10
Red Cross Club 11,12
NHS 11,12
Senior Class Play

"Never do today what you can put off until tomorrow."

Ryan Connelly

Cross Country 9,10
Ski Team 11,12
Ultimate 11,12
Key Club 11,12

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."
.- Ferris Bueller

Jonathon Cosenzi

Cross Country 11,12
Indoor 9,11,12
Outdoor 11,12

"I soak up greatness like a Bersace sponge."
- RiFF RAFF aka JODY HiGHROLLER"

Phillip Cooper

Drama Club 10
Game Design Club 11
Gaming Club 10,12

"Laziness is the mother of all bad habits, but ultimately she is a mother and we should respect her."
-Shikamaru Nara

Emily Coughlin

Field Hockey 9,10
Cross Country 11,12
Ultimate 9,10,11,12
Red Cross Club
Spanish Club
Yoga Club
Best Buddies

"Plan? I don't even have a pla" -Phoebe Buffay

Josh Correira

Indoor 9,11,12
Crew 10,11,12
Key Club 9,11
Best Buddies 11
Art Club 9

"People don't understand the pressure on me to look perfect."
- Kim Kardashian

Ryan Cove

Soccer 9,10,11,12
Ski Team 9,10,11,12C
Outdoor 9
Tennis 10
Ultimate 11,12
Vice President
Jet Jotter 11,12
Red Cross Club 11,12
NHS 11,12

"I don't like sand. It's coarse and rough and irritating and it gets everywhere."
-Anakin Skywalker

Madeline Crocker

Key Club 10,11,12
La Cappella 10,11,12

"Think and speak positively"

"Life has no limitations except the ones you make."

Colleen DeNardo

"Spend a little more time trying to make something of yourself and a little less time trying to impress people...."
-The Breakfast Club

Miles D'Entremont

Color Guard

"Ask not the sparrow how the eagle soars! All the affairs of people in this world amount to nothing! None on this earth can surpass me, and none shall beat me to my own ambitions! MY WILL IS ABSOLUTE!"

Naomi Diaz

Accidentals 10,11,12
Lyrics 11,12
Unity Club 12
Spanish Club 11,12

"It's Nay-omi" -Myself

Julia Dash

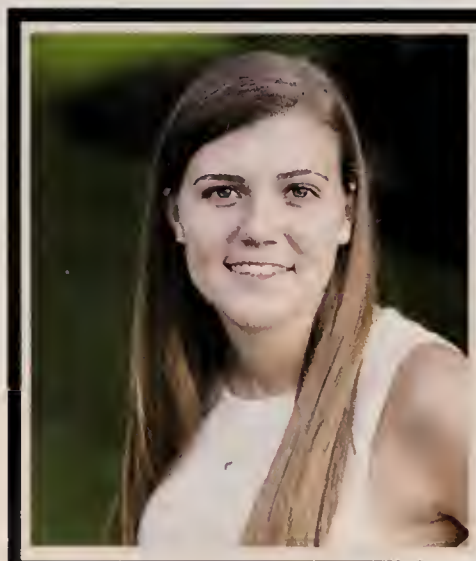
Ultimate 10,11,12C
Jet Jotter 9,10,11,12
NHS 11,12
Yoga Club 11,12
Red Cross Club 11,12

"If you will it, it is no dream.."
–Theodor Herzl

Tyler Ditmar

Soccer 9,10,11
Baseball 9

"Scared money don't make no money."
-Young Jeezy



Rebekah Davis

Lacrosse 9
Soccer 9,10
Indoor 9,10
Outdoor 10,11,12
Spanish Club 9,10
Best Buddies 10,11
SADD 10, 11, 12
NHS 11,12

"Dinosaurs still exist."
- Lauren Jauregui

Sonia Donskaya

Volleyball 9,10,11,12
Ultimate 9,10,11,12
Ping Pong Club 10,11,12
Science Club 11,12
Senior Class Play

"Today you are You, that is truer than true. There is no one alive who is Youer than You."
-Dr. Seuss

Erin Durkin

Outdoor
Cross Country
Key Club
Red Cross Club
Yoga Club
Social Justice Club
NHS
Tri-M Music Honors Society

"Growing old is mandatory, but growing up is optional.." -Walt disney

Nicholas Erwin

Baseball 9,10,11,12
J-Ball 11,12
Ski Club 11,12

"Heroes get remembered but Legends never die." -Babe Ruth

Allison Echeverria

Soccer 9,10,11
Diving 9,10,11,12
Outdoor 9,10,11,12
Lyrics 11,12
Accidentals 12

"It's a beautiful day to save lives" -Dr. Derek Sheperd, "Fear is stupid. So are regrets."-Marilyn Monroe

Vasken Fereshetian

Tennis 9,10,11,12
Soccer 9,10
Red Cross Club 12

"Do you even frat bro." - Ronnie Coleman

Scott Elder

Football 9,10,11,12
NHS 11,12

"Float like a butterfly, sting like a bee."

Daniel Fernandes

Soccer 9,10
Skiing 9,10,11,12
Baseball 9,10,11,12

"OOOOH YEAAAH " -MACHO MAN

"Take it easy." -Nacho Libre

Suzanne Elfman

Tennis 9,10,11,12
Yoga Club 9,10,11,12

"You're not hardcore (no you're not hardcore) unless you live hardcore." -School of Rock

Allen Finn

"Your'e stuck in thrid person. Help you! Help you"

James Fisher

Soccer 9,10,11,12
Indoor 9,10,11,12
Outdoor 10,11,12

Meghan Franz

Soccer 9,10,11,12
Indoor 9,10,11,12C
Outdoor 9,10,11,12C

"I wish I could, but I don't want to." - Phoebe Buffay

Tim Fitzgerald

Football Manager 9,10,11,12
Hockey Manager 11,12

"Life's a beach and I'm just playing in the sand."

Rachel Franz

Ultimate 11,12

"We find happiness in unexpected places. We find our way back to the things that matter most. The universe is funny that way; Sometimes it just has a way of making sure we wind up exactly where we belong."
-Meredith Grey

James Flahive

Baseball 9,10,11,12

Joseph Fratini

Hockey 9,10,11,12
Lacrosse 9,10,11

"Get busy living or get busy dying."
- Andy Dufresne

Emma Frankel

Volleyball 9,10,11,12
Ultimate 10,11
Pottery Club 11,12
Senior Class Play

"I wanna see the floating lights."
-Rapunzel

Justin Frechette

Baseball 9
Hockey 9,10,11,12
Key Club 10,11

"If it makes you feel any better, Jeff's cat got hit by an 18 wheeler."
-Nolan Pandolfi

Katie Fydenkevez

Soccer 9,10,11,12 C
Basketball 9,10,11,12 C
Lacrosse 9,10
Track 11,12
NHS 11,12
Best Buddies 10
Senior Class Play
Powder Puff

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."
- Dr. Seuss

Nicholas Gentile

Football 9,10,11,12
Indoor 9,10

"Who you gonna call?"
-Ghostbusters

Kyle Gagne

Football 9,10,11,12
Ski Team 9,10,11,12
Lacrosse 9,10,11,12
Stock Club 10,11,12

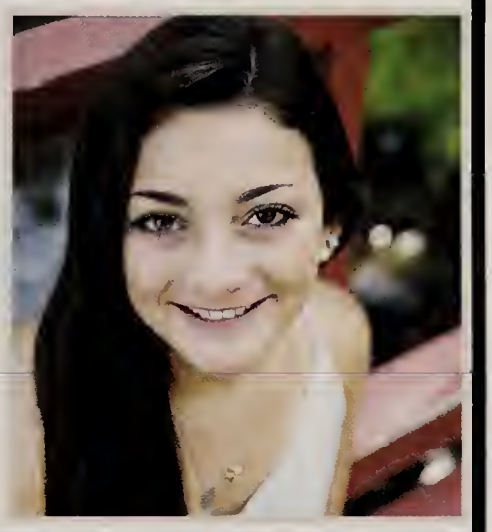
"Anything in life worth doing is worth overdoing, moderation is for cowards" - Navy Seals

"There are two ways to do something...The right way and again" - Navy Seals

Abigail Giampietro

Soccer 9,10
Indoor 9,10,11,12
Outdoor 9,10,11,12
Cross Country 12

"The past can hurt. But, you can either run from it or, learn from it.."
-The Lion King



Teah Garibian

Crew 10,11,12

"It takes getting everything you ever wanted and then losing it, to know what true freedom is."
- Lana Del Rey

Sarah Glass

Drama Club 9,10,11,12
Senior Class Play Costume Designer

"People will stare, make it worth their while."
-Harry Winston

"Everyday is a fashion show and the world is the runway." -Coco Chanel

Shaylee Geier

Soccer 9
Softball 9,10,11,12
Senior Class Play

"Be nice to everyone, always smile and appreciate things, because it could all be gone tomorrow."
-Cory Monteith

Abigail Glick

GSA 11
Social Justice Club 11,12
Senior Class Play

"The Road
goes ever on and
on down from the
door where it began.Now
far ahead the Road
And I must follow, if I can,
Pursuing it with eager feet,
Until it joins some larger
whither then? I cannot say
-J.R.R. Tolkien

Nicholas Goldaper

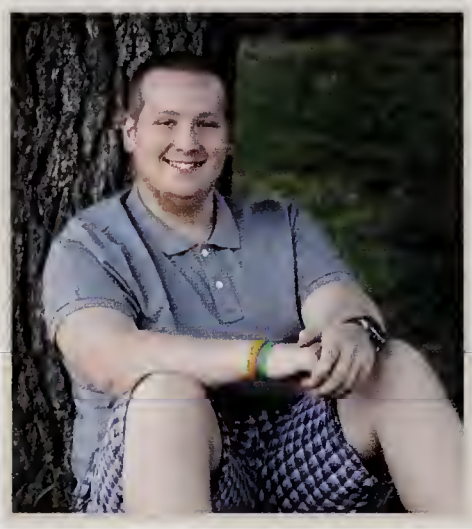
Lacrosse 9
Hockey 9,10,11,12
Cross Country 11

"You ain't first you last."
-Ricky Bobby

Billy Gordenstein

Cross Country 9,10,11,12
Basketball 9,10
Ultimate 10,11,12

"Billy, I dare you to quote me."
- Ryan Cove



Alex Goldberg

Football 9,10
Stop premature Christmas decorating in Longmeadow, we're Jewish.

Harry Gordenstein

Cross Country 9,10,11C,12C
Indoor 9,10
Ski team 10,11
Lacrosse 9
Ultimate 10,11,12

"My man thats a churro"
- taco bell guy
"To will one thing straightTo will one thing trueTo will to be someoneWho isn't not you."
- krill

Sarah Goldstein

Ski Club 11,12
Israel Club 11,12
Senior Class Play
"Knowing is better than wondering, waking is better than sleeping, and even the biggest failure, even the worst, beats the hell out of never trying."
-Meredith Grey

Joseph Gouvin

Football 9,10
Track 9

"You're not hardcore unless you live hardcore."
- Dewey Finn,
School of Rock

Kyle Goodrich

Outdoor 9,10,11,12
Indoor 12
Mock Trial 9,10

Lauren Granger

Isaac Greenberg

Soccer 9,10,11,12
Ultimate 9,10,11,12

"What is your spaghetti policy here?"
-Charlie Kelly

Peter Hanke

Nathan Guthrie

Outdoor 10
Ultimate 11
Key Club 10

"I find that the best way to do things is to constantly move forward and to never doubt anything and keep moving forward; if you make a mistake say you made a mistake."
-John Frusciante

John Hanson

Art Club
Video Game Club

"Difficulty is not an impossibility."
"You're becoming more like your father."

Sarah Hachadourian

Tennis 9,10,11,12
Cheerleading 11,12

East Asia Club 9
GSA 10
Environmental Club 10,12
Senior Class Play 12

"Everybody's got their demons, even wide awake or dreaming."
"Wang Dang Doodle!"
-Sweeney

Grady Harris

Field Hockey 9,10
Outdoor 9,10
Cross Country 11,12
Ultimate 11,12
SADD 11,12
NHS 11,12

"I like to pop and lock and jam and break."
-Martha

Logan Haldopoulos

Soccer 9,10,11,12
Lacrosse 9,10
Indoor 9,10,11,12
Outdoor 11,12
Hacky Sack 9,10,11,12

"Class of 2016 is awesome, but you can't spell awesome without me"
-Kelly Kiltonic

Matthew Harris

Cassondra Hill

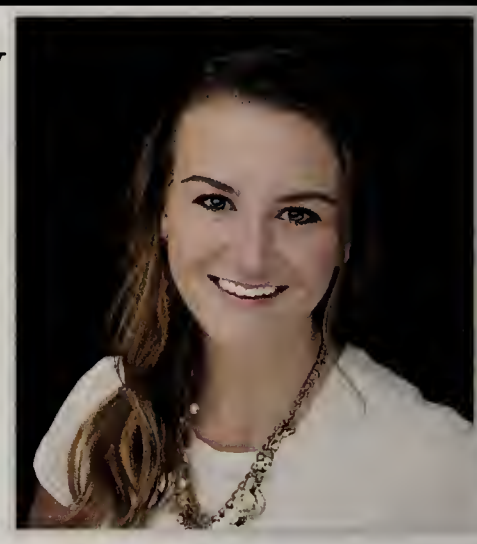
Outdoor 11,12
Basketball 12

Unity Club 9,10,11,12
"Nothing is impossible the word itself says I'm possible."

Katherine Holliday

Senior Class Play
Cheerleading 9,10

"No day is so bad it can't be fixed with a nap."

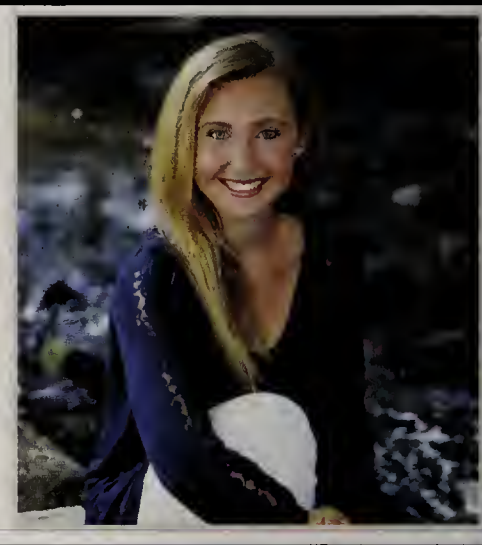


Mark Hiltpold

Erica Horowitz

Field Hockey 9,10,11,12
Softball 9,10,11,12
Indoor 9,10,11,12

"You are remembered for the rules you break, not the rules you follow."
-Douglass MacArthur



Ricardo Hinds

Alec Houff

Football 9, 10, 11, 12
Baseball 9, 10, 11, 12

"What is this, some sort of interactive theater art piece."

Cailin Hockey

Colin Hurley

Lacrosse 9
Crew 9,10,11,12

Stock Club 9,10,11,12
Spanish Club 9,10
Mock Trial 9,10
Key Club 9,10

"Throw me to the wolves and I'll come back leading the pack."

Kevin Hussey

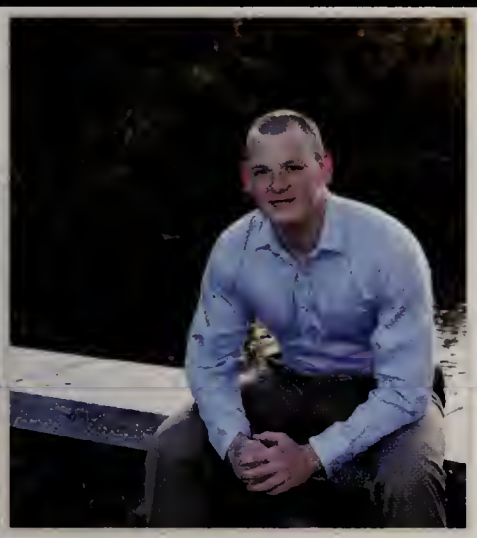
Football 9
Ski Team 9,10,11,12
Lacrosse 9,10,11,12

Key Club 10, 12
Stock Club 9,10,11,12
BPA 12
Best Buddies 9,10

"Never allow waiting to become a habit. Live you dreams and take risks. Life is happening now."
"Success isn't just about what you accomplish in your life. It's what you inspire others to do."

Thomas Jeanis

"Were you on time today?"
-Mrs. Omartian



Colin Ireland

Football 9, 10, 11, 12
JBall 9, 10, 11, 12C
Ultimate Frisbee 11, 12

Hackey Sack Club 11

Sara Jenkins

Cross Country 9,10,11,12
Indoor 9,12
Outdoor 9,10,11,12
French Club 12

"We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths."
- Walt Disney

Emily Ishak

The Jet Jotter 9,10,11,12
Red Cross Club 11,12
NHS 11,12
French Club 9,10,11,12
Ultimate 9,10,12
ri-M Music Honors Society 11,12
Music Mentor 9,10
Interact Club 9,10
Mock Trial 9,10

"Clothe yourselves with compassion, kindness, humility, gentleness and patience."
-Colossians 3:12

Zachary Johns

Soccer 9,10,11,12
Indoor 10,11
Basketball 9
JBall 11
Ultimate 10,11,12
Jazz Ensemble 10,11,12
Jet Jotter 12

"I'm so appalled, Spalding ball."
-Kanye West

Jake Jackowski

Cross Country 9,10,11,12
Outdoor 9,10,11
Unity Club 9,10,11,12
Social Justice Club 11,12
Impressions 11,12
BPA 12

"Man is nothing else but what he makes of himself" -Jean Paul Sartre
"All the candy corn that was ever made in 1911."
-Lewis Black

Christine Johnson

Cheerleading

Cordelia Jones

"Nothing exists."

Katie Kang

"God is always with you no matter what you do or to say."

Trevor Joyal

Hockey 9,10,11,12

"It ain't over till it's over."-Yogi Berra

Riley Kelleher

Cross Country 9,10,11,12
Outdoor 9
Ultimate 10,11,12
Ski club 11,12

"It's a beautiful day to save lives" -Derek Shepard
"Whatever you do in life will be insignificant, but it's very important that you do it. because nobody else will." -Tyler (remember me)

Margaret Joyner

Volleyball 10, 11, 12
Senior Class Play 12

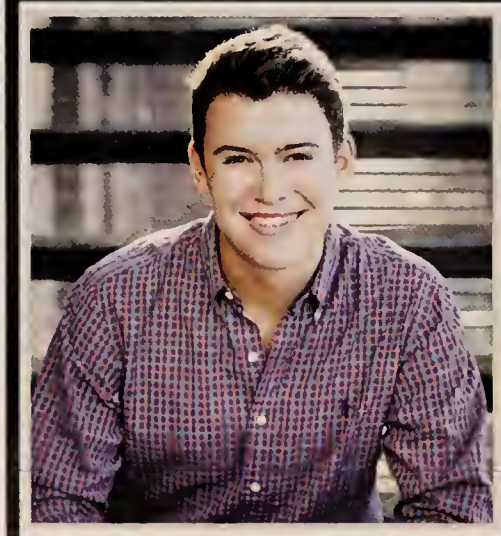
"Everyone knows I'm in over my head."
-The Fray

Meredith Kennedy

Cross Country 9
Soccer 10
Basketball 9,10
Indoor 10,11,12
Outdoor 10,11,12

"To appreciate the sun you gotta know what rain is" -J.cole

"FSU"



Noah Kalman

Swimming 9,10,11,12
Best Buddies 9,10,11,12
Jet Jotter 9, 10,11,12
NHS 11,12
Israel club 11,12

"Attitude is a little thing that makes a big difference."
-Winston Churchill

Samantha Kennedy

Softball 9, 10
Indoor 11, 12
Outdoor 11, 12

"You are remembered for the rules you break, not the rules you follow."
-Douglas MacArthur

Emma Keyes-Mard

Cross Country 9
Soccer 10
Basketball 9,10
Peer Leadership 11,12
Key Club 11,12
Senior Class Play 12

"Memory is a way of holding onto the things you love, the things you are, the things you never want to lose."-Anonymous

Jennifer Krahala

East Asia Club 9,11,12
Key Club 9
Environmental Club 11

"Maybe life as a cat wouldn't be so bad."
-The Cat Returns

Michelle Kim

Tennis 9,10,11,12
Key Club 9,10,11,12
National Honors Society 11,12
Yoga Club 9,11,12
Badminton Club 11
Mock Trial 9,10
Jet Jotter 12

"The rest of the world was black and white, but we were in screaming color." ~ T.Swift

Emily Kratovil

Field Hockey 9, 10
Cross Country 11, 12
Track 9, 10
Ultimate 11, 12
Senior Class Play 12

"See ya in chemistry!"
-Josh Nichols

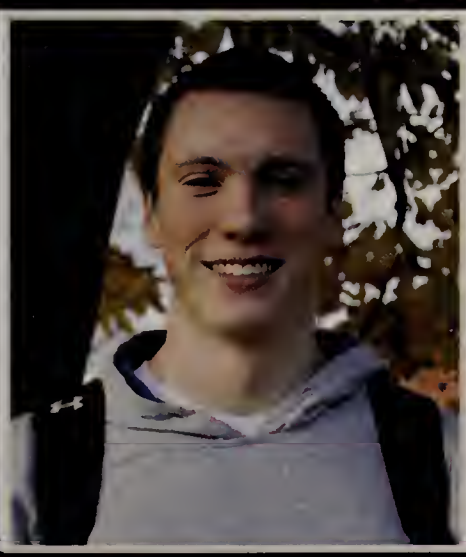
Jake Kimball

Stock Club 12

Emma Kristoffy

Crew 9,10,11
Ski club 11,12
Senior Class Play 12
Lyrics 10,11,12

"The most important kind of freedom is to be what you really are."
-Jim Morrison



Peter King

Basketball 9,10,11, 12

"Sipping on some of that revenge juice, getting my taste buds ready to wolf down this spaghetti, or should I say this spa-get-even?"

Nikolas Lachiusa

Soccer-9,10
Cross Country 10,11C
Wrestling 9,10,11C,12C
Outdoor 9,10,11,12C

Audrey Lai

Skiing 9, 10, 11, 12C
Outdoor 11, 12
Cross Country Mgr 12
Science Club 11, 12

"If you look for the light, you can often find it. But if you look for the dark, that is all you will ever see." - Iroh

Benjamin LePage

Cross Country 9,10,12
Indoor 9,10
Outdoor 9
Ultimate 10,12

"It Happens"

Julia Langone

Key Club 9,10,11,12
Yearbook 11,12 Editor
Pottery Club 12
Powder Puff
Senior Class Play Stage Manager

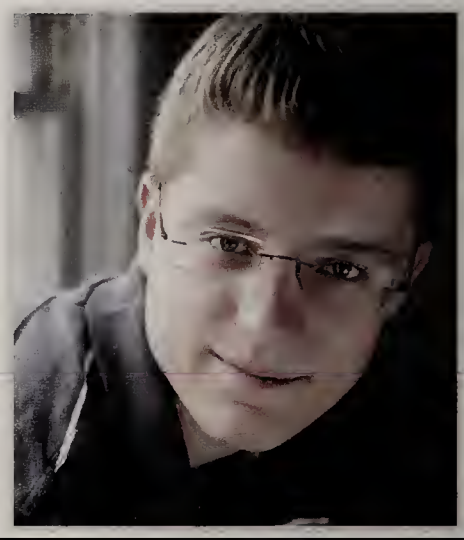
"People are interesting until you get to know them."

"really"

Christopher Leslie

Indoor 9
Video Game Club 9

"I haven't heard a lot of things."



Hoseong Lee

Max Levin

Elise Lemay

Cross Country 9, 10, 11, 12
Outdoor 9, 10, 11
Jet Jotter 9, 10, 11, 12
Mock Trial 9
Ski Club 11
Senior Class Play 12

Jerrica Li

Swimming 9, 10, 11, 12
Ultimate 9, 10, 11, 12
Science Club 11, 12

" Be content."

Emily Libowitz

Ultiamte 9,10,11,12
Senior Class Play 12
NHS 11,12

"A person's a person no matter how small."
- Dr.Seuss

Cameron Mailman

Football 9,10,11,12

"Concussions aren't real, they're a state of mind."

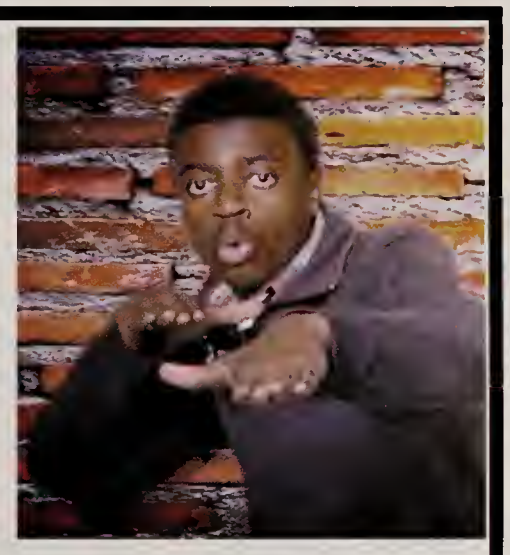
William Lukas

Soccer 9, 10, 11, 12C
Lacrosse 9, 10, 11C, 12C
J-ball 9, 10, 11, 12C
Indoor 10, 11, 12C
" Limp deuce"
-Tony DeMarche

"I don't have friends, I got family."
-Vin Diesel

Zulfiqar Manzi

Basketball 9,10
Unity Club 9-12
"You guys will know what my career is after high school"-Me
"The man who has no imagination has no wings."
- Muhammad Ali



Michael Luongo

Cross Country: 9, 11,
Indoor 9,11,12
Outdoor11,12
Key Club 11, 12
NHS 11, 12
Social Justice Club 11, 12
Math Team 12
"Knowledge speaks, but wisdom listens."
- Jimi Hendrix

Garrett Marchant

Basketball 9, 10, 11, 12
Key Club 11

"You don't defy me"
-Dan

"We're here for a good time, not a long time"
-Robert Marshal

Connor MacLelland

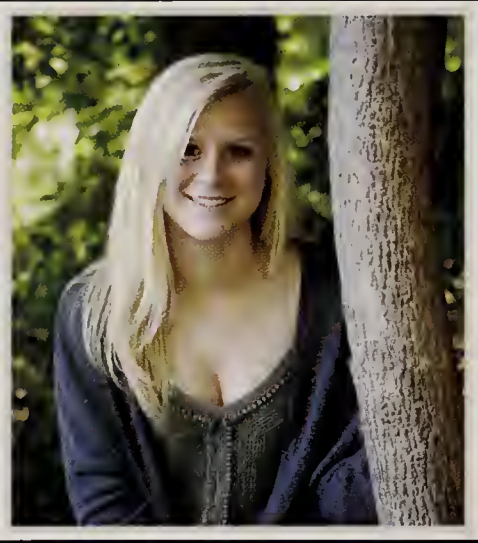
Spanish Club 9
"Very little is needed to make a happy life; it is all within yourself, in your way of thinking."
-Marcus Aurelius

"Life is really simple, but we insist on making it complicated."- Confucius

Sarah Marchese

Soccer 9,10,12
Indoor 9,10
Lacrosse 9,10,11,12C
NHS 11,12
Yearbook 12

"I don't get older, I just get better."
-Monica Geller



Riley Marino

Soccer 9,10
Indoor 11
Outdoor 9,10,12
Senior Class Play 12
Yearbook 12

"No matter how hard the past, you can always begin again."
-Buddha

Colin McClure

Lacrosse 9,10,11,12
Golf: 10,11,12

"Y'all ready to knock some head."
- Mr. Brooks

Nicholas Maurer

Soccer 9,10,11,12
Indoor Track 9,10
Hockey 11
Lacrosse 9,10,11
Key Club 10,11,12
Red Cross Club 11,12
Senior Class Play 12
NHS 11,12

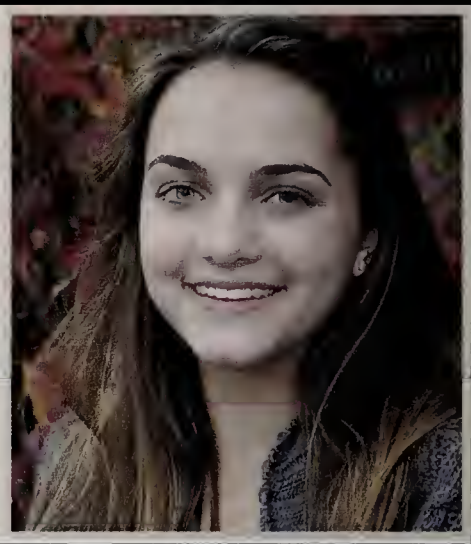
"'Why are you sweating?' 'I was watching cops.'"
-Step Brothers

"I also think it's pointless for a human to paint scenes of nature when they can go outside and stand in it."
-Ron Swanson

Jessica McColley

Pottery Club 11,12
Key Club 11,12
Ultimate 11,12
Football Manager 12

"It's just life, so keep dancing through."
-Fiyero



Peter Maziarz

Ski Team 10,11,12

Caroline McCoy

Volleyball 9,10,11,12

"There are no regrets in life, just lessons. "
-Jennifer Aniston

Devan McAndrews

Maura McCoy

Yoga club 9,10
Pottery club 10
Football Manager 12
Senior Class Play

Danny McLaughlin

Golf 9,10,11,12
Basketball 9
Ski Team 10,11,2
Baseball 9,10,11,12
Key Club 9, 10, 11, 12
Senior Class Play
"You can catch flies with honey, but you can catch more hunnies being' fly."
- Doc Howard

Olivia Minardi

Soccer 9,10
Indoor 9,10,11,12
Outdoor 9,10,11,12
Crew 11

"Once you cross the river leave the raft behind you" -The Majjima Nakaya Sutra

Ally McQuade

"Kurt Cobain, Quentin Tarantino, Brando, De Niro, Pacino...all high school drop outs."
-Evan Peters

Leah Mitchell

"I'll do what I want till the end. Cut me down if you want."
-Gray Fullbuster

"There's a time and place for everything but not now."
-Professor Oak

Kayla Mernoff

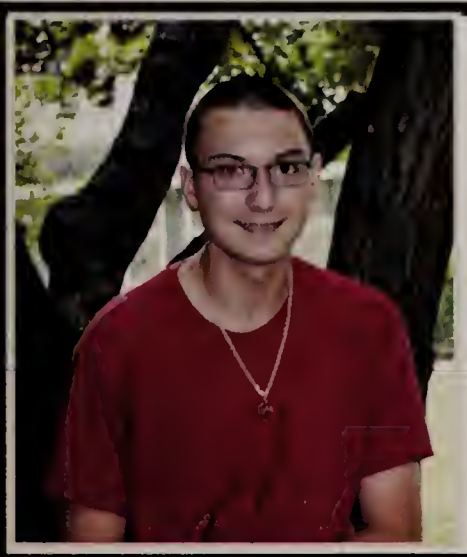
Jazz Band 11,12
Senior Class Play 12

"All our dreams can come true if we have the courage to pursue them."
-Walt Disney

Andrew Moody

Hockey 9,10,11,12

"The dreamers of the day are dangerous men for they may act their dream with open eyes to make it possible."
- T.E. Lawrence



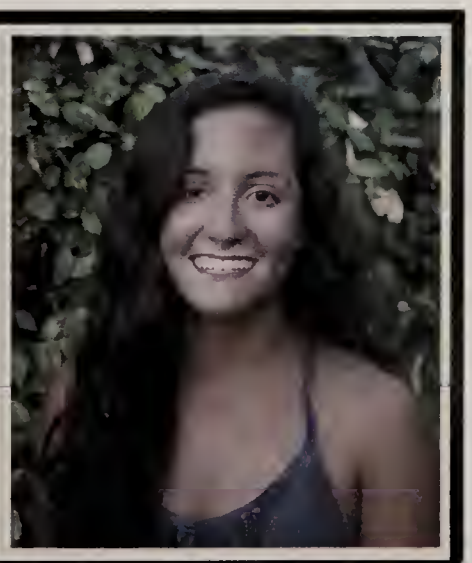
Christopher Miller

"A day without sunshine is like, you know, night."
-Steve Martin

Hailey Moseman

Cross country 9,10,11,12C
Indoor 9,10,12C
Outdoor 9,10,11,12C
S.A.D.D 11,12
Best Buddies 10,11

"Whatever you are, be a good one."
-Abraham Lincoln

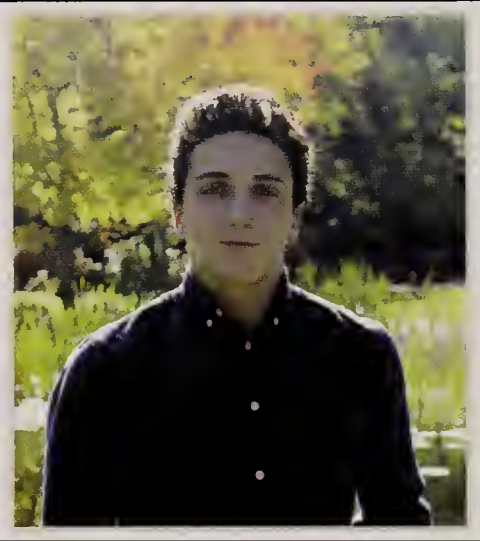


Sarah Most

Crew 10,11,12
Key Club 9,10,11,12

Dominique Napoli

"And will you succeed? Yes you will indeed! (98 and 3/4 percent guaranteed.)" - Dr. Seuss



Benjamin Muhlmann

Cross Country 9,10,11,12
Outdoor 9,10,11,12
Indoor 9
Hacky Sack Club 11, 12
Jewish Club 10, 12
Badminton Club 11
Jet Jotter 12
"If opportunity doesn't knock, build a door."- Milton Berle"
"Would you believe in what you believe in if you were the only one who believed it?" - Kanye West

Aditi Nimbalkar

Cross Country 9,10,11,12
Outdoor 9,10,11,12
Interact Club 9,10
Key Club 11,12
Yoga Club 9,10,11,12
Red Cross Club 11
UNICEF Club 11
French Club 9,10,11,12
Senior Class Play 12

"That was nothing like High School Musical..."
-Anonymous

Kylie Mulcahy

Soccer 9, 10
Outdoor 9,10,11,12M

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."
-Jimmy Dean

Aaron Nolan

Cross Country 9
Swimming and Diving 9,10,11,12
Tennis 10
Outdoor 11,12
Jet Jotter 10,11
Key Club 10,11,12

"What a long, strange trip it's been."
-Grateful Dead

Hamza Mustafa

Joshua Novis

Outdoor 11

Jordan Nunley

"Apply yourself to supply your wealth, only limitations you'll ever have are those that you place upon yourself.". -Kdot

Katherine O'Shea

Key Club 9,10,11,12
Mock Trial 10
NHS 11,12
Red Cross Club 11,12
Science Club 11,12
Senior Class Play 12
Jet Jotter 11,12

"Destiny is for losers. It's just a stupid excuse to wait for things to happen instead of making them happen." -Blair Waldorf

Marquis Nunley

Football 9
Basketball 9,10
Indoor 11,12
Outdoor 9,10,11,12

"Reality is wrong. Dreams are for real" -Tupac Shakur

"2p, don't sit." "#TMT"- The GOAT

Samuel Paleologopoulos

Soccer 9, 10
Frisbee 9, 10, 11
Jet Jotter 11, 12
Senior Class Play 12
Hacky Sack Club 11
Chess Club 11, 12
Science Club 11, 12
Jewish Club 10, 11
French Club 10, 11, 12
Math Team 11, 12
"If you want happiness for an hour take a nap. For a year, inherit a fortune. For a lifetime, help someone else."

Ryan O'Connor

Football 9
Golf 10,11
Baseball 9,10,11, 12
Indoor Tack 12
Jball 9,10,11,12
Key Club 11,12

"I have a memory, and I can just eliminate mistakes when they come up because I've already made them." - Tom Brady

Nolan Pandolfi

Baseball 9,10,11,12
Soccer 9,10,11
Football 12

"This sticker is dangerous and inconvenient but I do love Fig Newtons." -Ricky Bobby

"Eddie would go"- Anonymous

Mary O'Reilly

Field Hockey 9,10,11,12C
Lacrosse 9,10,11,12C
Indoor Track 9,10
Hockey 11, 12
SADD: 11,12
SMC: 9,10,11,12
Senior Class Play

"She who has the will to win cannot be beaten. -Anne Simons

Olivia Panetti

Indoor 9,10
Outdoor9,10
I Cantori 10,11,12
Accidentals 10,11,12
Lyrics 11,12
Tri M 11,12
Yoga Club 11,12

"The saddest thing in life is a wasted talent." -Lorenzo Anello

Katherine Paquette

Soccer 9
Ultimate 11

"You miss 100 percent of the shots you don't take."

Danielle Pierson

"Let your smile change the world. Not the world change your smile."

"Love the life you live. Live the life you love."
-Bob Marley

"You don't get another chance. Life is no Nintendo game."
- Eminem

Bailey Pennington

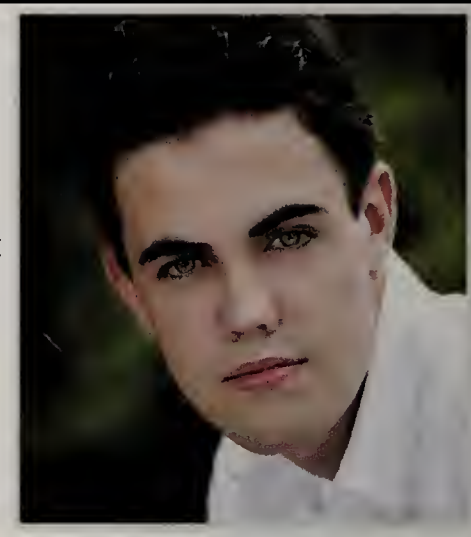
Social Justice Club

'Well that happened."

Matthew Pierson

Lacrosse, 9 10, 11, 12
Golf 11
Hockey 9,10,11,12

"Life is pain, and we gotta scrape the joy out of it every chance we get."
- Rod Kimbell from Hot Rod



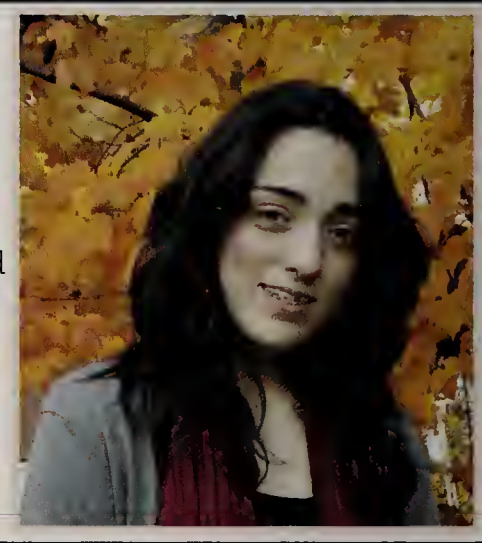
Alexander Perkins

Cross-Country
Indoor
Outdoor
Hacky Sack Club

"The secret is maple syrup."

Siena Porcello

Outdoor 9,10,11,12
Field Hockey 9,10
Accidentals 10,11,12
Lyrics 11,12
"No matter how the wind howls the mountain cannot bow to it"
- Emperor
"You'll never know if you can fly, unless you take the risk of falling."
- Nightwing



Benjamin Perruccio

Zachary Posnik

NHS 11,12 Indoor 9, 10, 11, 12C
Cross Country 10,11C, 12C
Outdoor 11, 12
Lacrosse 9C, 10C
Senior Class play 12
Key Club 11, 12
Lyrics 11, 12C
"The one capital "T" truth is about life before death. It is about the real value of a real education, which has almost nothing to do with knowledge and everything to do with simple awareness.." - David Foster Wallace

Campell Powell

Cross Country 9,10,11,12
Indoor 10,11, 12
Outdoor 9, 10, 11, 12
Red Cross Club 11, 12
Senior Class Play

"Nothing is impossible, the word itself says 'I'm possible'!"
- Audrey Hepburn

Aaron Richardson

Indoor 10
Cross country 12
Key club 9,10,11,12
Unity Club 9,10,11,12
Art Club 9
Social Justice Club 11,12
Politics club 10
East Asia club 10,11
Senior Class Play
"Use your heart to love somebody, and if your heart is big enough, use your heart to love everybody."-Stevie Wonder

Allyson Quirk

Field Hockey 9,10,11,12
Outdoor 9
Ultimate 11,12

Monica Rivera

Cheerleading 9, 10, 11, 12
GSA 10
Environmental Club 10, 12
Senior Class Play

"I won't go to my grave until a difference is made."
-David L.

"Hot Dog!!" -Sweeney

Christopher Reed

Soccer 9,10
Baseball 9
Key club 10,11,12

"A negative mind will never give you a positive life."

Benjamin Robinson

"You only live once, so make every moment count!"

Courtney Reggiannini

Cross Country 9,10,11,12
Outdoor 10,11,12
Ski Club 10,11,12
Senior Class Play

"You don't have to be great to start, but you have to start to be great." -Zig Zagler

Jacob Roy

Soccer 9
Indoor 9,10,11,12
Baseball 9
Cross Country 10,11,12
Outdoor 10,11,12
Key Club 9,10,11,12

"Yo soy fiesta"
-Gronk

Matthew Ruyffelaert

Ski Team 9,10,11,12
Track, 9,10,11,12
Jazz Band 11,12
Hacky sack Club
"I'm a peacock you gotta let me fly!"
- Mark Wahlberg
"Is that really what you want to say?"
-Mom

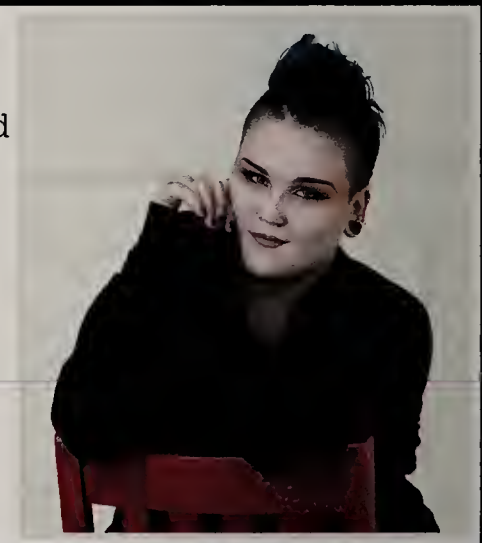
Nicholas Santaniello

Maxwell Rye

Football 9,10,11,12
Baseball 9,10,11,12
Basketball 9,10,11,12
NHS 11,12
"Straight cash, homie."
- Randy Moss
"Beaver"- Sam Schwartz

Seamus Santos

"We're all born naked and the rest is drag." - Ru Paul



Casey Samuelson

Soccer 9,10
Cross Country 11
Lacrosse 9,10,11,12
Senior Class Play 12

"You gotta slay a few dragons, before you get to the princess"

Matthew Scheidecker

Drama Club 9

"Life is what happens to you while you're busy making other plans."
-John Lennon

Dominic Santaniello

Football 11,12
Lacrosse 9,10,11,12
Soccer 9

"I dont have friends, I have family"
-Vin Diesel

"2p don't sit" -Jordan Nunley

Max Schepps

Ultimate 9,10,11,12
JBall 9,10,11,12
Key Club 11,12
NHS 11,12

"Gotta go hard, it's my only way out"
- Reek Lauren

Jeffrey Schmelkin

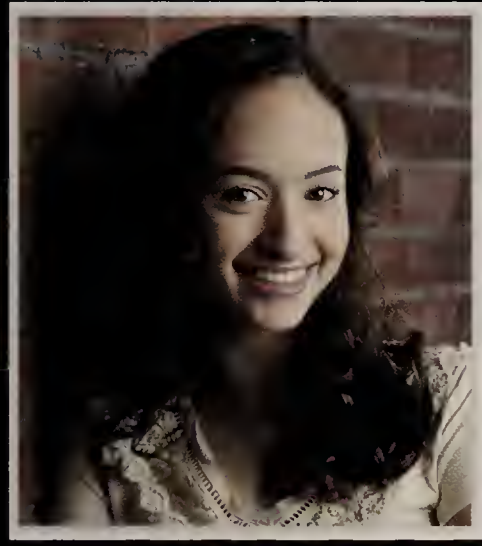
Social Justice Council 11, 12
Senior Class Play 11, 12
Key Club, 11, 12

"Forget regret, or life is yours to miss."
-Jonathan Larson

Samuel Schwartz

Football 9,10,11,12 C
Baseball 9,10,11,12
NHS 11,12
Mock Trial 9,10,11,12

"I saw a man pursuing the horizon;
Round and round they sped.
I was disturbed at this;
I accosted the man.
"It is futile," I said,
"You can never —"
"You lie," he cried,
And ran on."
-Stephen Crane



Lisa Schmelkin

Yoga Club 9,10,11,12
French Club 9,10,11,12
Key Club 11,12

"This place is not what they say it is."
- Michonne (The Walking Dead)

Sara Sciarrino

Soccer 10
Tennis 10
Track 11

Accidentals 11, 12

"If there's a one percent chance, that's more than I ever thought I would have." - Camila Cabello

Alexander Schneider

Football 9,10,11,12
Track and Field 10,11,12
Indoor Track 12

Sara Settimio

"It might take a year, it might take a day. But what's meant to be will find it's way."

Benjamin Schneider

Soccer 9
Tennis 9,10,11,12
Key club 11

"That's the Donny difference"
-Donny

William Shao

Swimming 9,10,11,12C
NHS 11,12
Chess Club 10,11,12
Math Team 10,11,12C

"Quotes are useless, don't let someone else's meaningless words control your life."

Olivia Shapiro

Soccer 9,10,11,12C
Basketball 9,10,11,12C
Lacrosse 9,10,11,12C

"Limp deuce"
-Will Lukas

"Sometimes the hardest things, are the most rewarding."
-Nathan Scott

Harrison Shrair

Alexandra Shea

Basketball 9
Crew10,11,12
Yoga Club

"All our dreams can come true if we have the courage to pursue them." –Walt Disney

Kate Siegel

Cross Country 9,10
Indoor 11,12
Outdoor 9,11,12

Patrick Shea

Elizabeth Sinclair

Field Hockey 9,10
Key Club 9,10,11,12
NHS 11,12
French Club 11,12
Science Club 11,12

"Paris is always a good idea." -Audrey Hepburn

Nicholas Shelley

Indoor Track 9
Swimming 10,11

"Let us dedicate ourselves to what the Greeks wrote so many years ago: to tame the savageness of man and make gentle the life of this world." - RFK

Kayla Sitler

Soccer 9,10,11
Swimming 9,10,11,12
Ultimate 9,10,11,12

Benjamin Skiest

Football 9,10,11,12
Lacrosse 9,10,11
Indoor Track 9,10
BPA 11,12
Mock trial 11,12
Key club 9,10
Student Gov 10,11,12

"You can't handle the truth " -Col. Jessep

Paul Sterritt

Soccer 9,10,11
Swimming 10,11,12
Ultimate 9,10,11,12
NHS 11, 12

Abigail Solomon

Swimming 9,10,11,12
Senior Class Play 12
Ultimate 9,10,11,12
The Accidentals 11,12
Jewish Club 11,12

"I've only slept nine hours over the past four days, so I'm right on the verge of a nervous breakdown."
-Leslie Knope

Lauren Stone

Field Hockey 9,10
Indoor 10,11,12C
Outdoor 9,10,11,12C

"I was never happy, I was just less pissed off."
-Steven Hyde

"Truth is like the sun. You can shut it out for a time, but it ain't goin' away."
-Elvis Presley

Christiana Stamas

Key Club 9
Interact 9,10
Red Cross Club 11,12
La Capella 9,10,11,12
Senior Class Play Producer
"The future belongs to those who believe in the beauty of their dreams."

Katherine Strain

Volleyball 9,10,11,12
Indoor Track 9,10,11,12
Outdoor Track 9,10,11, 12

"You're only given one little spark of madness, you mustn't lose it.."
-Robin WIlliams

Tia Stathis

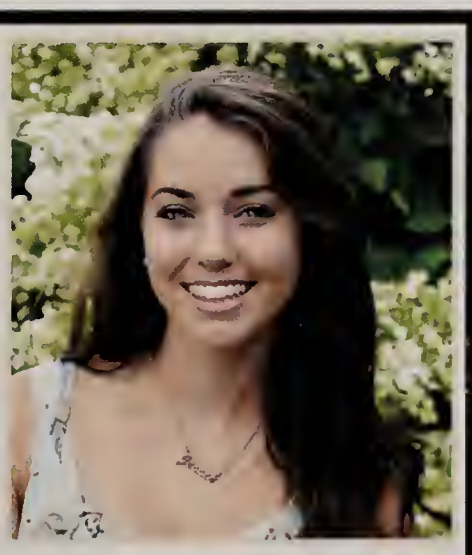
Field Hockey 9,10
Swimming 9,10,11,12
Softball 9,10,11,12
Key Club 11,12
Red Cross Club 11,12
NHS 11,12
French Club 12
Pottery Club 12

"This ain't my first rodeo son." - Dr. Phil

Jessica Strassburg

Field Hockey 9,10,11,12C
Indoor 10
Ultimate 10, 11

"Have courage and be kind" - Cinderella



Zachary Strempel

Baseball 9,10,11
East Asia Club 9,10,11,12
SJC 11,12
Tri-M 11,12
NHS 11,12

"Hope is a good thing, maybe the best of things, and no good thing ever dies."
- Andy Dufresne

Joseph Swanson

Ski Team 11,12
Cross Country 9,10,11,12
Indoor 9,10,11
Baseball 9

Maxwell Stukalin

Lacrosse 9, 10, 11, 12
Football 9, 10, 12
Wrestling 9, 10, 11, 12
NHS 11, 12
French Club 9, 10, 11, 12
Hackey Sack Club 11
Senior Class Play 12
"When your life flashes before your eyes, make sure you have plenty to see."
"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
-Maya Angelou

Rebecca Szlajen

Volleyball 10,11,12
Softball 9,10,11,12
Key Club 9,10
NHS 11,12
Tri-M 11,12

"There is nothing like a dream to create future." - Victor Hugo

Grace Sullivan

Ultimate 11,12
Lyrics 11,12
Accidentals 10, 11,12
Key Club 9,12
Best Buddies 12
Senior Class Play 12

"All our dreams can come true, if we have the courage to pursue them." - Walt Disney

Jack Tabb

Olivia Sullivan

Ski Team 9,10,11,12
Lacrosse 9
Cross Country 10
Ultimate 11,12
Key Club 9,10,11,12
Pottery Club 9,11,12
Art Club 12

"I am not a fan of history."

Michael Tabb

Hockey 9,10,11,12
Lacrosse 9,10
Senior Class Play 12
BPA 12

"It ain't about how hard you hit. It's about how hard you can get hit and keep moving forward."
-Rocky Balboa

Olivia Tanzer

"It's a long way to the top if you want to rock & roll."
-Jack Black

Steven Truong

Molly Tobias

Cross Country 9
Basketball 9,10
Senior Class Play 12

"Do not go where the path may lead; go instead where there is no path and leave a trail."
- Ralph Waldo Emerson

Bruce Tyler

Lacrosse 9,10,11

"Keep faith because amazing things happen right when you're about to give up." -BT

Matthew Trainor

East Asia Club 9,10,11,12

"..."
-Doc

Allie Udell

Field Hockey 9
Softball 9
Key Club 9,10,11
Ski Club 12

"Good judgement comes from experience and experience comes from bad judgement."
-Jason Statham

Seth Travers

Soccer 9,10,11,12
Baseball 9,10,11,12
Swimming 9,10

Benjamin Upperton

"A day without laughter is a day wasted."
-Charlie Chaplin

Larissa Valdes

Lyrics 10,11,12
Symphony Orchestra 9,10,11,12
Chamber Orchestra 9,10,11,12
Mock Trial 10
Jet Jotter 11,12
Science Club 11,12
Senior Class Play 12
NHS 11,12
Tri-M 11

"Yesterday is history, tomorrow is a mystery, today is a gift. thats why it's called the present."
-Alice Morse Earle
"The limit to one's success does not exist"
- Dirty McRoot

Zachary Wahrman

Tennis 10,11,12
Chess Club 10,11,12P
NHS 11,12
Senior Class Play 12
Jet Jotter 11,12

"As soon as you trust yourself, you will know how to live."

Anne Volk

Soccer 9
Lacrosse 9,10
Outdoor 11,12
Cross Country 12
Key Club 9,10,11
Spanish Club 10,11
SADD 11,12
NHS 11,12

"bug and ankles"
"limp duece"
-GG1

Sydney Walt

Crew 9,10,11
Ultimate 11,12
Senior Class Play 12
Ski Club 11,12

"I'll never let go, Jack, I'll never let go."
-Rose Dawson

Brett Vuori

Soccer 9
Ultimate 9,10,11,12
Key Club 10,11

"Small"
"You're tiny."

Matthew Walthouse

Hockey 9,10,11,12
Baseball 9,10,11,12
Golf 9,10,11,12C
NHS 11,12

"Forget about style; worry about results"
-Bobby Orr

"Heros get remebered but legends never die, follow your heart kid, and you'll never go wrong."
-The Sandlot

Lillian Wagner

"Well-behaved women seldom make history."
-Laurel Thatcher Ulrich

"Hannah Montana says that nobody is perfect, but yet, here I am."

Michelle Waslick

Accidentals 9,10,11,12
Lyrics 10,11,12
Jet Jotter 10,11,12
NHS 11,12
Science Club 11,12
Ultimate 10
Senior Class Play 12

"We ain't picture perfect, but we worth the picture still."
-J. Cole
"I'm pretty tired... I think I'll go home now."
-Forrest Gump

Sarah Weinberg

Lacrosse 9,10
Soccer 9,10,11
Indoor 9,10,11,12
Outdoor 9,10,11,12

"And in the end, the love you take is equal to the love you make."
-The Beatles

Brianna Winkler

"When yesterday was a disappointment and today isn't better, remember there's always a tomorrow. Make it something to look forward to and smile."
-Anonymous

Benjamin Weissman

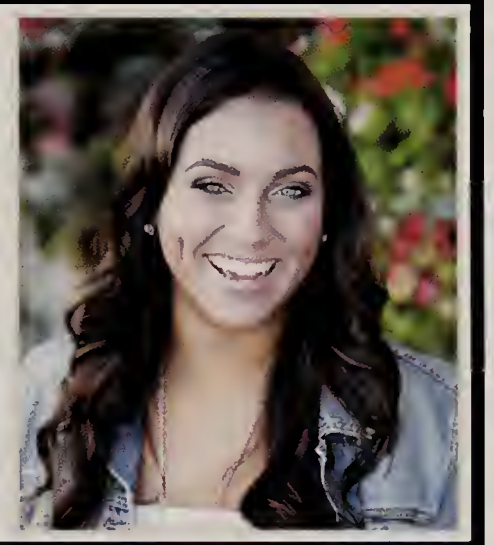
Table Tennis 10, 11, 12
Graphic Communications (CTEC) 9,10,11,12
"YUUUP!" -Dave Hester

Raivan Wray

Basketball 9,12
Key Club 9

"Be the change you wish to see in the world"
-Ghandi

"Follow your dreams and in life. Anything is possible if you just believe."



Seth Wernick

Basketball 9,10,11,12
Cross Country 9
BPA 9,10,11,12
Stock Club 9,10,11,12
Impressions 11,12
NHS 11,12
Jet Jotter 11,12
Senior Class Play 12

"You're only given a little spark of madness. You mustn't lose it."
- Robin Williams

Mia Wysocki

Ultimate
Art Club
East Asia Club
Social Justice Club
Literature Club
Environmental Club

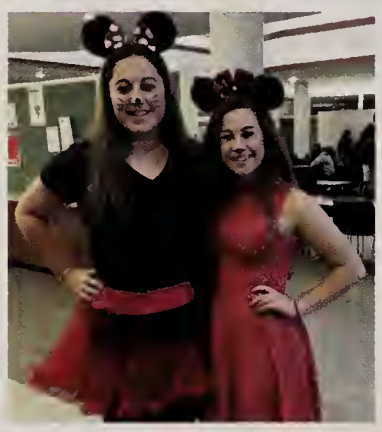
"Everything we do impacts someone else's life."
–Nicolas Cage

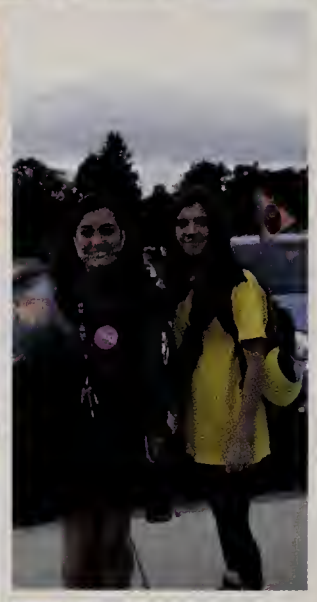
Vincent White

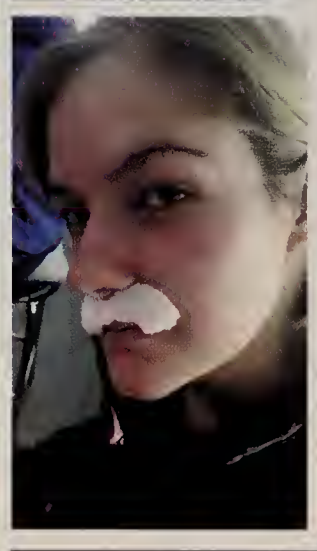
Indoor 9,10,11,12
Outdoor 9,10,11,12
Football 9,12

"When you poop in your dreams, you poop for real."
-Peter Griffin

SENIOR



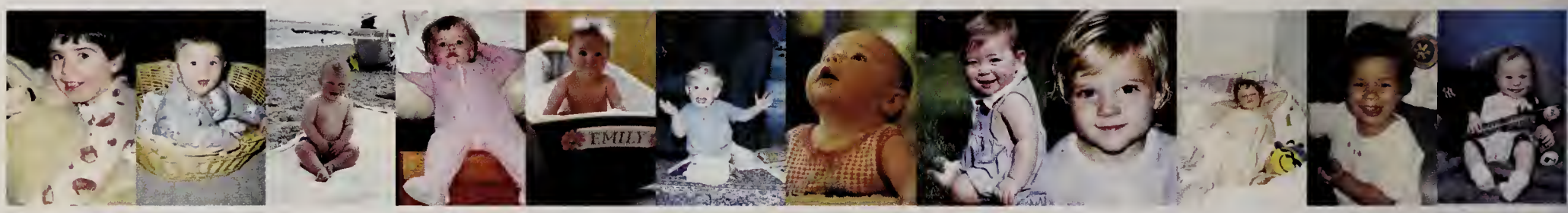




CANDIDS

Abigail Adams | Madeleine Aseltine | Tiernan Ashe | Savannah Baran | Kevin Barrett | Stephen Barrett | Rachel Bechard | Taryn Berte | David Bogdanis | Mary Carter Bradshaw | Margaret Brennan | Christopher Bresnahan

Seth Brunell | Amanda Callaghan | Alexander Callan | John Carroll | Rocco Casaceli | Marya Casartello | Zackery Center | Rico Cocchi | Jesse Cohen-Lindfors | Anastasia Cole | Caitlin Coleman | Craig Conklin



Seth Conklin | Ryan Connelly | Phillip Cooper | Jill Corrigan | Emily Coughlin | Ryan Cove | Madeline Crocker | Julia Dash | Rebekah Davis | Colleen DeNardo | Naomi Diaz | Tyler Ditmar

Sonia Donskaya | Erin Durkin | Allison Echeverria | Scott Elder | Suzanne Elfman | Nicholas Erwin | James Fisher | Timothy Fitzgerald | Meghan Franz | Rachel Franz | Joseph Fratini | Justin Frechette

Katherine Fydenkevez | Kyle Gagne | Shaylee Geier | Nicholas Gentile | Nicholas Goldaper | Sarah Goldstein | Harry Gordenstein | William Gordenstein | Joseph Gouvin | Lauren Granger | Nathan Guthrie | Logan Haldopoulos

Grady Harris | Cassondra Hill | Mark Hiltpold | Cailin Hockey | Katherine Holliday | Erica Horowitz | Colin Ireland | Emily Ishak | Jake Jackowski | Thomas Jeanis | Sara Jenkins | Zachary Johns

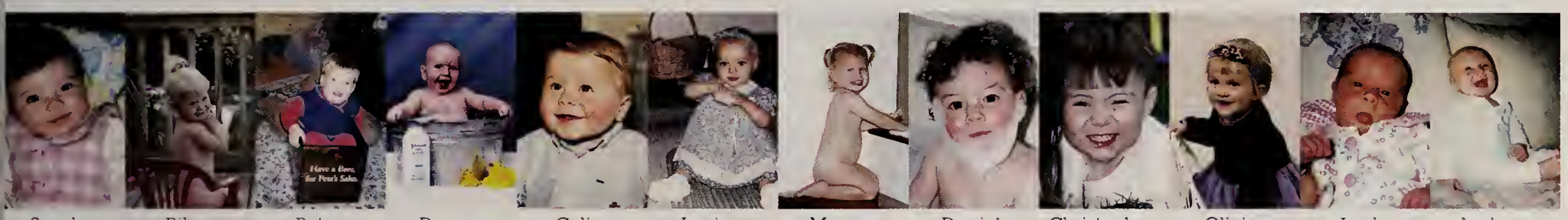
Friends was the second most popular TV show

THROWBACK TO 1998

The first Apple IMac was created

Christine Johnson | Trevor Joyal | Noah Kalman | Katie Kang | Riley Kelleher | Meredith Kennedy | Samantha Kennedy | Emma Keyes-Mard | Michelle Kim | Jacob Kimball | Jennifer Krahala | Emily Kratovil

Emma Kristoffy | Nikolas Lachiusa | Audrey Lai | Julia Langone | Elise Lemay | Christopher Leslie | Max Levin | Jerrica Li | Emily Libowitz | William Lukas | Cameron Mailman | Garrett Marchant



Sarah Marchese | Riley Marino | Peter Maziarz | Devan McAndrews | Colin McClure | Jessica McColley | Maura McCoy | Daniel McLaughlin | Christopher Miller | Olivia Minardi | Leah Mitchell | Andrew Moody

Kylie Mulcahy | Hamza Mustafa | Aditi Nimbalkar | Aaron Nolan | Jordan Nunley | Marquis Nunley | Ryan O'Connor | Mary O'Reilly | Katherine O'Shea | Samuel Paleologopoulos | Nolan Pandolfi | Olivia Panetti

Bailey Pennington | Alexander Perkins | Benjamin Perruccio | Danielle Pierson | Siena Porcello | Zachary Posnik | Campbell Powell | Allyson Quirk | Christopher Reed | Courtney Reggiannini | Monica Rivera | Jacob Roy

Matthew Ruyffelaert | Maxwell Rye | Dominic Santaniello | Nicholas Santaniello | Matthew Scheidecker | Alexander Schneider | Sara Settimio | William Shao | Olivia Shapiro | Alexandra Shea | Patrick Shea | Nicholas Shelley

The Detroit Red Wings won the Stanley Cup

Google was founded

"One More Time" By Britney Spears was released

The New York Yankees won the World Series

The 100th episode of *Ellen* aired on January 14th

Harrison Shrair | Elizabeth Sinclair | Kayla Sitler | Benjamin Skiest | Christiana Stamas | Tia Stathis | Paul Sterritt | Lauren Stone | Jessica Strassburg | Grace Sullivan | Olivia Sullivan | Joseph Swanson

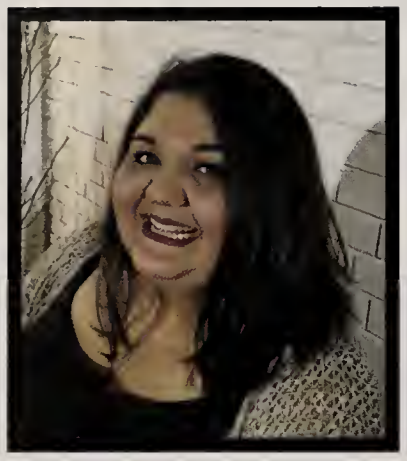
Jack Tabb | Michael Tabb | Olivia Tanzer | Molly Tobias | Matthew Trainor | Seth Travers | Bruce Tyler | Larissa Valdes | Anne Volk | Lillian Wagner | Sydney Walt | Matthew Walthouse

Michelle Waslick | Sarah Weinberg | Benjamin Weissman | Seth Wernick | Vincent White | Brianna Winkler

THROWBACK

PATRIOTS
NIKE
Sydney
CENTER
SCHOOL
28 31

STAGE MANAGER

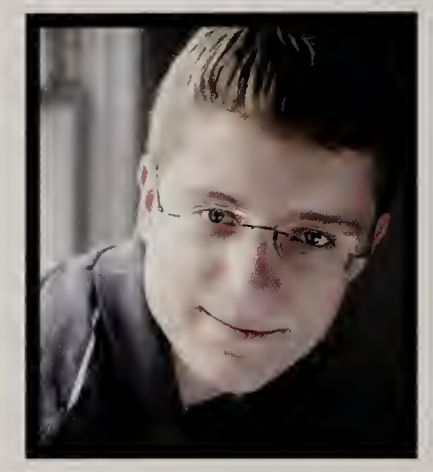


Julia Langone

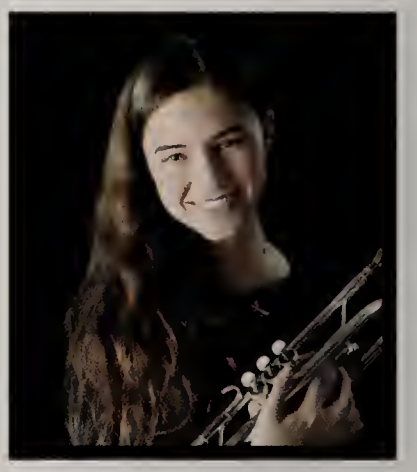
TECH DIRECTOR

Danny McLaughlin

MUSIC DIRECTORS



Chris Leslie



Kayla Meroff

Wizard of Oz

SENIOR

MAIN CAST

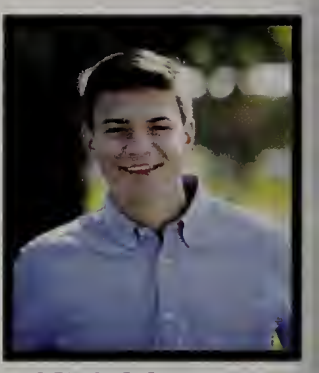
Michelle Waslick
Dorothy

Grace Sullivan
Scarecrow/Hunk

Sydney Walt
Tinman/Hickory

Matt Scheidecker
Lion/Zeke

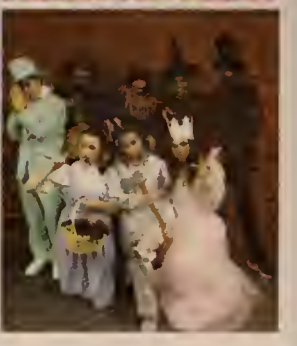
Naomi Diaz
Glinda/Aunt Em



Nick Maurer
Guard/Uncle Henry

Mary Carter Bradshaw
Wicked Witch/
Ms.Gulch

Aaron Richardson
Wizard of Oz/
Professor



PRODUCERS

Elli Barkett

Seth Wernick

Christiana Stamas

CLASS PLAY

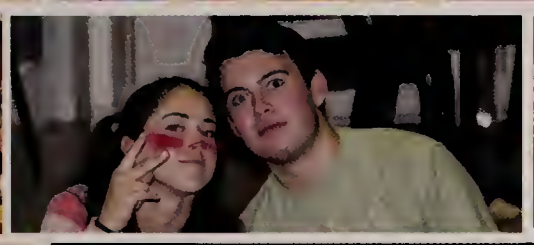
DIRECTORS

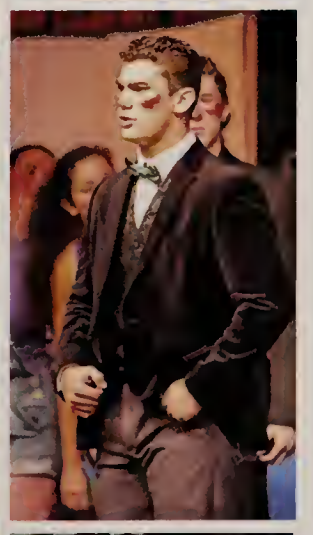
Sarah Goldstein

Abbey Solomon

A WORD FROM YOUR DIRECTORS

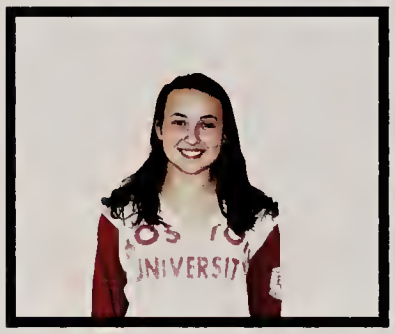
Directing the senior class play was an amazing experience full of ups and downs. It was something that everyone involved will never forget. There were countless hours spent rehearsing, we survived hell week, and had three amazing shows! Working on the play with our classmates has really brought all of us together. Friendships and memories have been made that we will never forget. We want to thank everyone of our classmates involved in the play for their hard work and dedication. And remember, all you have to do is follow the yellow brick road...





Senior Superlatives

Best Voice



Michelle Waslick

Rico Cocchi

Best Musician

Larissa Valdes

Chris Leslie

Best Eyes

Margaret Brennan

Matt Pierson

Most Likely to Teach at LHS

Zachary Posnik

Best Bromance

Sam Schwartz

Max Rye

Best Hair

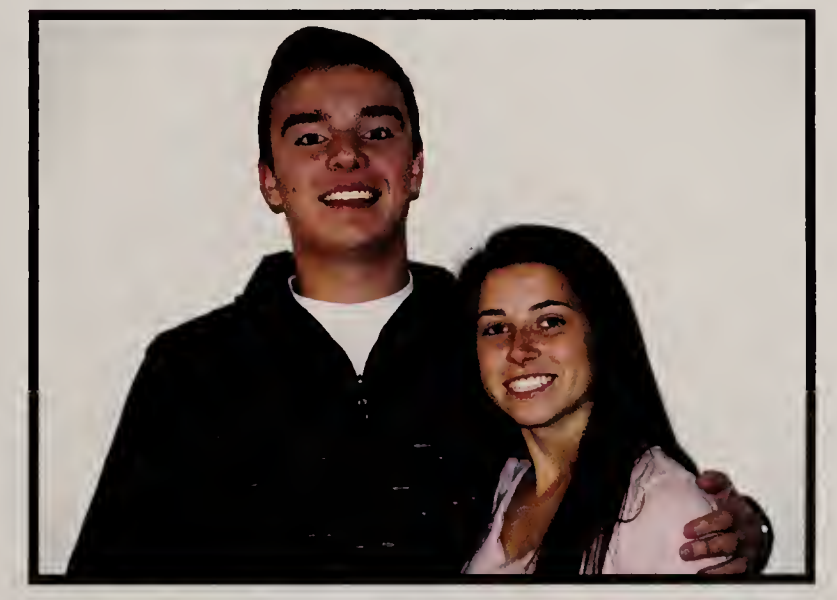
Grady Harris

Harry Gordenstein

Teachers Pet

Sam Schwartz

Class Flirt



Mary O'Reilly

Kevin Hussey

Senior Superlatives

Class Couple

Zachary Johns

Suzanne Elfman

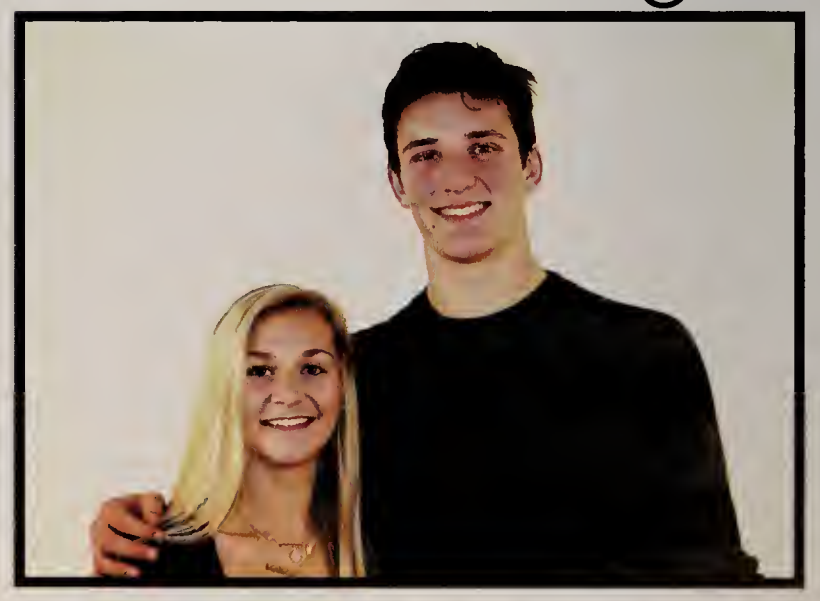
Most Likely to Become President

Jake Jackowski

Life Of the Party

Garrett Marchant

Best Looking



Annie Volk

Max Stukalin

Most Likely to Take Over the World

Allen Finn

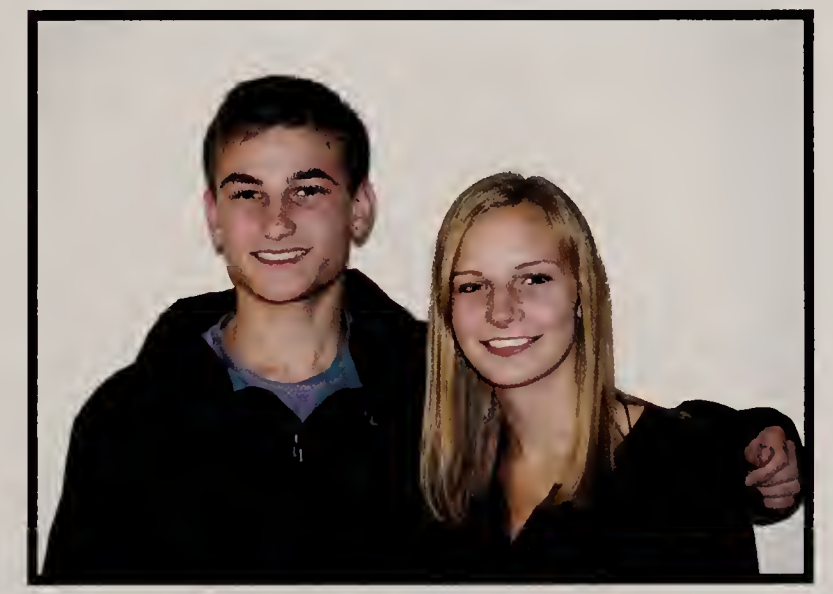
Class Prep

Noah Kalman

Most Likely to be on Reality TV

Sarah Most

Class Couple that Never Dated



Emily Kratovil Max Levin

Lancer Super Fan

Billy Gordenstein

Best Smile

Mary Carter Bradshaw

Nick Maurer

Senior Superlatives

Best Athlete

Olivia Shapiro

Maxwell Stukalin

Class Clown

Rocco Casaceli

Most Likely to be ID'd when 30

Jake Roy

Most Likely to Sleep in Class

Isaac Chase

Friendliest

Kevin Barrett

Best Dressed

Emma Kristoffy

Noah Kalman

CLASS OF
2017

JUNIORS

Candid Contest Winner by Vivian Li

A Word from Your Class Officers

Junior: the title is quite peculiar to call someone who has walked the halls of LHS for 3 years. The Class of 2017 became, if anything, more mature, knowledgable, and unified in our "junior" year. Among the many cherished times, these past two semesters have held both challenges and stressful moments for all of us. If you somehow leave this year stress-free, congratulations! I know many classmates who envy you! However, whether you adore school or despise it, the memories you forge within the walls of LHS will last eternally. You have expanded your circle of friends and experienced great staff, while making stories that you can tell for years to come. So, look back on the experiences of this year with open eyes, because in the end what is important are the lessons you learn and the memories you make, not your GPA or SAT scores. Frank Sinatra once said: "Forget about all your troubles". Yes, instead remember all the good times you have had, remember Sophomore Lock-In, Semi, Junior-Senior, look forward to the Senior Class Play, and the Prom, because in 50 years you will look back on these years with nostalgia. So...Cheers, Class of 2017...Here's to what has been a great junior year!

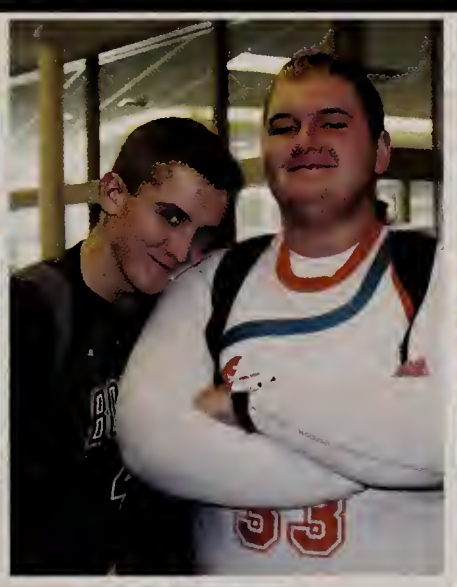
–Jordan Kei-Rahn

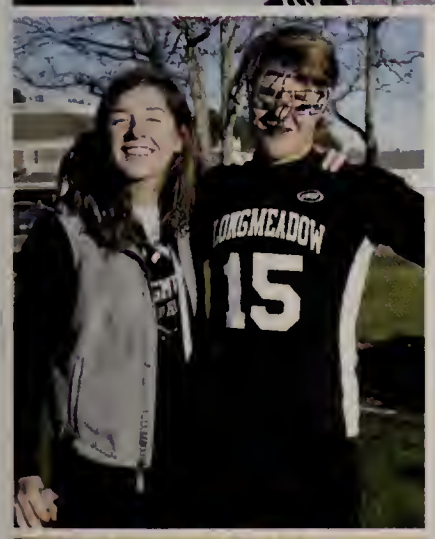
PRESIDENT
Kristopher Campbell

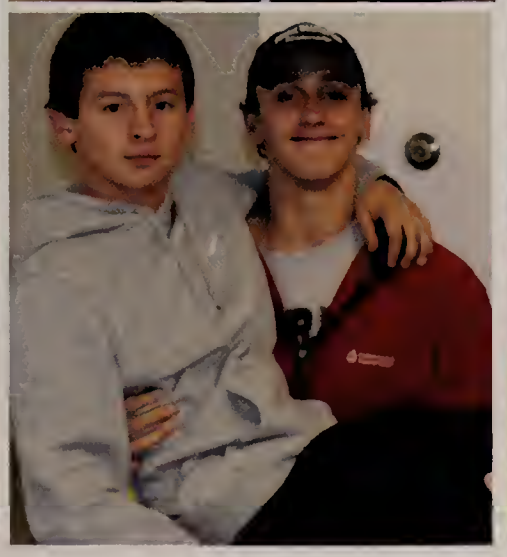
VICE PRESIDENT
Carl Schirmeister

TREASURER
Nicholas Taylor

SECRETARY
Jordan Kei-Rahn







Patrick Abad
Elijah Acevedo
Eric Adams
Jack Alberici
Lindsay Allard
Tanner Allen

Matthew Allsop
Isabelle Anderson
James Anderson
Emily Anfang
Michael Asinas
Madison Azevedo

Cambria Barkett
Olivia Barkett
Courtney Barrett
Maria Barrett
Patrick Barrett
Julia Barron

Benjamin Belyy
Lilliana Benmosche
Matthew Berardi
Daniel Berg
Samuel Betancourt
Zachary Biron

Benjamin Black
Riemke Bouvier
Elizabeth Brill
Zachary Brody
Emily Brown
Patrick Burns

Nicholas Butera
Rocio Caceres
Hannah Calabrese
Spencer Calabrese
Isabella Camargo
Kristopher Campbell

Mary Carroll
Molly Carroll
Jackson Carson
Jaice Cass
Jayne Chanin
Abigail Chernick

Alexander Cieplik
Michael Cooper
John Cove
Katherine Coyle
Joseph Cronin
Brittney Cunningham

Julia D'Agostino
Nishal D'Souza
Haley Daigneault
Aubrey Daviau
William DeMarche
Alison Denno

Alexus DeRosier
Ethan Dhamodharan
Matthew Dibbern
Cameron Dietz
Nathan Donnelly
Jonathan Douglas

Daniel Draymore
Lauren Dunkerley
Deirdre Duquette
Stephanie Dussault
Noelle Ehrenberg
Talia Emery

Mohammad Fazaeli
Liam Fitzgerlad
Claire Fitzpatrick
Kate Foley
Kamil Fountain
Matthew Frazer

Emily Freda
Samuel Freedman
Franco Fusco
Isabella Gandelli
Kayla Gebo
Luke Gelinas

Marguerite Gelinas
Frank Gentile
Emma Gerchberg
Taryn Gitsas
Brandon Goldberg
Jesse Goldberg

Michael Gore
Sydney Grant
Austin Griffiths
Cali Grincavitch
Nina Grogan
Theodore Gronostalski Jr

Kelsey Guevara
Luisa Gunn
Jacob Hebert
Emma Henshaw
Gabrielle Hirschkorn
William Hiser

DeAundre Hornsby
Nicholas Horowitz
Stasya Houghton
Alexander Hulbert
Gabriella Humphries
Brianna Hundley

Chloe Hunt
Marlene Jackson
Alexandra Jellinger
Bradley Jones
Carlin Joyal
Emily Kapner

Elizabeth Katsoulis
Gabriel Katz
Abigail Keane
Jordan Kei-Rahn
Jacob Kelly
Carly Kingston

Shane Kivel
Adam Korobkov
Alissa Kowalewski
Rachael Kraez
Randall Kristensen
Joshua Kronick

Daniel Kronlund
Eric Le-Zabarsky
Charli Lee
Benjamin Lemke
Joseph Letendre
Sumner Lewis

Nancy Lewonchuk
Vivian Li
Carlos Liard-Rivera
Taylor Low
Devon Lyon
Anna MacDonnell

George Mannix
Alexandria Mansfield-Clement
Raymond Manzi
Jovan Markovic
Logan Martin
Ashlyn McCarthy

Heidi McCarthy
Ryan McGeary
Abigail McLean
Mark Melchionna
Lucy Metz
Abbie Mokwuah

Kayla Mooney
Daniel Moore
Cole Moriarty
Gwen Moriarty
Isabella Morris
Sylvia Mueller

Ryan Nash
Samantha Nathan
Sawyer Nolan
Fiona Noonan
Kathleen Novak
Kelley O'Connell

Lily O'Connor
Michael O'Hara
Christian Ostrowski
Kirtana Palreddy
Bruce Patryn
Nicoletta Pelchat

Noelle Peluso
Griffin Percy
Brendan Philbin
Connor Phillips
Andrew Pierre-Pierre
Michael Pierre-Pierre

Logan Quinn
Emily Quirk
Amelia Rafferty
Gillian Rainville
Dorianna Rennis
Maxwell Robbins

Kayla Rosario
Margaret Rosemond
Kathryn Roumeliotis
Olivia Rourke
Jordan Russell
Aniello Russo

Carl Schirmeister
Maxwell Schneider
Benjamin Sergentanis
Vasif Shah
Louis Shenker
Taylor Shubrick

Benjamin Sierra
Leo Sierra
Justin Smith
Katherine Smith
Nicholas Smith
Elaina Stamos

Drue Steele
Elizabeth Stelzer
Campbell Stevens
Chloe Stevens
Emily Suher
Luke Szostkiewicz

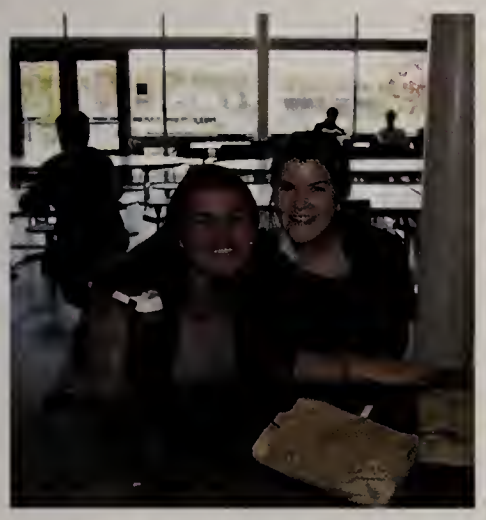
Kelly Tabb
Nicholas Taylor
Shakira Tejada
Allison Tetreault
Thomas Townsend
Brooke Travers

Caroline Tuttle
Sara Udell
Nima Vahadji
Hannah Valencia
Phillip Van
Brandon Walker

Mitchell Walker
Yi Wang
Jacob Weaver
Allison Webster
Kenneth White
Maximilian Winkler III

Delaney Woods
Haley Woods
William Wright
Korry Yam
Jason Zabarsky
Joshua Zak

Allison Zhang
Qianteng Zhou



CLASS OF 2018

SOPHOMORES

A Word From Your Class Officers

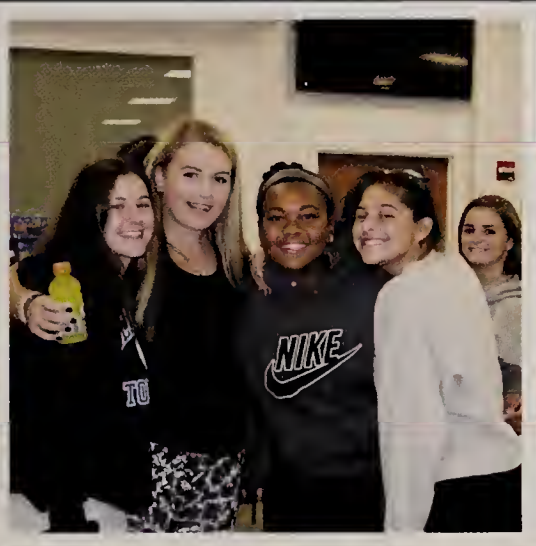
Over the last two years, we class officers have formed an incredibly strong bond. It has been a lot of work but a tremendous amount of fun. The events we have planned throughout our freshman and sophomore years include Lock-in, the ongoing sale of class of 2018 apparel, and the upcoming Semi. We have had many successes with our apparel drive, the freshman dance and the dodgeball tournament. As we built strong friendships we've also formed lasting connections with the class of 2018. We have a very supportive and active class with amazing attendance at Lock -in with over 200 kids or 91% of the class! To make our class a legacy we plan on raising money for good causes and supporting those in need. We are looking forward to all of the memories we have yet to make.

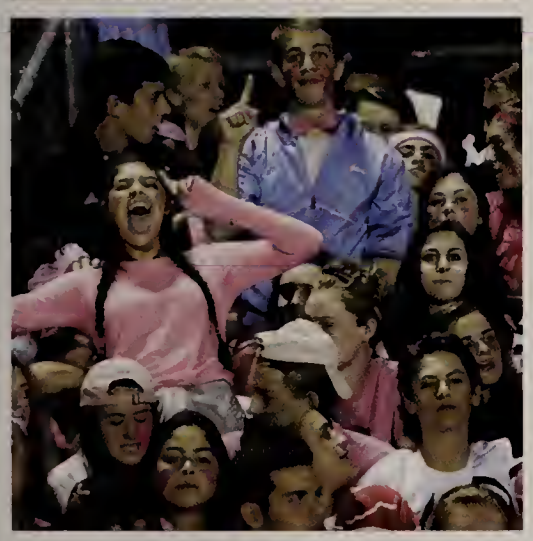
PRESIDENT
David Schwartz

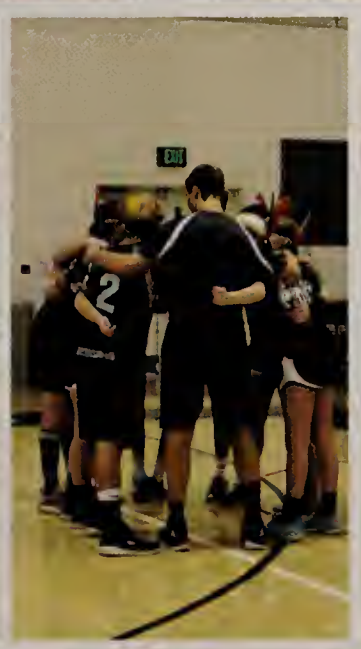
VICE PRESIDENT
Jared Zippin

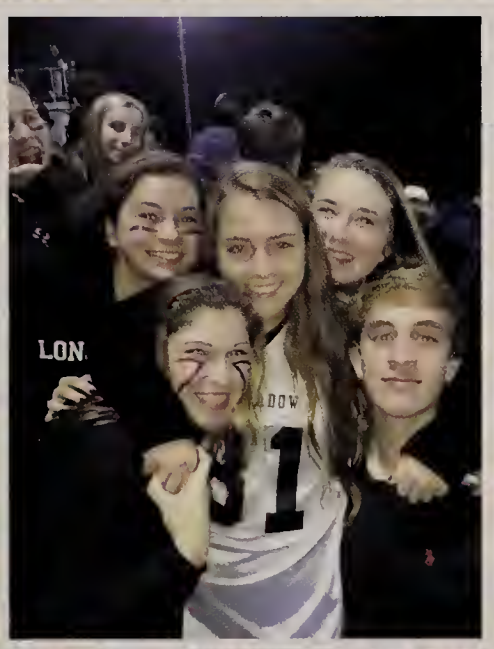
TREASURER
Francisco Oh

SECRETARY
Eddie Garibian









Tyler Achatz
Thomas Acquista
Isabella Alexander
Asli Ali
Meg Amato
Agam Arora

Hannah Aseltine
Kyra Ashe
Michael Baick
Rose Bannon
Grace Barbieri
Emma Baron-Pinkowski

Grace Barsalou
Catherine Bartlett
Emilia Batchelor
Piper Beaulieu
Michael Bechard
Ben Bennett

Shannon Bergin
Brooklynn Besner
Katerina Betancourt
Abigail Biron
Andrew Bonavita
Luke Bonavita

Matt Bonavita
Tess Bonavita
Kayla Bowker
Jennifer Brayton
Adam Brock
Nolan Brown

Maiah Brush
Jonathon Burger
Kelsey Burroughs
Samuel Byrne
Nick Caputo
Vincent Catanzaro

Laura Chamberlain
William Chen
Syngwoo Chung
Daniel Comey
Grace Coogan
Joseph Cosenzi

Caitlin Couture
Sarah Coyle
Isabel Cummings
Nicholas Cunningham
Damiana D'Agostino
Hannah Daley

Griffin Dalton
Emily Dash
Matthew Davis
Oliver Davis
Sean Delson
Jacqueline DeMarco

Louis Demos
Nechelle Dias
William Dion
Taylor Ditmar
Janiya Dixon
Andrew Douville

Aaron Dow
Lee Duan
Ryan Duffany
Jerold Duquette
Aidan Eagan
William Echeverria

Allison Erwin
Katrina Feldman
Samuel Figgie
Thomas Fisher
John Fitzgerald
Kathleen Fitzgerald

Keating Flaherty
Bridget Fontaine
Nicole Fontenot
Camille Forbes
Victoria Fountain
Ryanne Fournier

Joely Frankel
Connor Franz
Matthew Franz
Natalie Frechette
Jordyn Freedman
Paula Fuentes Ochoa

Korissa Gale
Eddie Garibian
Matthew Gay
Ashleigh Geier
Bradford Gill
Rebecca Girshik

Joshua Glick
Gabrielle Goldberg Garibian
Brandon Goodman
Sydney Goodman
Yasmin Goodman
Chase Gregori

Brody Haldopoulos
Patricia Hardaker
Sydney Harris
Andrew Hoag
William Hornyak
Mark Horowitz

Natalie Horowitz
Samantha Horowitz
Emily Ireland
Sameer Isa
Hannah Johns
Jaden Johnson

Dominic Jones
Sara Jorgenson
Katelyn Joyal
Sydney Joyce
Grace Joyner
Adam Katz

Andrew Kniska
Sydney Kraez
Maggie Kratovil
Olivia Kulig
Hannah Lavoie
Alan Lee

Ryan LeHouiller
Olivia Lemire
Brooke Leveillee
Pierce Leveillee
Harry Levin
Haley Lucier

Lorenzo Mafuz
Sophia Manzi
Steven Maree
Alenandra Marino
Sol Markman
Luke Martin

Evan Mau
Philip McBride
James McColley
Drew McLaughlin
Michael McLaughlin
Kimberly McLeod

Eric Miller
Alexa Minardi
Nicholas Mishol
Tomoaki Mitsuhashi
Kayla Mokwuah
Nicholas Molden

Daniel Moore
Margaret Moriarty
Clayton Moseman
Jeffrey Mueller
Callahan Murphy
Olivia Nash

Vincent Nguyen
Louisito Nieves
Anahita Nimbalkar
Sam Nitri
Kira Nizinski
Isabella Nolfi-Escobar

Cole Norman
Monika Nowak
Brianna O'Brien
Griffin O'Connor
Liam O'Connor
Francisco Oh

No Photo Availible

Gardner Olson
Meg Omer
Hannah Orujev
Rose Paadam
Robert Panetti
Nicole Pechulis

Nathan Pen
Stephanie Perkins
Erin Perna
Regan Perry
Zachary Peterson
Shannon Plankey

Nico Podgurski
Eamon Porcello
Tamira Powe
Alexander Preston
Jared Proulx
Ethan Purrington

Alison Reggiannini
Michael Reyes
Grace Rhodes
Spencer Robbins
Joshua Roy
Rafael Rubenstein

Dominik Russo
Amelia Ryan
Conor Ryan
Liam Ryan
Michaela Ryan
Emily Salwen

Matthew Sambor
Joseph Sanchez
Giovanna Sarno
Christopher Scheidecker
David Schwartz
Mark Scolari

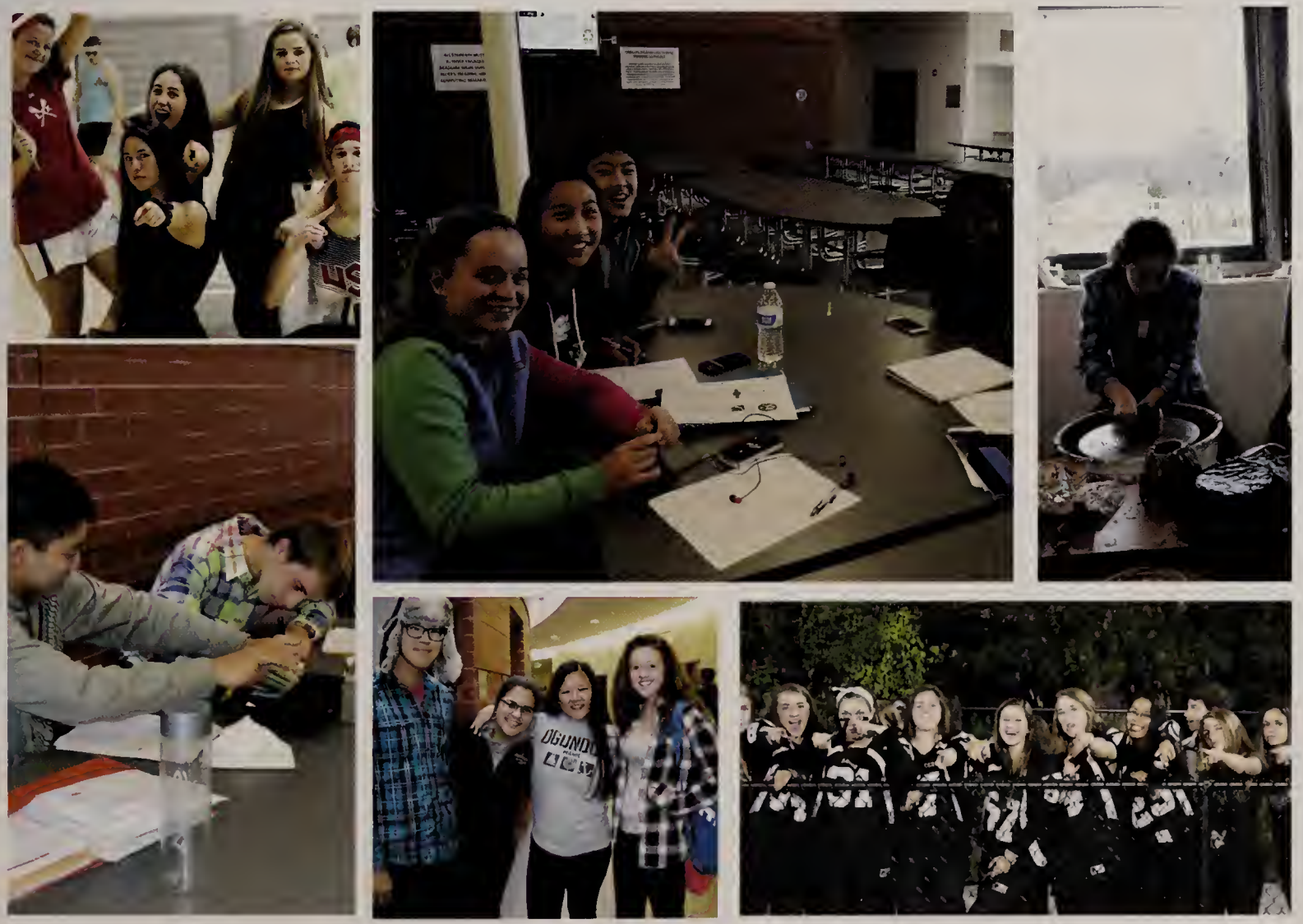
Eugene Shao
Patrick Shao
Jordyn Shubrick
Noah Skole
Luke Stathis
Kathryn Stocks

Morgan Strassburg
Tatum Sullivan-Bowler
Meghan Swanson
Valerie Symonds
Daniel Szczepanek
William Tessier

Leelle Tyler
Ari Vazquez
Meredith Viens
Takara Weir
Max Weissman
Garnet Welch

Charles Weyer
Ellery White
Brian Wiles
Jonathon Williams-Estevez
Joseph Wint
Chloe Wray

Julia Wright
Amber Wu
Stephanie Zavalunov
Jared Zippin
Alexandra Zolotor
Casey Zolotor



CLASS OF
2019

FRESHMEN

A Word from Your Class Officers

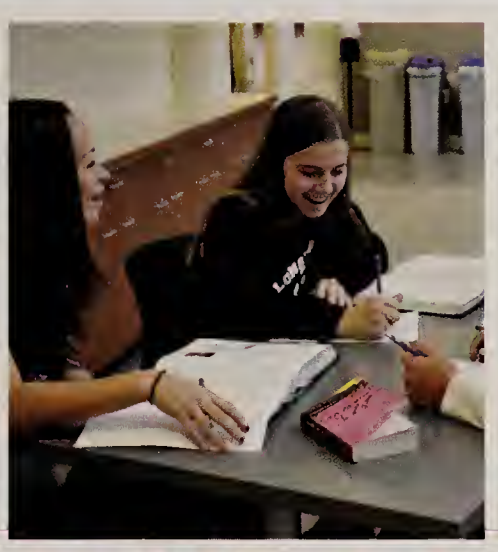
As class officers this year, we represented our whole student class. This was a lot of responsibility, but we had fun while doing it. Transitioning to high school has been a huge adjustment and most of our lives have changed. From meeting new people and starting new sports to challenging ourselves in classes and having more freedom, we believe that high school is about making good memories. We started making some with our first event in the fall–the Dodgeball Tournament– which turned out to be a fun and successful night. We look forward to continuing making more memories, meeting new people and growing as one fun and unified class.

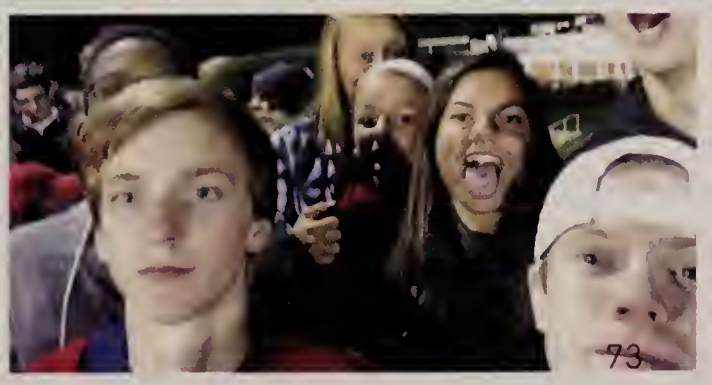
President
Lauren Fernandes

VICE PRESIDENT
Mary Macdonnell

TREASURER
Elina Kang

SECRETARY
Alyson Grodsky





Gabrielle Acquista
Kevin Allard
Carolyn Ashe
Anushay Atif
Ashvin Babu
Glenn Baevsky

Madelaine Baker
Mason Baron-Pinkowski
Casey Barrett
Michael Barrett
John Barron
Derek Beaulieu

Patrick Bergin
Stephen Besner Jr.
Eric Bocwinski
Tyler Boutin
John Bouvier
Jonathan Brady-Prankus

Henrietta Brennan
Samuel Brock
Leah Burstein
Carlo Calabrese
Cole Calabrese
Andrew Callan

Joaquin Camacho III
Kathryn Campbell
Vanessa Cardaropoli
Caroline Carmody
Jason Carrier
Michael Carterud

Grace Casale
Caitlin Castillo
Nicole Castro-Saab
Dawson Center
Tyler Chwalek
Nathaniel Cieplik

Rosalyn Cloutier
Michael Connors
Kay Conway
Isabelle Corridan
Aidan Coughlin
Ellen Coughlin-Michon

Sara Crepeau
Diraliz Cruz
McKenzie Cunningham
Helen Curley-Swannie
Mia D'Angelo
Sebastiano D'Angelo

Ethan Dallas
Sheila Daly
Nicolas Daniele
Gabriella DaSilva
Wesley Days
Travis Donelon

Eva Draymore
Bridget Drummey
Isaiah Dubois
Rory Dudeck
Hailey Dumeny
Cyprien Dzialo

Zara Farooqui
Jasmine Fatemi
Lauren Fernandes
Marissa Fernandes
Colin Fitzpatrick
Liam Flaherty

Fiona Flavin
Patrick Flynn
Matthew Freda
Rachel Freedman
Aishah French
Daniel French

Jasmine Fu
Elizabeth Geer
Katherine Gelinas
Samuel Gentile
Max Gevanthor
Robert Giampietro

Tyler Gonyea
Benjamin Goode
Caroline Goodhines
Benjamin Groodrich
Luke Gottzmann
Julia Granado

Peter Grant
Benjamin Griffiths
Lily Grigely
James Grinstead
Alyson Grodsky
Katherine Guidrey

Nicholas Guthrie
Catherine Hadro
Evan Hage
Jack Haldopoulos
Olesya Havrylyuk
Brett Healy

Luke Heger
Talia Helmus
Solomon Hinds
Katharine Hoag
Ryan Hottin
William Hurwitz

Matthew Iancu
Kyle Jarosz
Madelyn Johnson
Alexander Jones
William Jones
Jenna Joseph

Robert Joyal
Caitlyn Joyce
Carolyn Joyce
Megan Judge
Elina Kang
Cooper Keane

Grace Kelleher
Duncan Kelly
Sarah Kelly
Brody Killeen
Shannon Kingston
Brenna Kivel

Natalie Klaczak
Nicholas Komaiszko
Sreeman Kondaveeti
Emma Konkloy
Francis Konkloy
Alexander Koran

Nathan Krevolin
Gabrielle Kro
Abhinav Kumar
Matthew Leary
James Letendre
Sophie Levenson

Harry Li
Nancy Li
Colin Lockhart
Arjun Loke
Kelsey Low
Maximilian Loyuk

Claudia Lukas
Asa MacCormick
Gregory Macdonald III
Mary MacDonnell
Christopher Magauran
Selimar Malave' Tomei

Sydney Maniaci
Kristin Maree
Toni Marganti
Savannah Martin
McKenzie Matz
Anna Maurer

Eileen McCarthy
Mark McClure
Jospeh McDonald
Taylor McHugh
James McMahon
Lauren Messier

Sarah Metsch
Hunter Mirer
Ranen Mirot
Bhavin Mistry
Shelby Moccio
Rebecca Mooney

Max Moriarty
William Most
Quinn Mulcahy
Sarah Mulcahy
Hassan Mustafa
Quinn Nelson

Maya Neumann
Callen Neveu
Brandels Norgren
Ashley O'Farrell
Aidan O'Keefe
Thomas O'Shea

Kayinsola Odusami
Jacob Olczuk
Emily Oundjian
Cicily Paadam
Sarah Padilla
Dina Patryn

Joshua Peck
Lindsay Pelliccia
Jack Peluso
Michael Perez-Gelinas
Lazar Petrovic
Patrick Philbin

Tara Phillips
Katrina Pohlman
Benjamin Posnik
David Pritchard
William Quirk
Beryeline Quiros

Jacob Reed
Cameron Riordan
Nicholas Robinson
Timothy Robinson
Dylan Rodriguez-Shaw
Madison Romano

Geoffrey Romoser
Thomas Rosemond
Carter Rosewell
Samantha Rubin
Joshua Ruglass
Karlee Russo

Ian Samuelson
Joseph Santaniello
Kathleen Santarelli
Gabriella Santiago
Ruby Scheff
Isaac Schein

Gia Sellica
Adam Sergentanis
Peter Shadwell
Mohammed Shah
James Shea
Matthew Shea

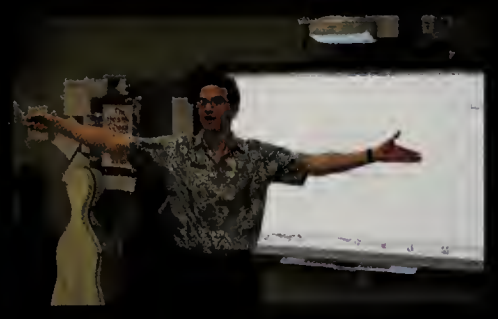
Ruby Shea
Beatrice Shenker
Brahadesh Sivakumar
Maeve Smith
McKelvie Smith
Zachary Steinberg

Grace Stelzer
Jessica Stevens
Ryan Stocks
Andrew Stratton
Kristopher Strempel
Abigale Szlajen

Georgia Szostkiewicz
Moustafa Tahoun
Yousef Tahoun
Lauren Thomas
Delaney Tobias
Lauren Walt

Julia Warchol
Maxwell Waslick
Michael Wcislo
Gillian Weissman
Jillian Weldon
Emily Williams

Audrey Woods
Edward Wright
Zach Wright
Esther Yen
Emily Yorns
Jeffrey Zheng



FACULTY & STAFF

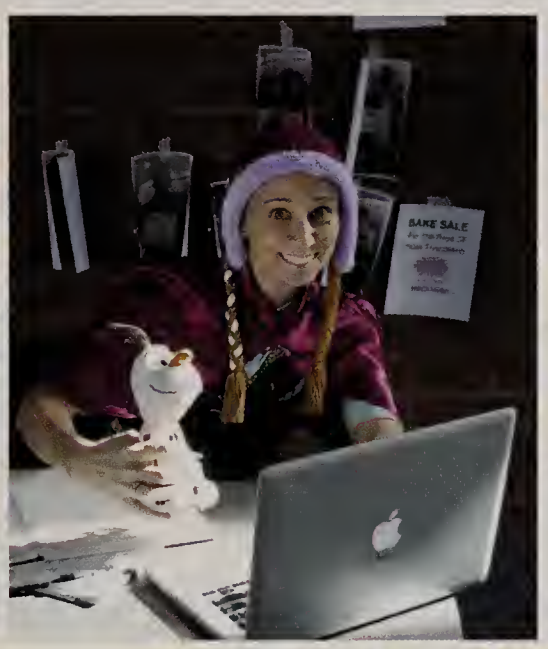
A Word from Our Principal

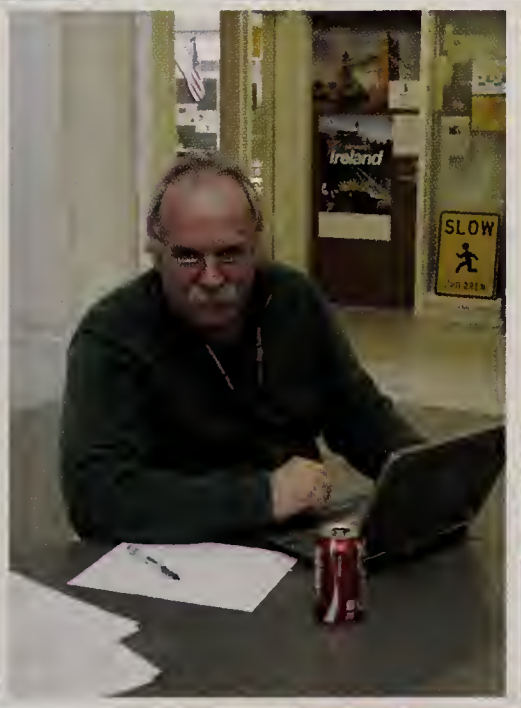
There is a unique relationship between LHS students and the Faculty and Staff who work with them. When I am asked to describe LHS to those who do not know anything about our school, I often lead with a comment about the positive and respectful dynamic that exists between students and their teachers. The genuine respect held between faculty, staff and students is readily observable. Teachers support students and students respond in kind. Both are willing to go the extra mile and put in needed time and effort to allow for learning, understanding and achievement to take place. It is part of the DNA that makes LHS the school that it is. Whether it is 8:00 am or 8:00 pm, LHS is a busy place where students and faculty members can be seen engaging together in meaningful, enjoyable work. On behalf of the Faculty and Staff, thank you to the members of Class of 2016 for embodying this dynamic and fostering the culture of LHS.

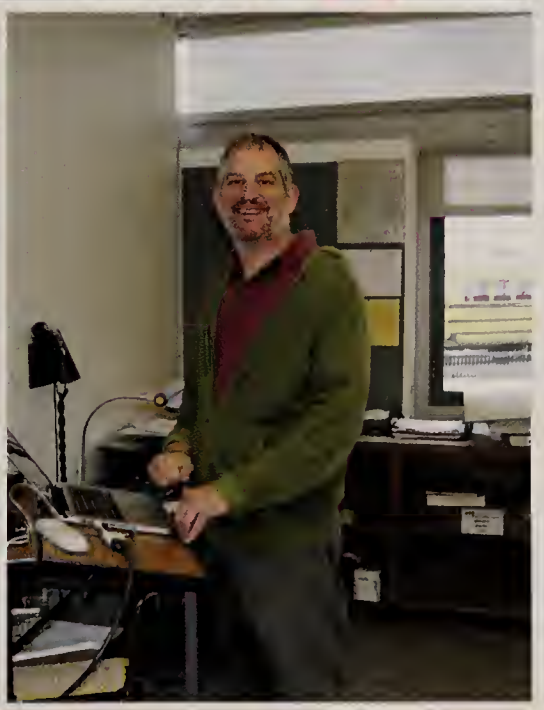
PRINCIPAL
Thomas Landers

ASSISTANT PRINCIPAL
Paul Dunkerley

ASSISTANT PRINCIPAL
Lisa Efstratios







Marilyn Abbott

Lisa Alves

Ruthann August

Suzanne Baker

Yvonne Balaban

Jayne Berman

Julie Betancourt

Maureen Cadieux

Deborah Callahan

Melissa Candon

Michael Capotosto

No Photo Available

Pamela Chaplin

Erin Corbett

Mark Cormier

Lauren Crafts

Karen Cuthbert-Mikalunas

Michael Czupryna

Susan D'Agostino

Carol Daigle

Jennifer Daly

Mariel Daniels

School Custodians

Left to Right

Roy Hundley
Mike LaFromboise
Marty Bobowiec
K Kro
Xhemail Ahmeti
Jerry Murphy

Scott Layman
Head Custodian

Jerry

Do you know Jerry? You should! Jerry is a part of the custodial staff at Longmeadow High School, an incredibly important team that often goes unnoticed. They work long hours to make sure our school is running smoothly. It's not an easy job, but Jerry is always enthusiastic and excited to help. Jerry's general enthusiasm extends far beyond the realm of custodial work. His outlook on life is optimistic and admirable. He is culturally well-versed, as he plays the accordion in his free time. Jerry is so much more than a custodian; he is an essential piece of the well-oiled machine that runs LHS. Thank you to Jerry for brightening our day and to the entire custodian staff for everything you do. Our school would be nothing without you!

Mary
Davis

Natalie
De Gruyl

Kelsey
Deary

John
Devine

James
Dibbern

Samantha
DiGiovanni

Mary Ellen
Dillon

Karla
Drake

Patricia
Dussault

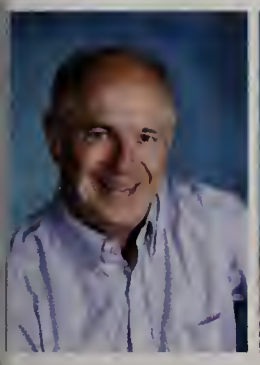
Barbara
Ezer

Katherine
Fedorov

Laurie
Ferreira

Gideon
Fischer

Christina
Fisher



James
Flaherty

Matthew
Flanagan

David
Fontes

Julia
Fourneir-Rea

Michael
Framarin

Michele
Garreffi

John
Gartman

Catherine
Giampietro

Hilary
Godin

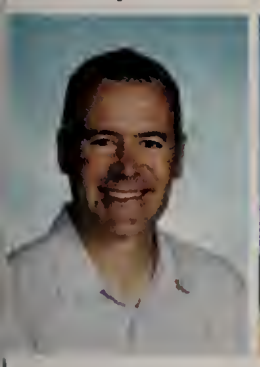
Gregory
Goguts

Molly
Goldberger

Michael
Gulden

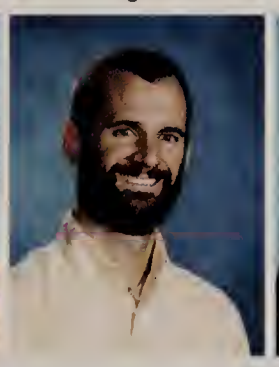
Rita
Hawker

Amy
Holt



Eric
Howard

Pauline
Jacek



Aaron
Keller

Tracy
Kelley

Christine
Kervian

Heather
Koziol

Meredith
Laughlin

Daniel
Liese

Scott
Little

Karen
Locke

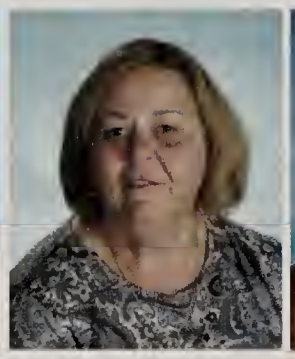
Jennifer
Lynch

Donna
Lyons

Sandra
Macdonald

Patrick
Magowan

Katherina
Mard



Wendy
Martin

Victoria
McDonald

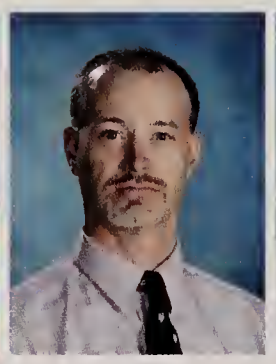
Victoria
Metz

Maureen
Miller

Tracey
Millet

Jessica
Moore

Rosemarie
Moriarty



Robert
O'Connell

Karen
Omartian

Elizabeth
O'Shea

Lois
Ostrander

John
Pantuosco

Pamela
Pion

Heather
Pollard

Janine
Preston

John
Rauseo

Michael
Reinemann

Karin
Riordan

Lori
Robbins

Michael
Rosemond

Denise
Rossi

Meaghan
Roy

Joseph
Rusenko

Bethanie
Sawyer

Megan
Schwartz

Joanne
Sleigh

Marianne
Smith

Stacy
Smith

Kathleen
Smith Epaul

Lori
Snyder

Karen
Sprinthall

Nicholas
St George

Mark
Staples

Carolyn
Starz

Charlotte
Steele

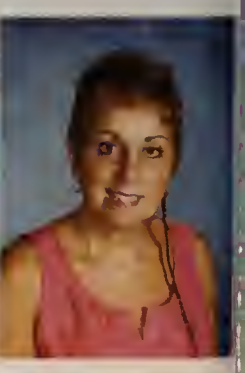
Dawn
Striker

James
Sullivan

Joseph
Sweeney

Lyn
Szostkiewicz

Louanne
Tremblay



Susan
Turcotte

Justin Valley

Lorraine Vassilopoulos

Roxanne Vigliotta

Stewart Walker

Shelly Warren

John Weaver

Matthew Webber

Jonathan Weil

Robert Weir

Kathleen Wells

Kayla Werlin

Mary Ann Wesolowski

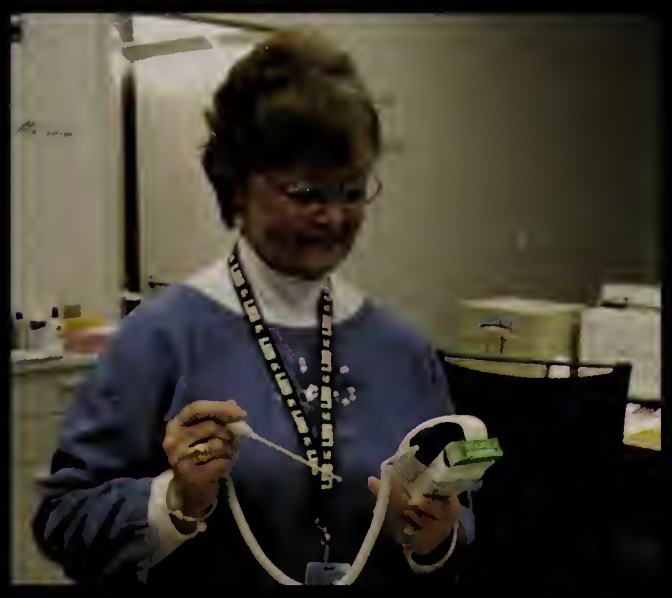
John Williams

Tanner Williams

MRS. TURCOTTE!!

We talked to Mrs. Turcotte about her daily office duties. She answers phones, helps students and staff and has to deal with anything that walks in the front door. We HAD to ask about her trademark braid. She has had it ever since she was a kid and every few years she considers cuting it but seems to always keep it growing. She is one the sweetest staff members at the school and we are so happy to have her working with us! Thanks for all you do for everyone!

MRS. STEELE!!



Is there anyone in LHS who does not LOVE Mrs. Steele, our nurse? She is the most lovable, kindest soul and is always willing to help. Her warmth and calming presence instantly make you feel better, even if you were feeling awful. She is so busy caring for others that we hope she takes time for herself. Thanks for all you do for us, Mrs. Steele. We love you!!!

SPORTS

A Talk With Our Athletic Director

Mike Capotosto

What stands out to you about the class of 2016 athletes?

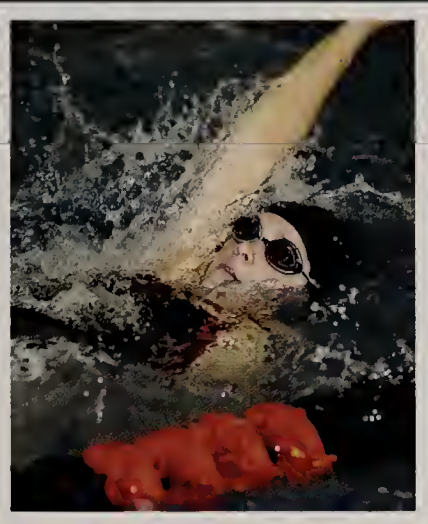
The class of 2016 athletes are all wonderful kids, and I'm very happy to have been a part of their athletic careers. Each and every one of them works hard and wants to succeed. The competitive atmosphere and the drive for success at LHS makes me very grateful to be here.

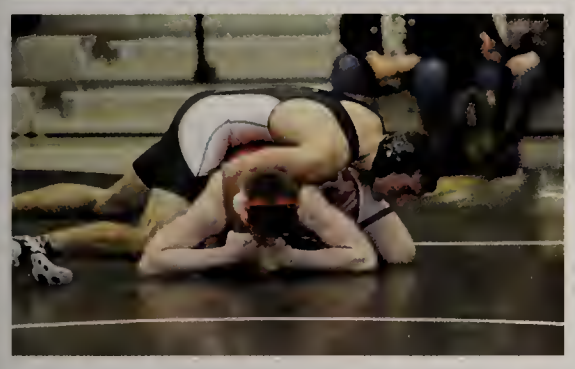
What is your favorite part of being an athletic director?

Being an athletic director is great because I get to watch all the athletes grow as athletes and into young adults. I love seeing them do well on and off the field.

Why are athletics important in high school?

Being an athlete is a great co-curricular opportunity. Student athletes learn life -ong lessons from coaches. The team atmosphere and the opportunity to work with respectful adults in a different setting gives kids core values and teaches them to work hard.





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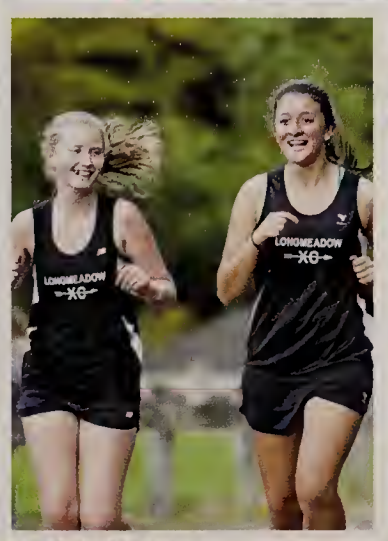

LONGMEADOW
XC

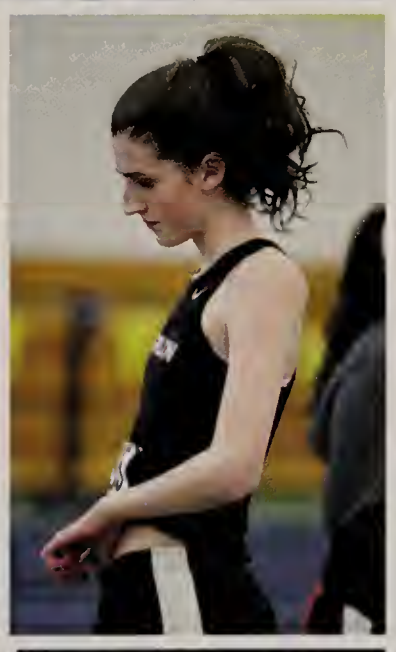
503

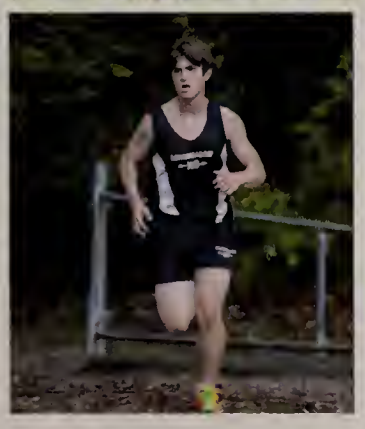
5

14

18

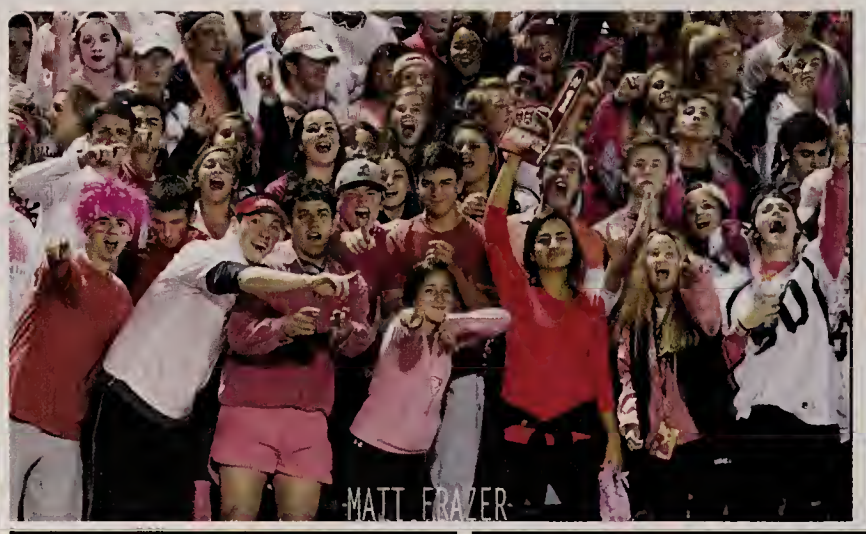
LANCERS
21





ELMS
COLLEGE
MBA

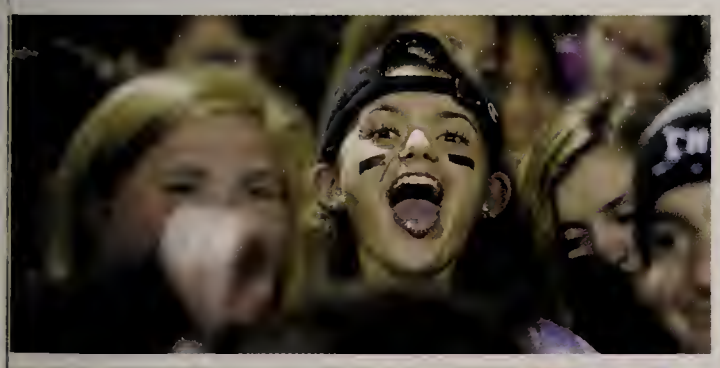
THE BLACKHOLE

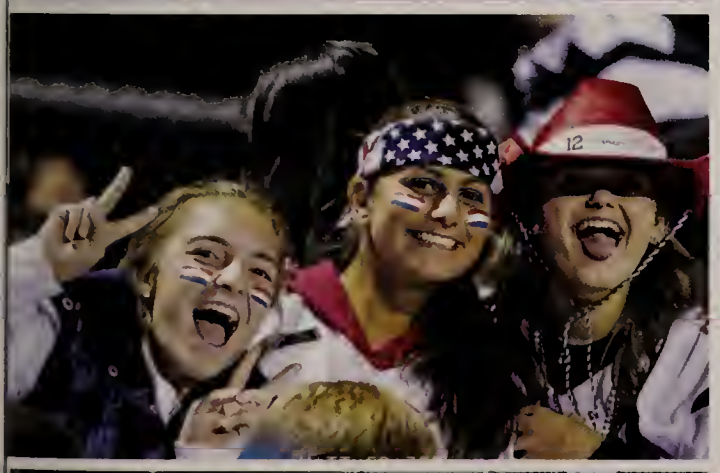


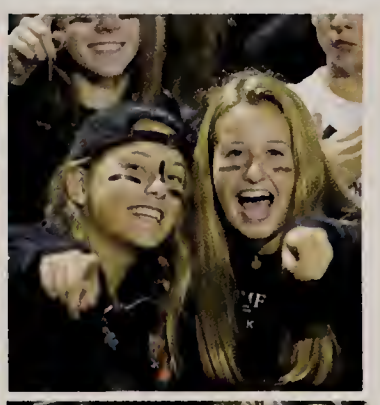
Words from our very own "LANCER SUPER FAN"

" The student section is the largest family in the world. We ride and die for each other. "

-Billy Gordenstien

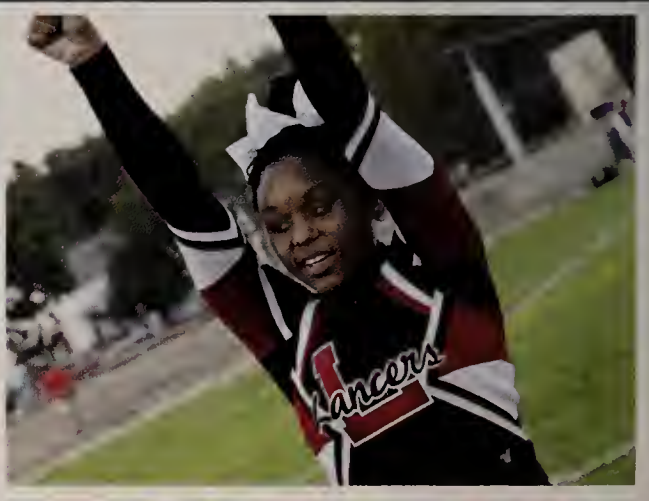


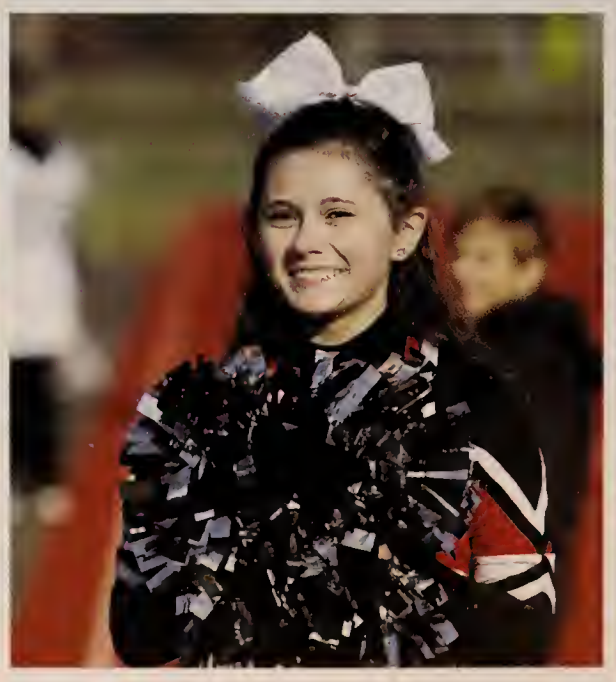


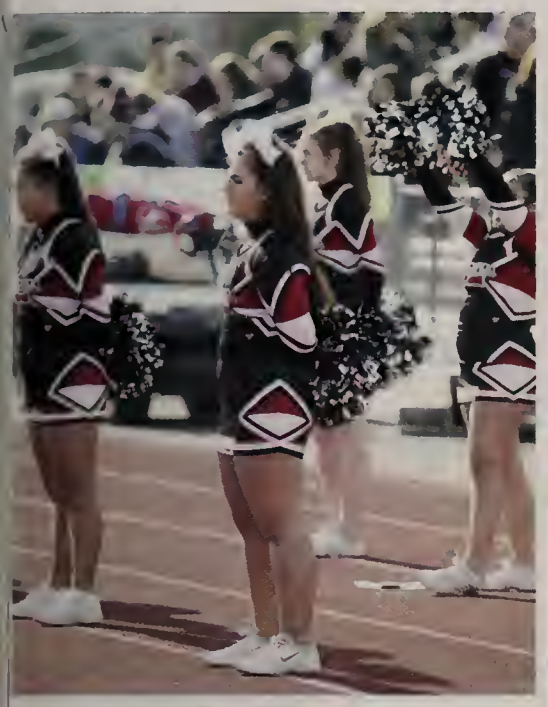


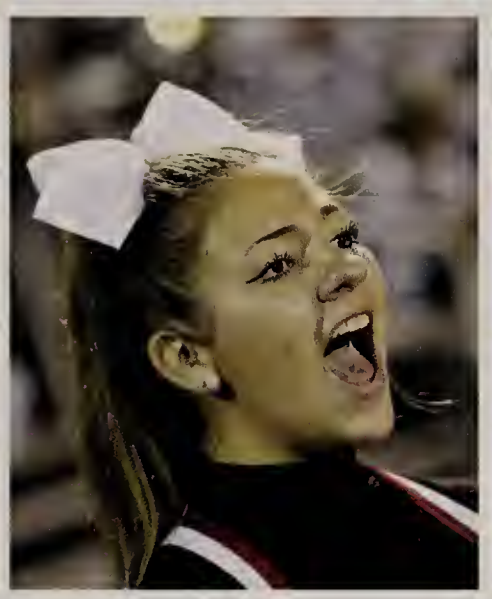
Left to right. Row 1: Coach Nicole Green, Monica Rivera, Sarah Hachadourian, Coach Bonnie Shallbetter. Row 2: Sophia Bernal, Leah Burstein, Tamira Powe, Aaron Dow, Emily Ireland, Kayla Gebo, Allison Webster.

CHEER

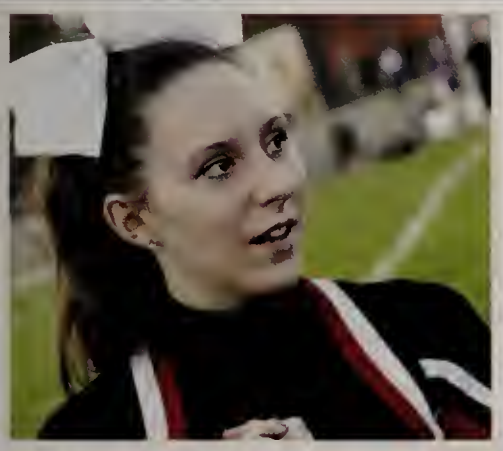








Monica Rivera



Left to right. Row 1: Tim Fitzgerald. Scott Elder, Max Rye, Alec Houff, Sam Schwartz, Max Stukalin, Dominic Santaniello, Tiernan Ashe, Kyle Gagne Row 2: Zack Biron, Ben Black, Craig Conklin, Ben Skiest, Alex Shneider, Nick Gentile, Cameron Mailman, Colin Ireland. Row 3: William Wright, Liam Fitzgerald, Nik Horowitz, Matt Harris, Vinnie White, Nolan Pandolfi, Ben Belyy, Frank Gentile, Elijah Acevedo, Ben Sierra, Jayden Jones. Row 4: john Bouvier, Devon McAndrews, Sam Byrne, Clay Moseman, David Schwartz, Joey Cosenzi, Row 5: Lorenzo, Luke Stathis, Ryan Stocks, Adam Katz, Sam Nitri, Leo Sierra Row 6: Jessie McColley, Maura McCoy, Coach St. George, Coach Framarin, Coach Nuzzo, Coach Williams, Coach Lipp.

FOOTBALL

Max Rye

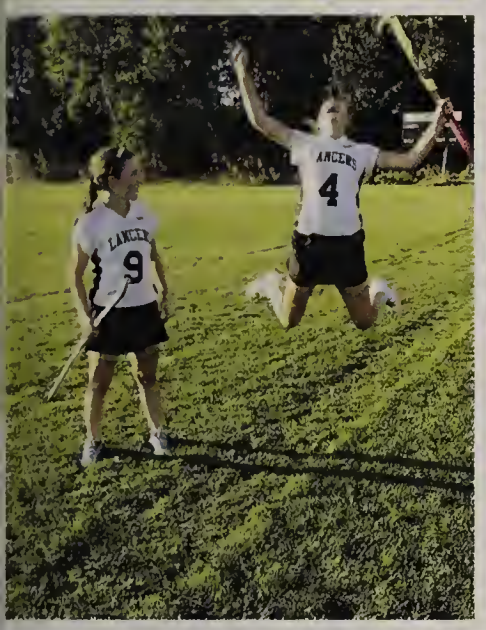
Alec Houff

Scotty Elder

Sam Schwartz

Left to right. Row 1: Deirdre Barry, Ally Quirk, Abby Adams, Sarah Brown, Mary O'Reilly, Erica Horowitz, Jessie Strassburg. Row 2: Kate Foley, Claire Fitzpatrick, Taylor Low, Carly Kingston, Hannah Calabrese, Katherine Coyle, Abby Chernick. Row 3: Lindsay Allard, Allie Erwin, Sarah Coyle, Bridget Fontaine, Margaret Moriarty, Kyra Ashe, Haley Daigneault, Shannon Bergin.

Field Hockey



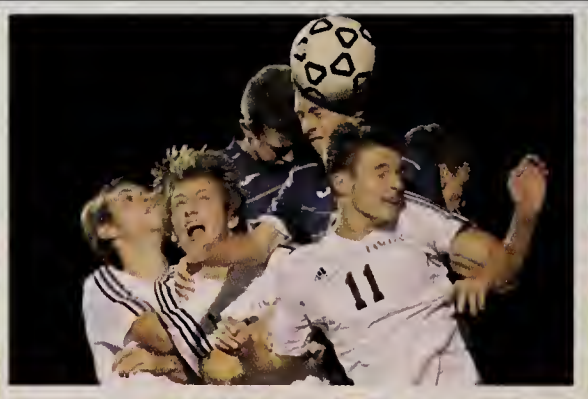
Sarah Brown

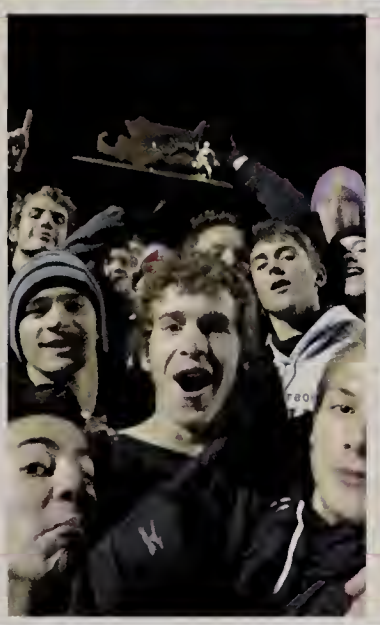
Mary O'Reilly

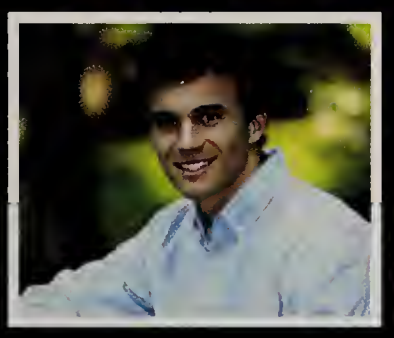
Jessie Strassburg

Left to right. Row 1: Ryan Cove, Nick Maurer, James Fisher, Will Lukas, Isaac Greenberg, Zach Johns. Row 2: Nick Caputo, Samuel Freedman, Carl Schirmeister, Seth Travers, Logan Haldopolous, Jesse Cohen-Lindfors, Aidan Eagan, Joe Wint, Tomo Mitsuhashi. Row 3: Coach Brad Miller, Jonathan Douglas, Max Robbins, Will Echeverria, Spencer Robbins, Carlin Joyal, Luke Szostkiewicz, Ray Manzi, Coach Steve Scott. Not Pictured: Oliver Davis.

Boys Soccer





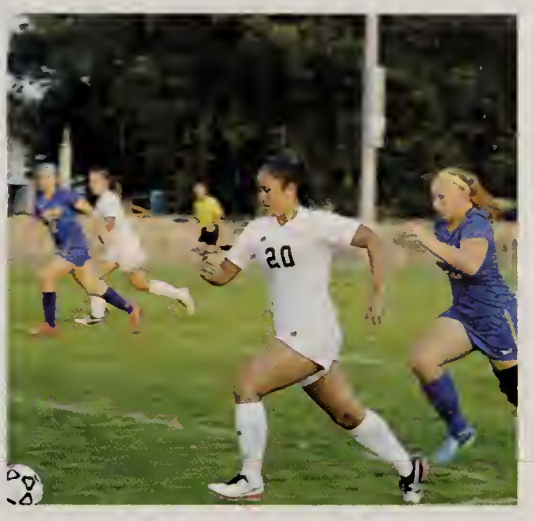


James Fisher

Will Lukas

Left to right. Row 1: Meghan Franz, Katie Fydenkevez, Olivia Shapiro, Sarah Marchese. Row 2: Elizabeth Katsoulis, Rachel Kraez, Courtney Barrett, Morgan Strassburg, Ally Tetrault, Korry Yam, Daisy Gelinas. Row 3: Eva Draymore, Hannah Valencia, Henna Brennan, Taylor Shubrick, Emily Kapner, Rebecca Girshik, Brook Leveillee, Mckenzie Matz, Coach Capatosto, Coach Guathiar. Not pictured: Jordyn Shubrick.

Girls Soccer

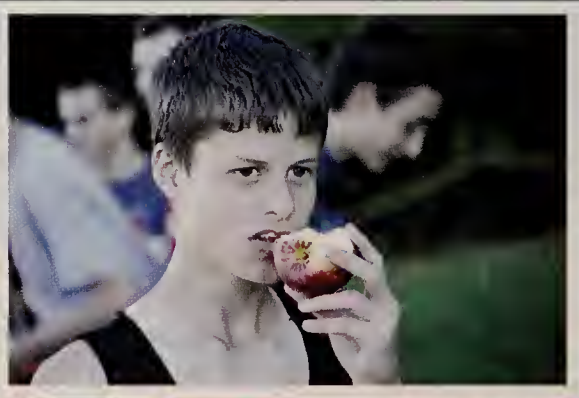


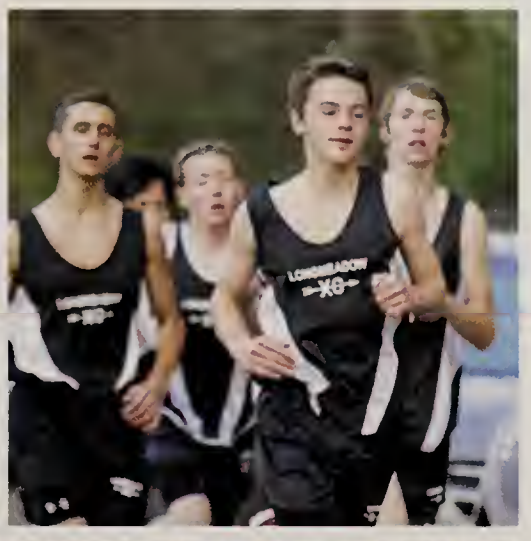
Olivia Shapiro

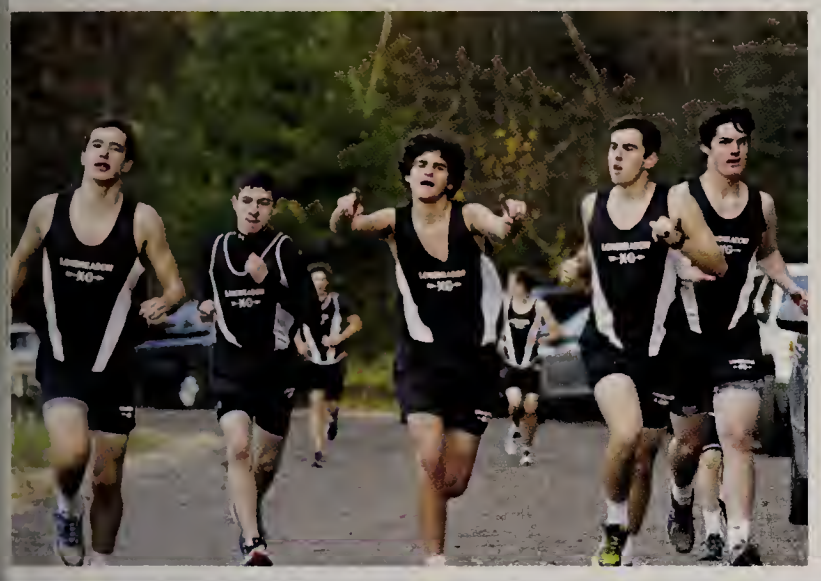
Katie Fydenkevez

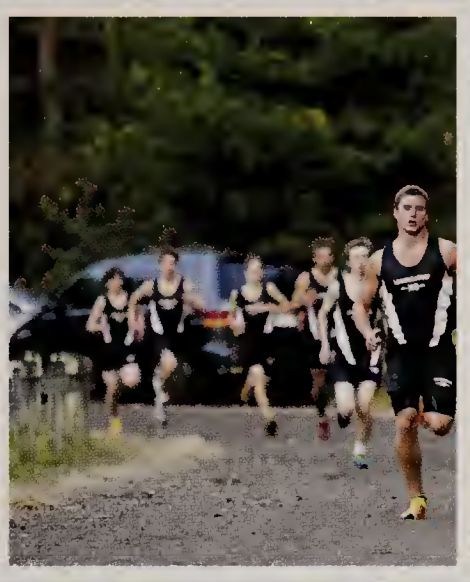
Left to right, Row 1: Daniel Moore, Ethan Purrington, Griffin O'Connor, Paul Sterritt, Ben Muhlmann, Kevin Barrett, Jake Roy, Harry Gordenstein, Jack Carroll, Chris Bresnahan, Joe Swanson, Rocco Casaceli, Nick Lachiusa, Ben LePage, Zach Posnik, Alex Perkins, Jonathon Cosenzi. Row 2: Joshua Peck, Nicholas Cunningham, James Shea, T.J. Acquista, Ben Posnik, Dylan Rodriguez-Shaw, Christopher Magauran, Callen Neveu, Max Waslick, Luke Gottzmann, Asa MacCormick, Brahadesh Sivakumar, Samuel Brock, Jacob Weaver, Mohammad Fazaeli, Mark Melchionna, Jovan Markovic, Sreeman Kondaveeti. Row 3: Coach Staples, Eric Miller, Vincent Catanzaro, Josh Roy, Nathan Pen, Max Levin, Michael Baick, Keating Flaherty, Jerold Duquette, Joshua Glick, John Fitzgerald, Andrew Kinska, Alexander Preston, Griffin Dalton, Zachary Peterson, Conor Ryan, Tyler Boutin, Alexander Koran, Billy Gordenstein, Coach Flaherty. Not Picutred: Andrew Douville, Eddie Garibian, Sameer Isa, Jake Jackowski, Liam O'Connor, Aaron Richardson, Nicholas Taylor.

Boys XC









Jack Carroll

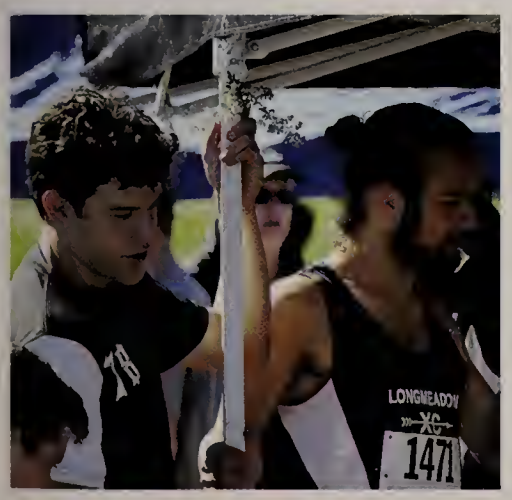
Harry Gordenstein

Nick Lachiusa

Alex Perkins

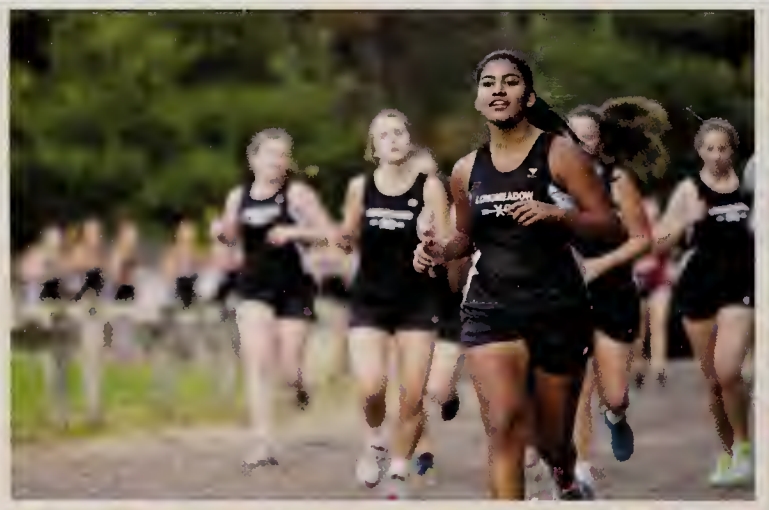
Zach Posnik

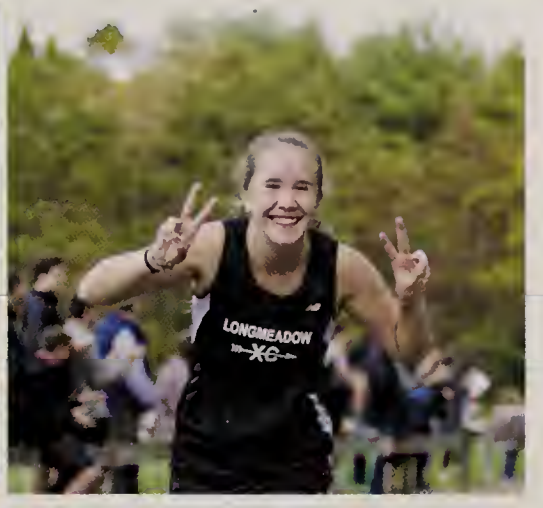
Jake Roy

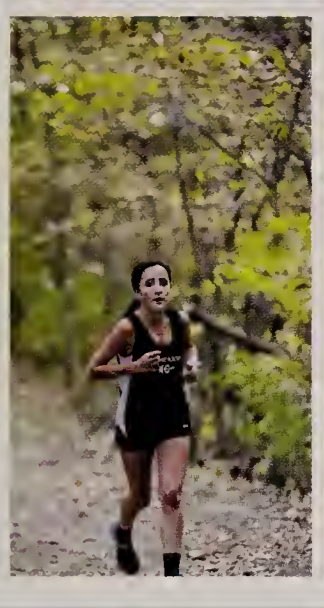


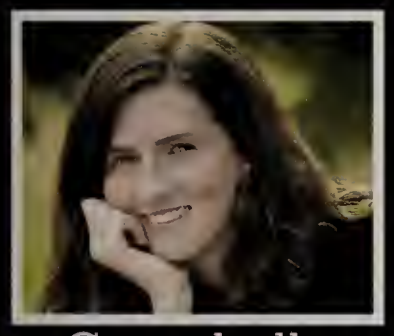
Left to right. Row 1: Aditi Nimbalkar, Erin Durkin, Campbell Powell, Sara Jenkins, Jackie Aron, Emily Coughlin, Hailey Moseman, Margaret Brennan, Grady Harris, Anne Volk, Courtney Reggiannini, Elise Lemay, Elli Barkett. Row 2: Noelle Peluso, Emma Baron-Pinkowski, Katie Feldman, Rose Paadam, Abby McLean, Alison Reggiannini, Molly Carroll, Gabriella Humphries, Emily Brown, Katherine Smith, Emma Gerchberg, Alissa Kowalewski, Samantha Mustain, Esther Yen. Row 3: Coach Kervian, Hannah Lavoie, Toni Marganti, Isabelle Corridan, Maya Neumann, Sam Bernardi, Deirdre Duquette, Lucy Metz, Meghan Swanson, Sara Crepeau, Karlee Russo, Jenna Joseph, Emily Oundjian, Isabel Cummings, Kelsey Burroughs, Maeve Smith, Georgia Szostkiewicz. Not pictured: Abigail Giampietro, Riley Kelleher, Emily Kratovil, Noelle Ehrenberg, Nicole Fontenot, Paula Fuentes Ochoa, Elina Kang, Brenna Kivel, Mary MacDonnell, Kristin Maree, Gabriella Santiago.

Girls XC





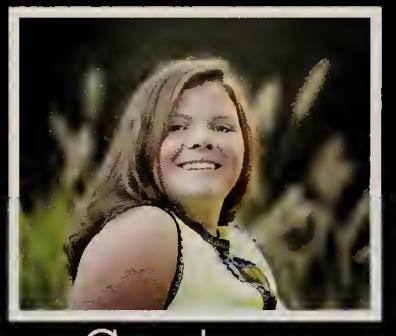




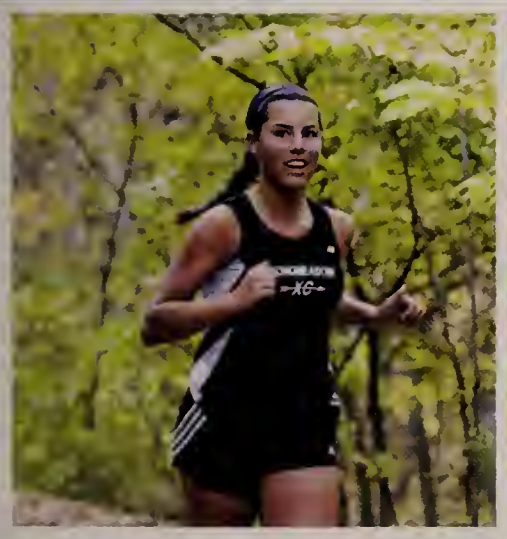
Campbell Powell

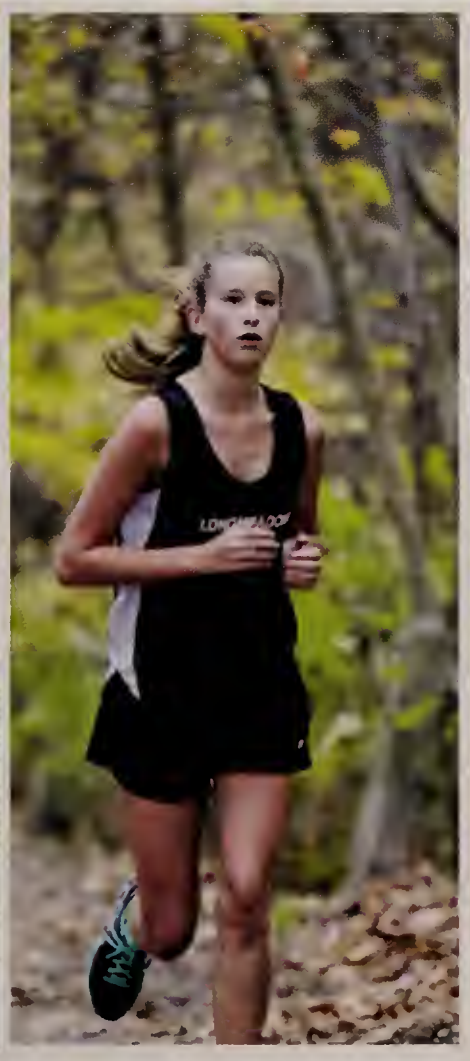
Hailey Moseman

Elli Barkett



Courtney Reggiannini



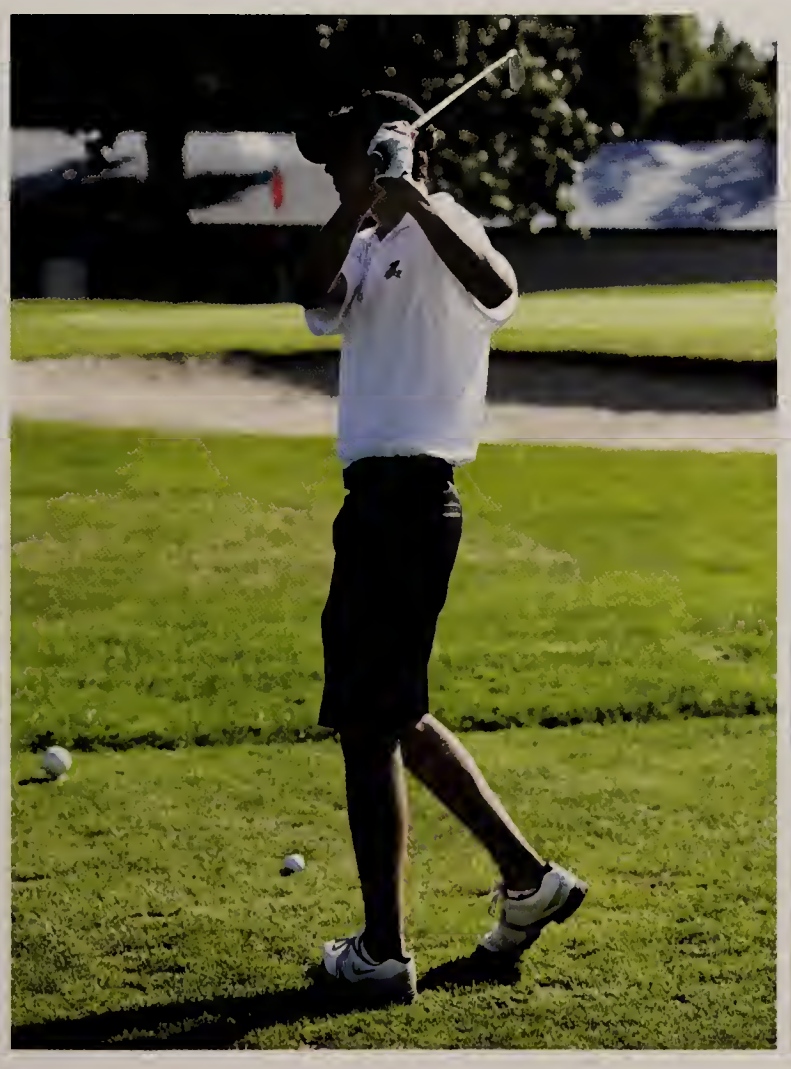


*Left to right.*Row 1: Michael Pierre-Pierre, Michael Bechard, Liam Ryan, Pat Bergin, Rachel Bechard, Luke Heger, Kevin Allard, Ryan McGeary. Row 2: Coach Susan Denmark, Colin McClure, Jack Cove, Jack Appleman, Danny McLaughlin, Connor Philips, Michael McLaughlin, Matt Walthouse, Dean Ackerman, Andrew Pierre-Pierre, Coach Scott Sheldon.

GOLF

Dean Ackerman

Matt Walthouse



Left to right. Row 1: Sonia Donskaya, Mary Margaret Joyner, Emma Frankel, Rebecca Szlajen, Katherine Strain, Caroline McCoy. Row 2: Kimberly McLeod, Gabrielle Hirschkorn, Caroline Tuttle, Britney Cunningham, Blythe Rafferty. Row 3: Leelle Tyler, Stephanie Perkins, Kayla Mokwuah, Abbie Mokwuah, Stasya Houghton.

VOLLEYBALL

Caroline McCoy

Rebecca Szlajen

Sonia Donskaya

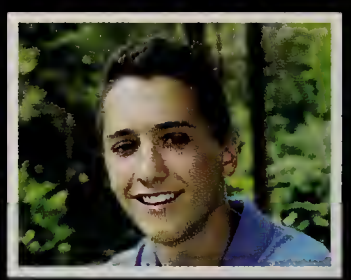
Britney Cunningham

Left to right. Row 1: Dean Ackerman, Ben Lepage, Ryan Connely, Harry Gordenstein, Marya Casertello, Olivia Sullivan, Audrey Lai, Matthew Ruffaleart, Josh Zak. Row 2: Dan Draymore, Billy Heiser, Mike Asinas, Nathan Pen, Matt Iyancu, Ally Grodsky, Caitlyn Joyce, Carolyn Joyce, Mariah Brush, John Burger. Row 3: Patrick Burns, Jack Alberici, Jack Cove, Danny Fernandez, Danny Mclaughlin, Kyle Gagne, Kevin Hussey, Peter Maziarz, Ryan Cove, Cam Dietz, Kristen Maree, Katie Santirelli.

Ski

Audrey Lai

Kyle Gagne



Danny Fernandes

Ryan Cove

Mary O'Reilly

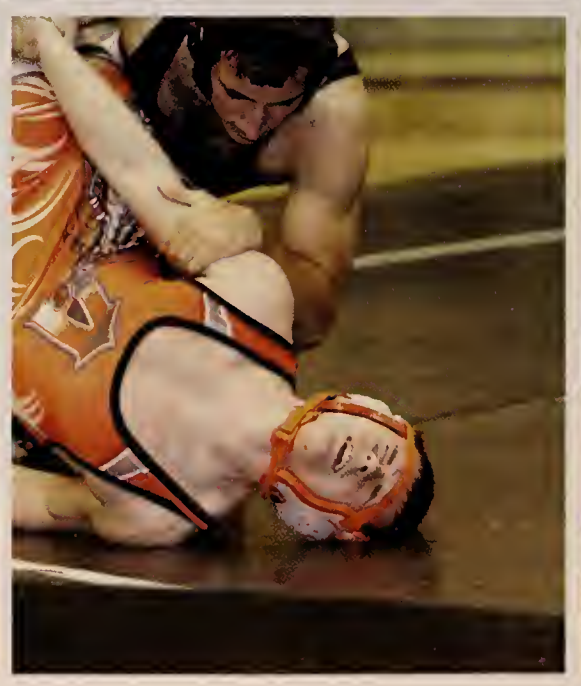
Katie Joyal

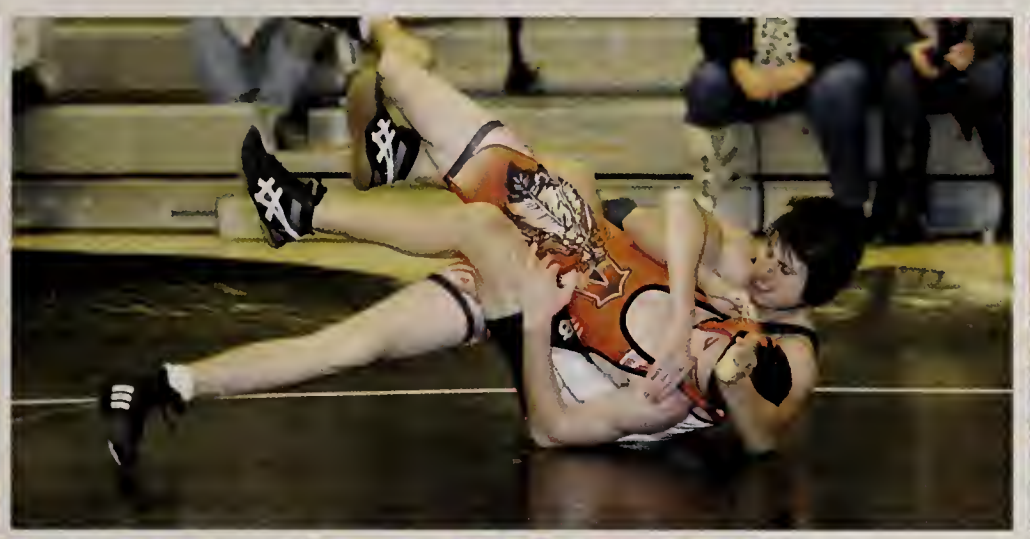
Girls Hockey

Left to right. Row 1: Mackenzie Pelletier, Jillian Beaulieu, Kayla Brown, Katelyn Joyal, Alexis Levere, Brittany Kowalski, Samantha Tenczar, Madelyn Johnson. Row 3: Bailey Tymeson, Mary O'Reilly, Madison Pelletier, Kyra Ashe, Tess Bonavita, Madaline O'Shea, Karalyn Jones, Katherine Guidrey, Kaitlyn Forest, Jolie Walts.

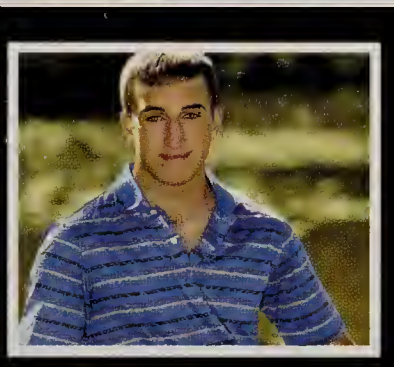
Left to right,.Row 1: Dominic Jones, Kevin Barrett, Maxwell Stukalin , Nicholas Lachiusa, Lorenzo Mafuz, Matthew Freda. Row 2: Cole Calabrese, William Dion, Samuel Byrne, Nick Danielle, Connor Ryan, Adam Brock, Gardner Olson. Row 3: Coach Efstratios, Dylan Rodriguez-Shaw, Brett Heely, Max Gevanthor, Robert Panetti, Gregory MacDonald, Peter Grant, Joshua Peck.

WRESTLING

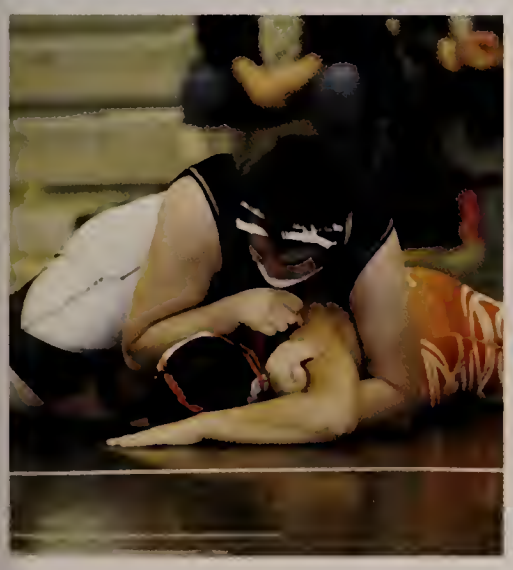




Maxwell Stukalin

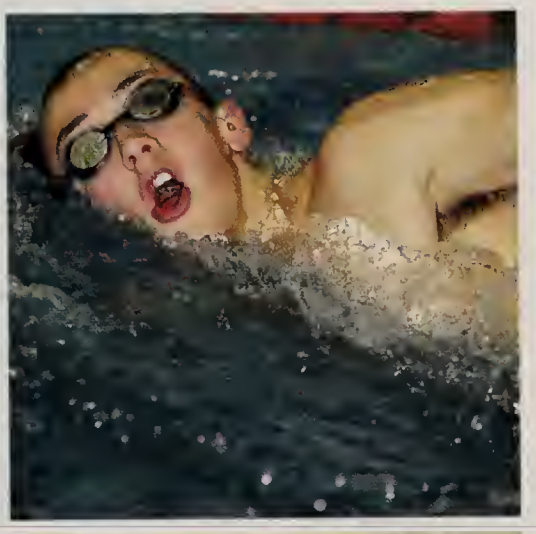


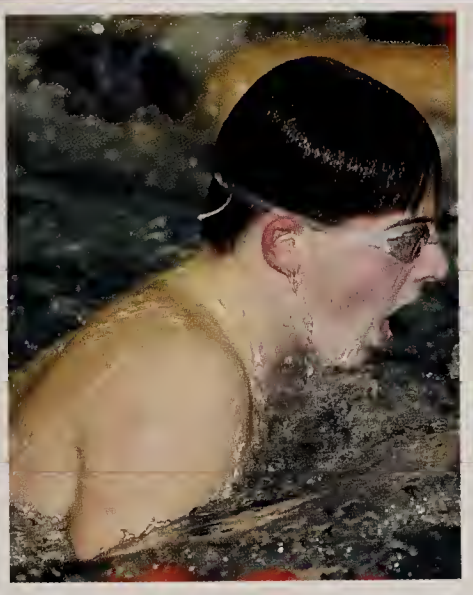
Nicholas Lachuisa



Left to right. Row 1: Stephen Barrett, Nicholas Maurer, William Shao, Paul Sterritt, Davis Bogdanis, Noah Kalman AJ Nolan. Row 2: Ryan Nash, Nicholas Smith, Nick Caputo. Row 3: Nick Molden, Lee Duan, Andrew Hoag, John Freeman, Syngwoo Chung, Charles Weyer, Coach Mark Stierle. Row 4: Tyler Gonyea, Jacob Olczuk, Andrew Callan. Not pictured: Matthew Dibbern, Solomon Hinds, Rafael Rubenstein, Luke Stathis.

Boys Swimming And Diving





Stephen Barrett

David Bogdanis

Noah Kalman

Nicholas Maurer

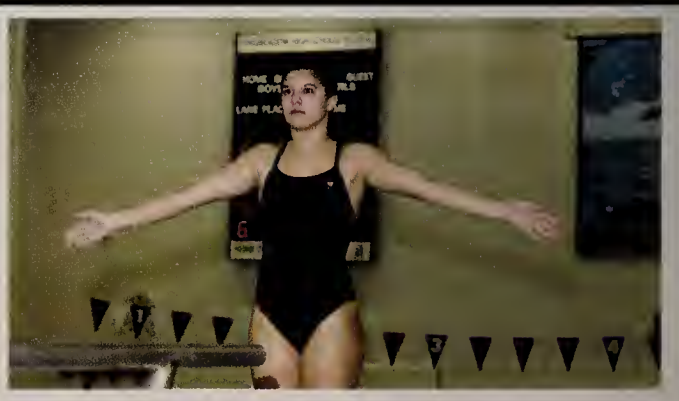
AJ Nolan

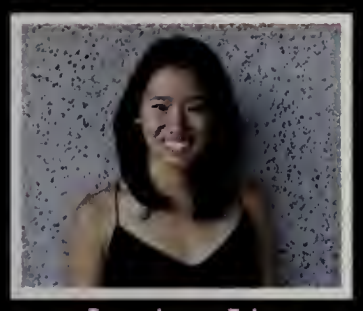
William Shao

Paul Sterritt

Left to right,.Row 1: Alison Echeverria, Tia Stathis, Kayla Sitler, Abby Solomon, Jerrica Li. Row 2: Julia Barron, Katherine Coyle, Delaney Woods, Gabriella Humphries, Brook Travers, Vivian Li, Sumner Lewis, Noelle Peluso, Mary Cate Carroll. Row 3: Coach Mark Stierle, Monika Nowak, Nicole Pechulis, Sarah Coyle, Emily Dash, Casey Zolotor, Rose Bannon Sydney Joyce, Coach Missy Walthouse, Sara Crepeau, Katrina Pohlman, Lauren Fernandes, Casey Barrett, Vanessa Cardaropoli, Emma Henshaw.

Girls Swimming And Diving





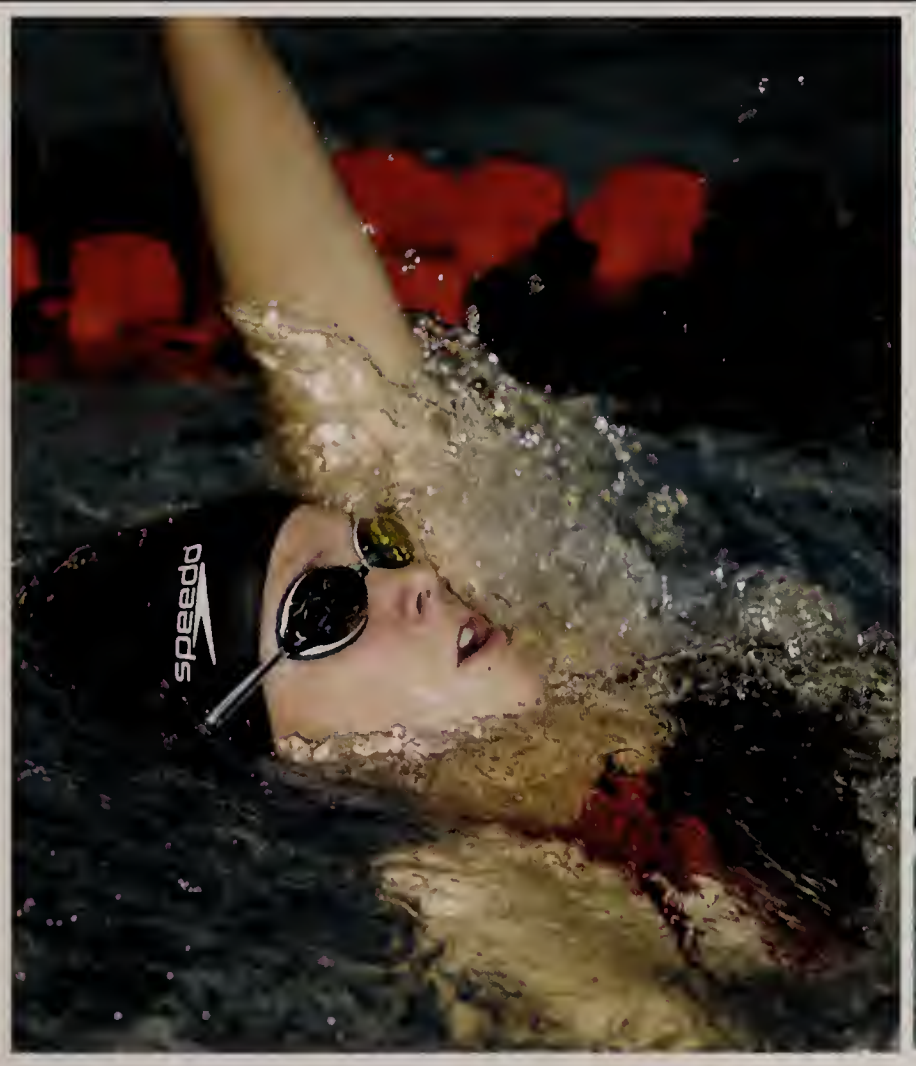
Jerrica Li

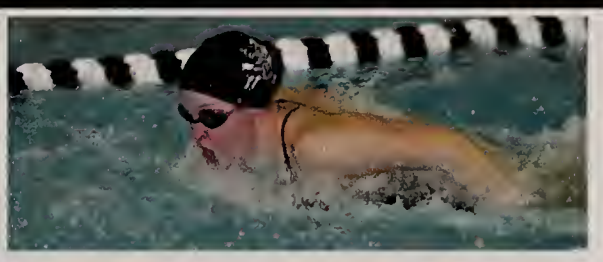
Tia Stathis

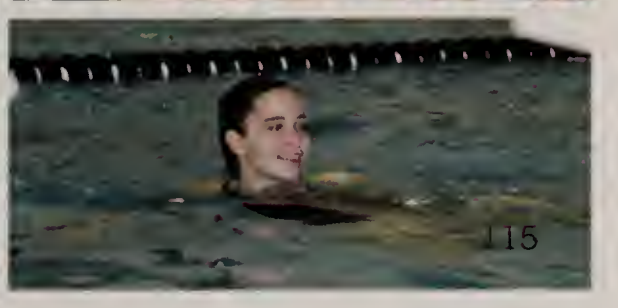
Alison Echeverria

Abby Solomon

Kayla Sitler

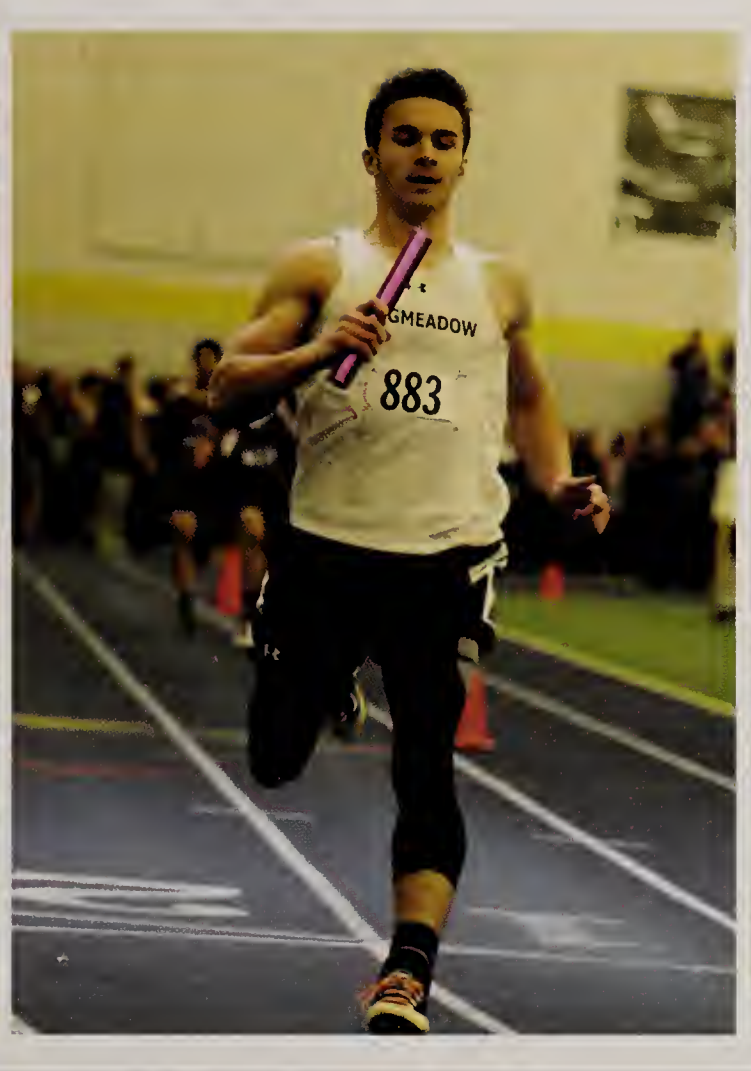


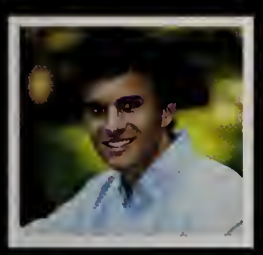




Left to right, Row 1: Griffin Dalton, Jaice Cass, Tyler Boutin, Chris Magauran, Zachary Posnik, Jacob Roy, William Lukas, Brandon Goodman, Aidan Eagan. Row 2: Patrick Bergin, Luke Heger, Joshua Roy, Nolan Brown, Joshua Correira, Thomas Acquista, Mark Horowitz, Ben Bennett. Row 3: Thomas Rosemond, Philip McBride, Nima Vahadji, William Wright, Benjamin Muhlmann, Alexander Perkins, Max Levin. Row 4: Callen Neveu Jack Peluso, Francis Konkoly, Matt Shea, Mark Melchionna, Peter Shadwell, Logan Haldopoulos. Row 5: Carter Rosewell, Maxwell Waslick, Alexander Koran, Ryan Hottin, Carlo Calabrese, John Bouvier, Coach Devine, Coach Pantusco.

Boys Indoor





James Fisher

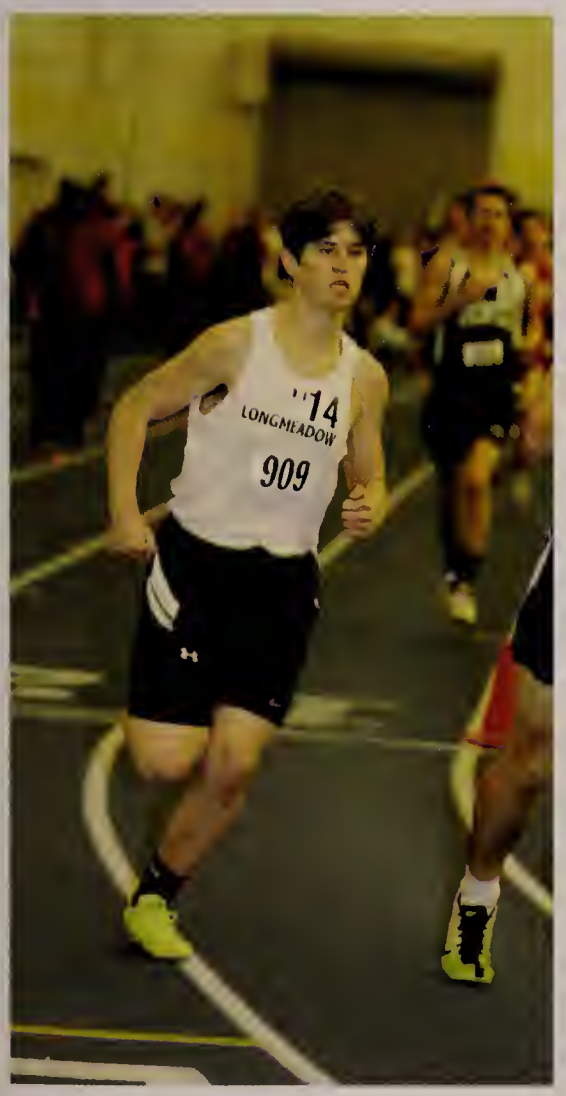
Logan Haldopoulos

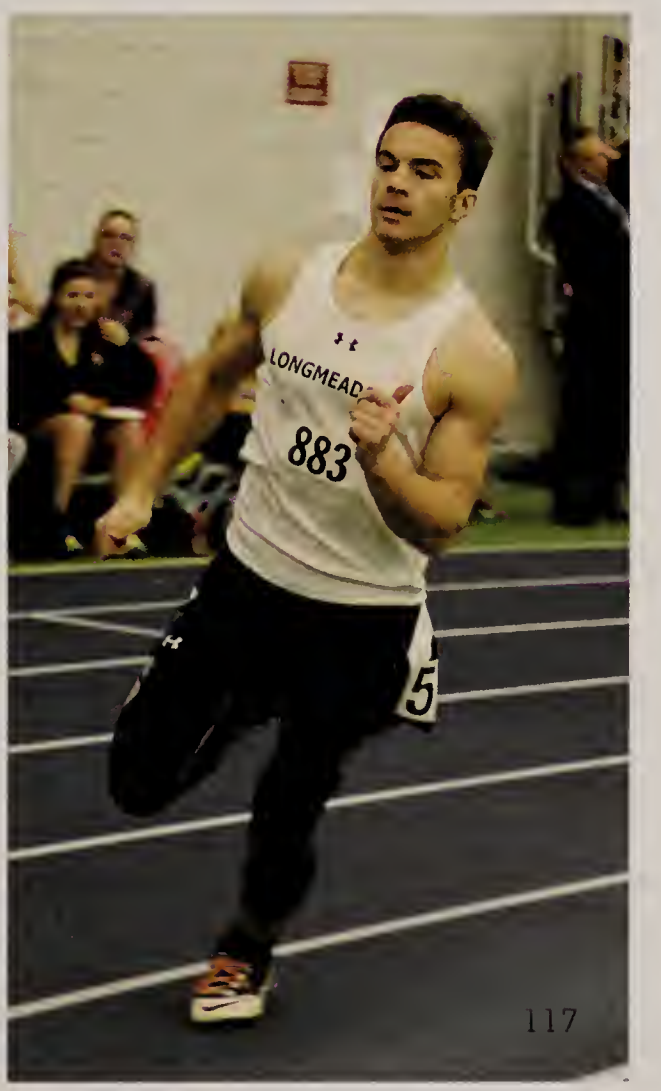
Will Lukas

Alex Perkins

Zach Posnik

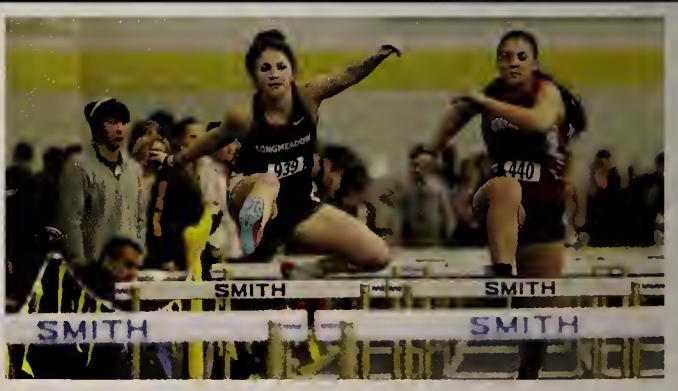
Jake Roy

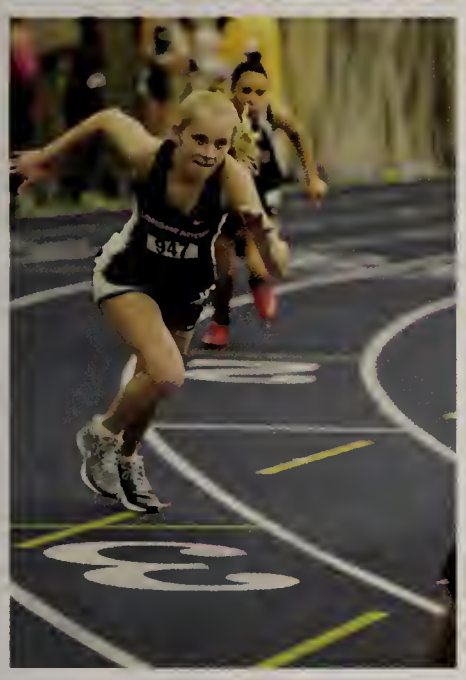




Left to right. Row 1: Erica Horowitz, Hailey Moseman, Meghan Franz, Lauren Stone, Katherine Strain. Row 2: Audrey Woods, Maya Neumann, Heidi McCarthy, Ashlyn McCarthy, Rachael Kraez, Rachel Bechard, Carolyn Ashe, Kanyinsola Odusami, Sara Jorgenson, Emilia Batchelor, Meredith Viens. Row 3: Shelby Moccio, Grace Kelleher, Sarah Padilla, Anna Maurer, Eva Draymore, Kelsey Low, Campbell Powell, Haley Woods, Emily Kapner, Fiona Noonan. Row 4: Emily Oundjian, Sophie Levenson, Taylor McHugh, McKenzie Cunningham, Isabelle Corridan, Mary MacDonnell, Elina Kang, Gillian Weissman, Emily Brown, Olivia Minardi, Abigail Giampietro, Nina Grogen, Sara Udell, Riemke Bouvier. Row 5: Coach Devine, Sol Markman, Haley Daigneault, Anna MacDonnell, Abbie Mokwuah, Shannon Bergin, Taylor Ditmar, Stephanie Perkins, Anahita Nimbalker, Hannah Lavoie, Coach Kervian, Coach Pantusco Not pictured: Madelaine Baker, Suzanne Elfman, Zara Farooqui, Fiona Flavin, Lily Grigely, Samantha Horowitz, Sara Jenkins, Sarah Kelly, Samantha Kennedy, Brenna Kivel, Maggie Kratovil, Toni Marganti, Kimberly McLeod, Alexa Minardi, Margaret Moriarty, Lily O'Connor, Tamira Powe, Madison Romano, Georgia Szostkiewicz, Leelle Tyler, Allison Zhang.

Girls Indoor





Meghan Franz

Erica Horowitz

Hailey Moseman

Lauren Stone

Katherine Strain

Left to right. Row 1: Isaac Chase, Ray Manzi. Row 2: William Gordenstein, Peter King. Row 3: Maxwell Rye, Zachary Johns, Tyler Boyle. Row 4: Coach Murphy, William Echeverria, Maxwell Robbins, Garrett Marchant, Seth Wernick, Patrick Abad.

Boys Basketball

Tyler Boyle

Peter King

Seth Wernick

Left to right. Row 1: Maria Barrett, Courtney Barrett, Taylor Shubrick, Olivia Shapiro, Daisy Gelinas. Row 2: Jordyn Shubrick, Jill Weldon, Kayla Mokwuah, Katie Fydenkevez, Abby Chernick.

Girls Basketball

Katie Fydenekevez

Olivia Shapiro

Left to right. Row 1: Jack Tabb, Joe Fratini, Nick Goldaper, Tiernan Ashe, Ryan Carmody, Matt Walthouse, Michael Tabb, Matt Pierson, Nick Santaniello, Andrew Moody, Trevor Joyal, Max Loyuk Row 2: Coach Joyce, Brian Wiles, Mark McClure, Jack Baron, Andrew Pierre-Pierre, Liam Fitzgerald, Spencer Robbins, Andrew Bonavita, Michael Pierre-Pierre, Connor Franz, Matt Bonavita. Coach Quirk.

Hockey

Matt Pierson

Michael Tabb

Matt Walthouse

Liam Fitzgerald

Spring Sports Preview

Lacrosse

Baseball

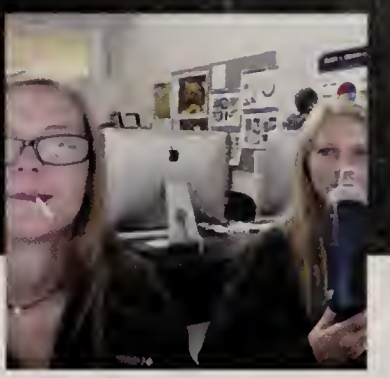
Softball

Tennis

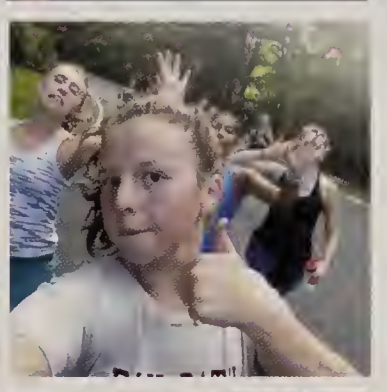
Outdoor Track

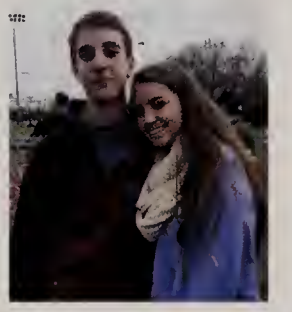
STUDENT LIFE

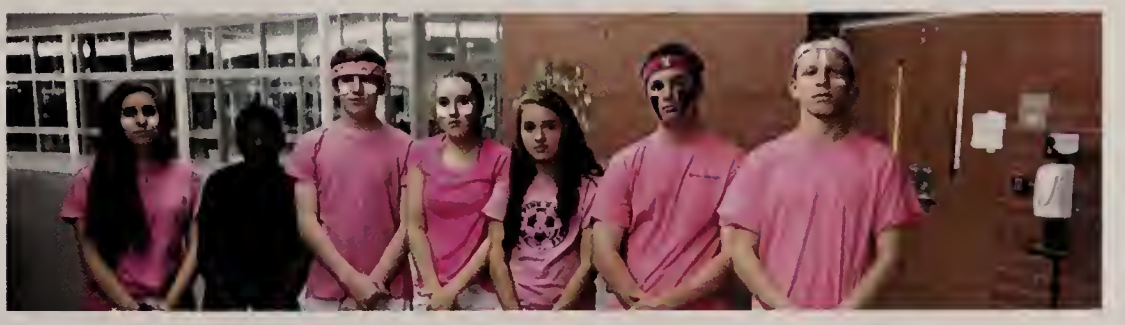
JORDAN



BEST MUSICIAN
BEST VOICE

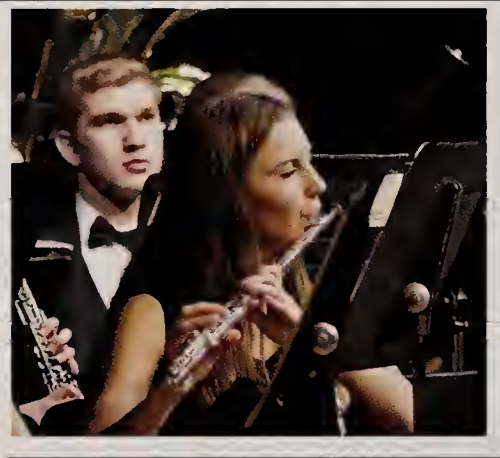


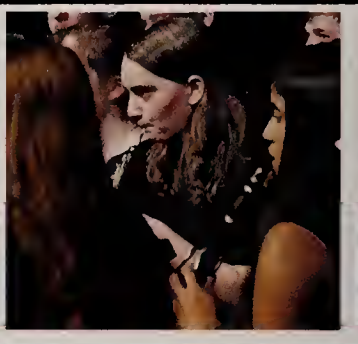


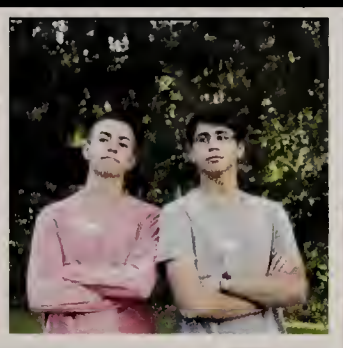


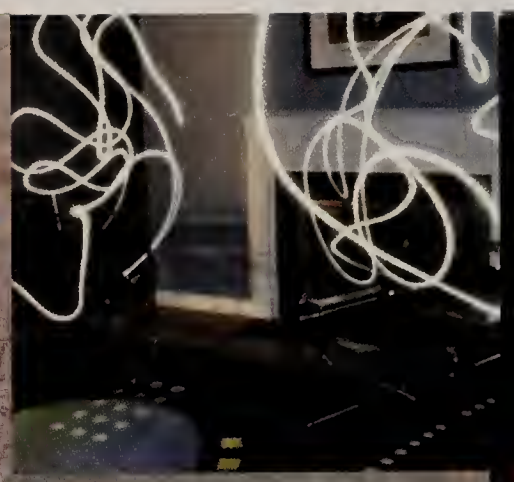
The Music Department

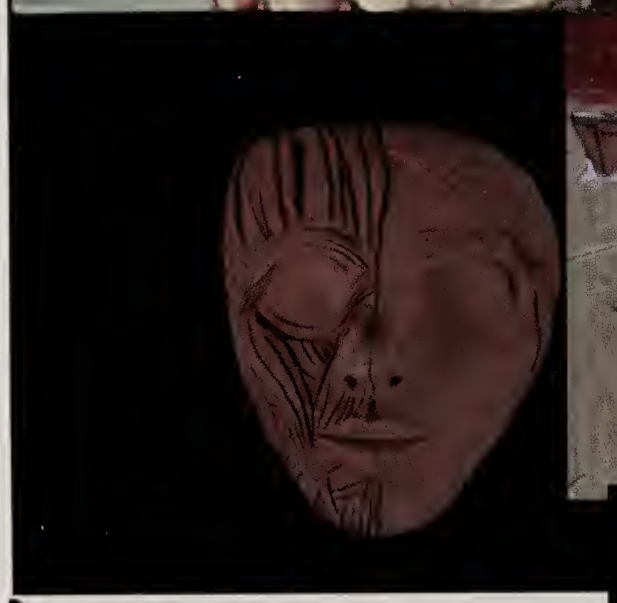
MIZZOU

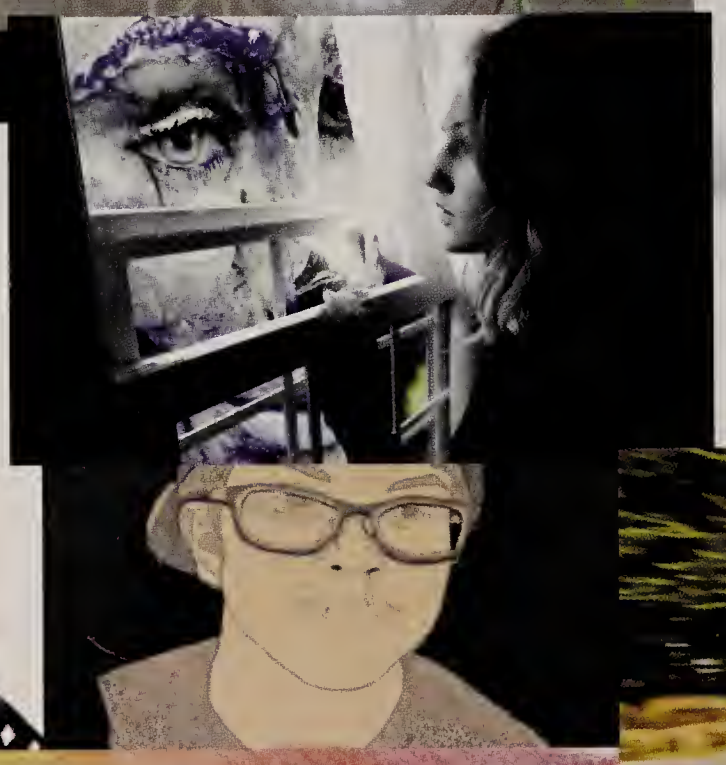


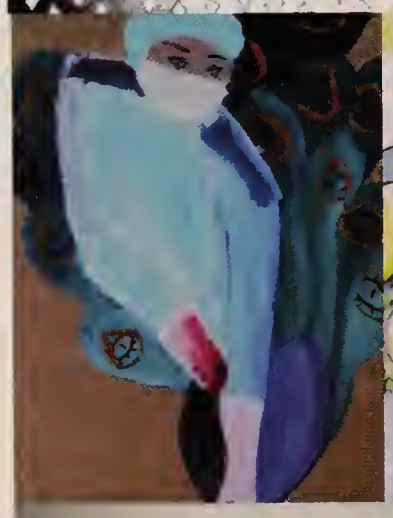


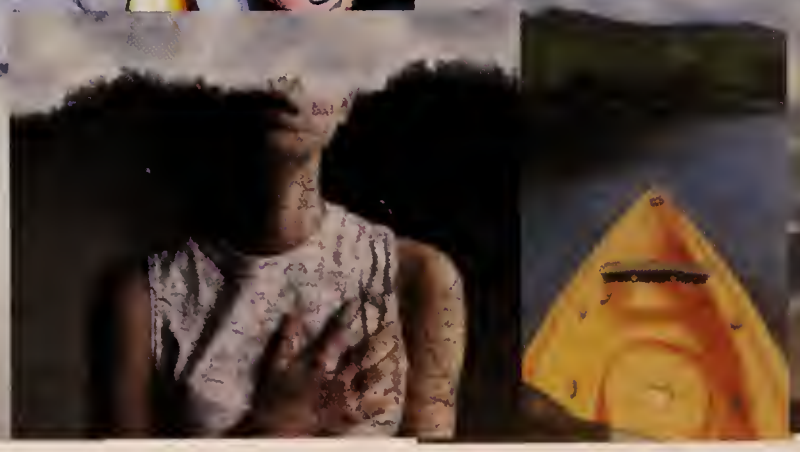


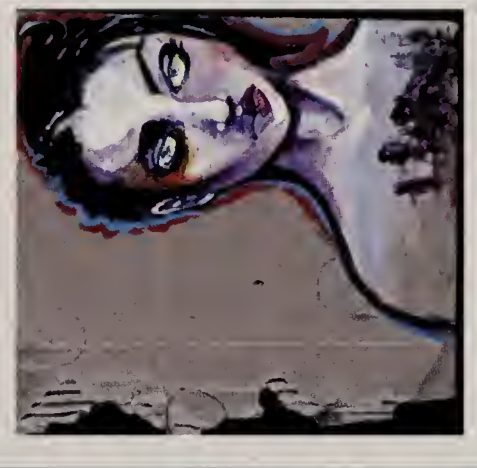
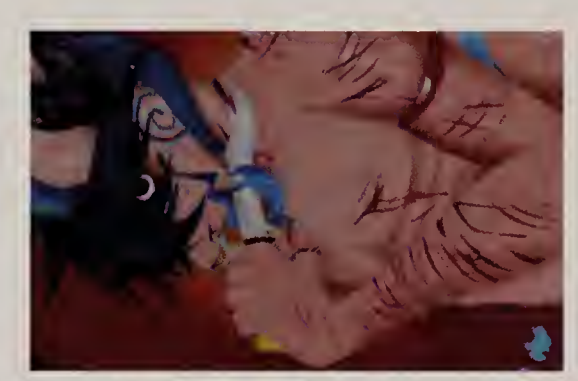


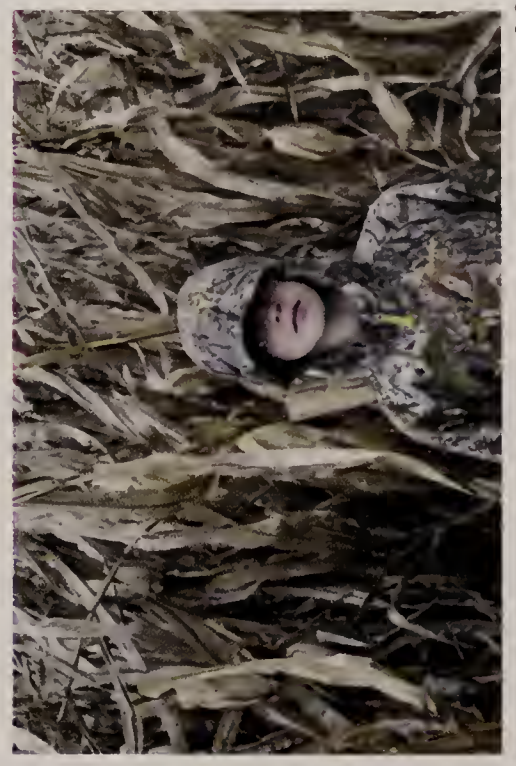






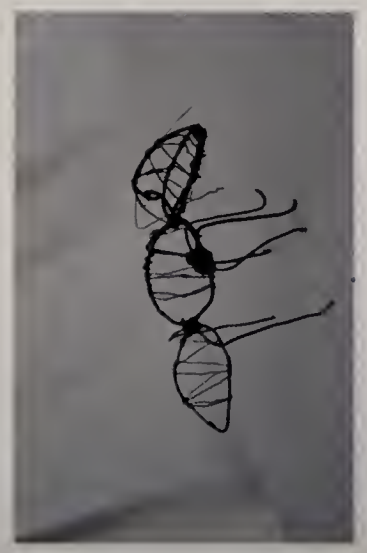


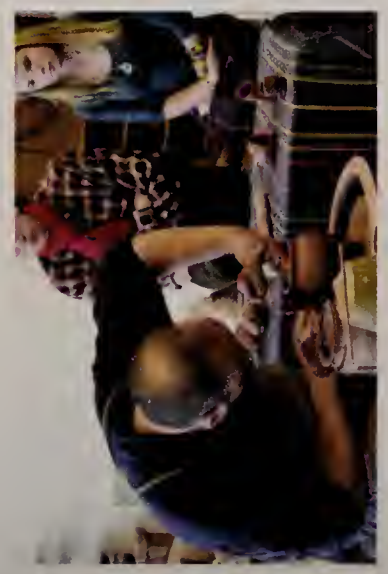
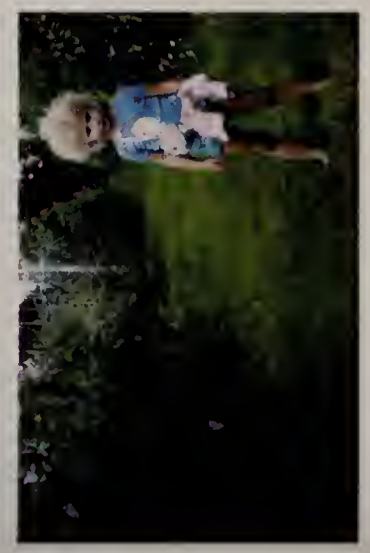





The Art Department

All beautifully created by the Art students



James Dibbern
Advidsor

KEY CLUB

Left to right. Row 1: Ben Skiest, Jake Roy, Carl Schirmeister, Nick Caputo. Row 2: Ryan Cove. Row 3: Zach Johns, Billy Gordenstein, Max Scheeps, Isaac Greenberg, Chris Bresnahan, Ryan O'Connor, Nick Taylor, Kean O'Hara, Nick Smith. Row 4: Jack Cove.

ULTIMATE FRISBEE

Left to right. Row 1: Jerrica Li, Sonia Donskaya, Julia Dash. Row 2: Larissa Valdes. Row 3: Mia Wysocki, Emily Ishak, Michelle Waslick, Mary Carter Bradshaw. Row 4: Emily Ireland, Hannah Aseltine, Rachel Franz, Maddy Aseltine. Row 5: Molly Carroll, Emily Libowitz, Emily Brown.

AS SCHOOLS MATCH WITS

Left to right. Eugene Shao, Nicholas Komaiszko, Benjamin Muhlmann, Emily Anfang, Jordan Kei-Rahn, Mohammad Fazaeli.

BPA CLUB

Left to right. Ben Black, Jack Tabb, Cole Moriarty, Zach Peterson, Jayne Chanin, Deirdre Barry, Ben Skiest, Jack Carroll, Seth Wernick, Naomi Diaz, Nate Bissaillon, Sam Freedman , Evan Hage, Nathan Penn.

CHESS CLUB

Left to right. Max Stukalin, Sam Paleologopoulos, Zachary Wahrman.

DEBATE CLUB

Left to right. Row 1: Mr. Gulden, Tara Phillips. Row 2: Marlene Jackson, Deirdre Duquette, Kathryn Roumeliotis. Row 3: Benji Fazaeli, Nicholas Komaiszko, Will Most. Not pictured: Oliver Davis, Yasmin Goodman, Katie Hoag, Jordan Kei-Ran, Sumner Lewis, Dan Moore, Zach Peterson, Ruby Shea.

DRAMA CLUB

Left to right. Andrew Brown, Katie Kang, Shannon Plankey, Lauren Messier, Max Schneider, Cassondra Hill, Mrs. B, Mrs. MacDonald.

EAST ASIA CLUB

Left to right. Row 1: Mia Wysocki, Ms. Snyder, Aubrey Daviau. Row. 2: Cole Norman, Griffin Percy, Zach Strempel, Leah Mitchell. Row 3: Andrew Kniska, Nicholas Komaiszko, Ben Sergentanis.

FRENCH CLUB

Left to right. Kathleen Novak, Hannah Aseltine, Madeleine Aseltine, Suzie Elfman, Maxwell Schneider, Mrs. Koziol, Sam Paleologopoulos, Eugene Shao, Lee Duan, Alan Lee, Eric Miller, Olivia Rourke, Emily Kapner, Julia D'Agostino.

GAY STRAIGHT ALLIANCE

Left to right. Gwen Moriarty, Maxwell Schneider, Shannon Plankey, Kelsey Burroughs.

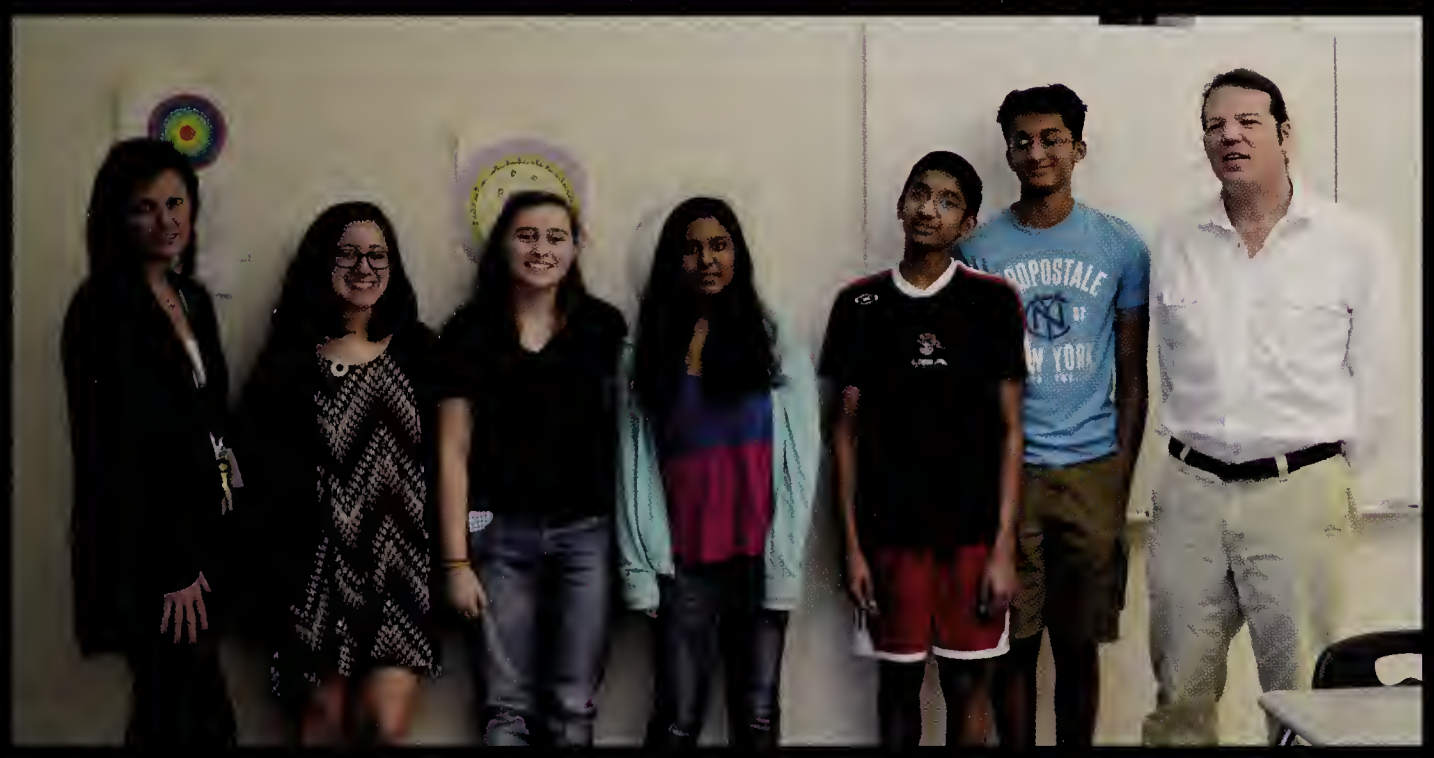
HEIFER CLUB

Left to right. Lucy Metz, Emily Quirk, Luisa Gunn, Kathryn Roumiliotis, Michaela Ryan, Haley Woods.

IMPRESSIONS

Left to right. Michael Baick, Isabella Morris, Eric Miller, Seth Wernick, Jerrica Li, Michelle, Waslick, Aaron Richarson, Jake Jackowski, Emily Ishak.

INDIA CLUB



Left to right. Mrs. Baker, Emily Anfang, Kathryn Roumeliotis, Nishal D'Souza, Ashvin Babu, Brahadesh Sivakumar, Mr. Walker.

INTERACT CLUB

Left to right. Row 1:Dan Kronlund, Kayla Gebo, Gwen Moriarity, Cali Grincavitch, Vivian Li, Jasmine Fu, Natalie Klaczak, Izzy Anderson. Row 2: Nicoletta Pelchat, Nancy Lewonchuk, Stasya Houghton, Samantha Bernardi, Madison Azevedo, Deidre Duquette, Dorianna Rennis, Alex Jellinger, Ben Sergentanis, Mr. Little.

JET JOTTER

Left to right. Row 1: Michelle Waslick, Julia Dash, Madeleine Aseltine, Rebecca Szlajen, Gabby Humphries, Zach Wahrman, Mr. Staples. Row 2: Emily Ishak, Katherine O'Shea, Ryan Cove, Noah Kalman, Sam Paleologopoulos.

KNITTING CLUB

Left to right. Cordelia Jones, Bailey Pennington, Chrsitine Johnson, Seamus Santos.

LATIN CLUB

Left to right. Gabby Humphries, Gabby Hirschkorn. Nancy Lewonchuk.

LITERATURE CLUB

Left to Right. Gwen Moriarty, Nancy Lewonchuk, Nicoletta Pelchat, Mia Wysocki.

LONGMEADOW HIGH SCHOOL DEMOCRATS

Left to right. Michael Baick, Nolan Brown, Eric Miller, Zach Peterson, Michael Reyes, Jerold Duquette, Oliver Davis, Nathan Krevolin, Sean Delson, Grace Joyner, Amelia Ryan, Asli Ali, Maxwell Schneider, Eric Lesser, Jeffrey Mueller, Cole Norman.

MATH TEAM

Left to right. Row 1: Jeffrey Zheng, Zach Wahrman, Rachel Bechard. Row 2: Alexander Koran, Jason Carrier, Eugene Shao.

MOCK TRIAL

Left to right. Row 1: Noelle Ehrenberg, Cali Grincavitch, Amelia Ryan, Aubrey Daviau, Blythe Rafferty, Daniel Moore, Sam Schwartz. Row 2: Izzy Anderson, Rebecca Girshik, Morgan Strassburg, Grace Joyner, Deirdre Duquette, Logan Martin, Jordan Kei-Rahn, Benji Fazaeli, Ben Skiest.

MODEL U.N.

Left to right. Mr. Goguts, Brahadesh Sivakumar, Jerold Duquette, Deirdre Duquette, Michael Reyes, Nishal D'Souza, Dan Kronlund, Noelle Peluso, Lee Duan, Michael Baick, Ashvin Babu. Missing from picture: Nechelle Dias

NHS

Left to right. (Board members) Zach Wahrman, Jack Carroll, Seth Wernick, Rachel Bechard, Hailey Moseman, Anne Volk, Emily Ishak, Erica Horowitz.

POTTERY CLUB

Left to right. Alison Denno, Margaret Rosemond, Tia Stathis, Jessica McColley Emma Frankel, Gabrielle Hirschkorn.

RED CROSS CLUB

Left to right. Row 1: Cicily Paadam, Gabriella DaSilva, Hannah Aseltine, Olivia Tanzer, Erica Horowitz. Row 2: Campbell Powell, Emily Ishak, Madeleine Aseltine. Row 3: Katherine O'Shea, Hannah Johns, Marisa Chamberland, Mary Carter Bradshaw, Ryan Cove, Vasken Fereshetian.

ROWING CLUB

Left to right. Row 1: Emily Quirk, Laura Miles, Emily Freda. Row 2: Alexandra Shea, Delaney Woods, Hannah Johns, Abbie Keane, Josh Correira, Hunter Mnich, Ryan Carmody, Peter Labbe, Gordon Turley, Marcello Agnitti, Austin Griffiths, Tom Siddall.

SADD

Left to right. Row 1: Hailey Moseman, Taylor Low, Carly Kingston, Allie Erwin, Katherine Coyle, Maggie Kratovil, Margaret Moriarty. Row 2: Kate Foley, Sydney Harris, Grady Harris, Emily Kratovil, Annie Volk, Beka Davis, Emily Coughlin, Hannah Calabrese, Mary O'Reilly.

SCIENCE CLUB

Left to right. Larissa Valdes, Michelle Waslick, Elizabeth Sinclair, Katherine O'Shea, Tia Stathis, Margaret Joyner, Noelle Pelluso.

SKI CLUB

Left to right. Row 1: Lindsay Pelliccia, Helen Curly-Swanie, Cambria Barkett, Allyson Quirk, Courtney Reggiannini, Alison Reggiannini, Isabelle Anderson. Row 2: Brett Vuori, Sonia Donskaya, Abigail McLean, Elise Lemay, Emily Coughlin, Sydney Walt, Benjamin Black, Elli Barkett. Row 3: Seth Conklin, Joseph Swanson, William Hiser, Chris Bresnahan, Ethan Dallas, Dom Russo, Max Loyuk, Victoria Fountain, Mr. Framarin, Michael Gore.

SPANISH CLUB

Left to right. Audrey Woods, Sol Markman, Haley Woods, Margaret Rosemond, Cali Grincavitch, Mr.s. Riordan, Isabelle Anderson, Vivian Li.

STOCK CLUB

Left to right. Row 1: Jake Kimball, Ben Black, Michael Tabb, Nick Maurer, Jack Carroll, Jack Tabb, Dylan Rodriguez-Shaw, Kyle Gagne. Row 2: Katie Fitzgerald, Lauren DeSimone, Julia Wright, Amber Wu, Valerie Simmons, Natalie Frechette, Reagan Perry, Katie Kang, Janiya Dixon, Bridget Fontaine, Kevin Hussey, Joe Fratini. Row 3: Matthew Davis, Pierce Levalle, Mark Horowitz, Timothy Fitzgerald, Griffin O'Connor, Zachary Peterson, Matthew Bernardi, Logan Martin, Jaice Cass, William Wright, Billy Gordenstein, Peter King, Ryan Carmody, Benjamin Schneider, Logan Haldopolous, Nick Taylor, Patrick Abad, Collin Hurley

TABLE TENNIS CLUB

Left to right: Ashvin Babu, Sonia Donskaya, Mr. Magowan, Adam Sergentanis, Quinn Nelson, Nathan Krevolin

Not Pictured: Chris Bresnahan, Alex Perkins, Sam Freedman, Max Stukalin, Sasha Weissman, Ranen Mirot.

TRI M MUSIC HONOR SOCIETY

Left to right. Row 1: Luisa Gunn, Dan Berg, Molly Carroll, Olivia Panetti, Lisa Schmelkin, Jeff Schmelkin, Ally Denno, Luke Gelinas, Ethan Dhamodharan, Ryan Nash. Row 2: Lucy Metz, Emily Kapner, Erin Durkin, Izzy Anderson, Dierdre Duquette, Christiana Stamas, Nina Grogan, Elaina Stamas, Aditi Nimbalkar. Row 3: Michael Reinemann, Matt Ruyffelaert, Zach Strempel, Brendan Philbin, Ben Sergentanis, Eugene Shao, Abby Glick, Allison Zhang, Emily Suher, Stasya Houghton, Anahita Nimbalkar.

UNICEF CLUB

Left to right. Row 1: Kathryn Roumeliotis, Nishal D'Souza, Emily Kapner, Emily Quirk Row 2: Abigail Glick, Luisa Gunn, Mary Cate Carroll, Nechelle Dias.

UNITY CLUB

Left to right. Row 1: Devon Lyon, Naomi Diaz, Cassondra Hill, Allison Webster. Row 2: Jake Jackowski, Tamira Powe, Margaret Joyner, Aaron Richardson, Solomon Hinds, Abbie Mokwuah, Mrs. MacDonald.

VIDEO GAME CLUB

Left to right. Ranen Mirot , Miles D'Entremont, Garnet Welch, Mark Scolari, John Hanson, Chris Scheideker.

YOGA CLUB

Left to right. Yasmin Goodman, Anastasia Cole, Ellery White, Hannah Asletine, Madeleine Aseltine, Alexandra Shea. Michelle Kim, Suzanne Elfman, Mrs. Fournier-Rei.

HUMANS OF LHS

Noah Kalman

"I am proud of my mom car."

Seth Wernick

"I used to be a rapper"

Rita Hawker

"I have a room in my house in Maine that has over 5,000 smurfs."

Jessie Strassberg

"I had a fish once. I thought I trained it to sit on it's nose, but I didn't."

Mary O'Reilly

"I wore my dress backwards to junior-senior and nobody noticed."

Madeline Baker and Carolyn Ashe

Madeline: In 5th grade we were obsessed with animals. So every day we would go to the library and print out pictures of animals and use up all of the colored ink. Now elementary school kids can't print in colored ink"
Carolyn: We would tell our teacher that the librarian needed us and we told the librarian that we were there for our teacher."

Emma Kristoffy and Sydney Walt

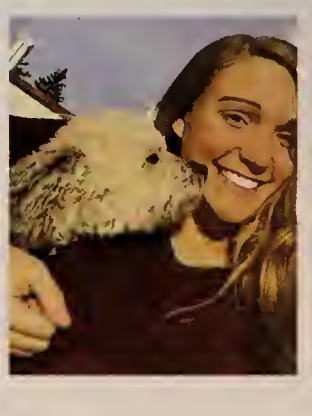
Emma: "She cut off all of my hair when we were young"
Sydney: "We were eating Blues Clues mac n' cheese when we decided to play hair dresser. Emma left the room to go get her fake hair dresser kit, but there were real scissors in it. I cut her long, blonde hair to her ears two weeks before Christmas."
Emma: ."My mom's best friend mistook me for a boy."
Sydney: "Her mom started yelling at me and I started crying. After that we became best friends."

"I didnt really like French. Half way through freshman year I realized it's more than just a class–that I can actually do something with my French and someday I hope to visit France. "

Cole Norman

"I shaved off my eyebrows in 5th grade."

Olivia Shaprio



"When I was in middle school, I was in a musical and after the last performance we had a cast party that was at my house. At the cast party I had my first kiss. The boy's name was Ray Zeller. I invited my friends to sleep over that night. When we were in my basement I said, "Guess what...I kissed Ray Zeller." My friend Lisa said, "You're kidding...I kissed Ray Zeller." Then our friends Laura and Andrea both admitted they kissed him too. So we went back to school on Monday and we let him know that none of us were interested."
- Kayla Werlin

John Williams

"I collect antique weapons."

Cassondra Hill

"I dated twins at the same time."

John Pantusco

"My family is a bunch of fitness freaks."

Beka Davis

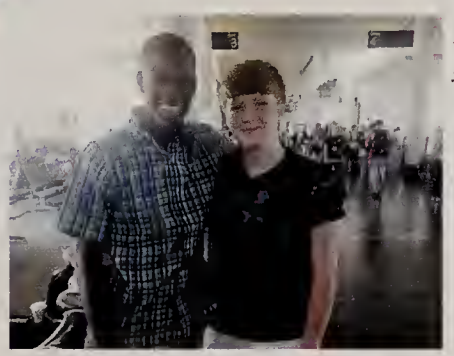
"One time I thought there was a spider behind my ear so I cried for 10 minutes but it was just my tattoo."

Jeff Schmelkin

"Don't give into conformity."

Julia Langone

"Once I start laughing I can't stop."



Rachel Bechard

"I am going to be my own superhero."

Aaron Richardson

In mid spring of 2014, I was accepted into a social justice-oriented summer camp called The Encampment For Citizenship. That year it was held at UIC in Chicago, Illinois. At the time I'd never been on an airplane–I was scared. This trip required me to fly, and for a chance to become acquainted with like-minded individuals for three weeks. So on June 26th, my mom, my sister, and I headed to the airport early in the morning. The airport was crowded, the amount of security only added to my anxiety. Although the entire camp experience would be happening soon, I couldn't think past the fact that I'd be flying. There was nearly an hour to spare at the airport and I was restless. Soon enough, my plane arrived. I was extremely eager to jump on and get it over with, however, I didn't realise that there was an entire process involved. As I kept nervously checking to see if all the passengers were off. I took another look, and I recognized Zach Fagan, my best friend, getting off the plane I would soon board. I knew he would be coming up to Massachusetts to visit but I wasn't sure exactly when. All I understood was that I'd be gone when he was here. "That's Zach!" I told my mom and sister. "Go get him," my mom said jokingly, not expecting it to actually be him. As he walked toward the main entrance, I ran behind him and gave a light push on his back. Zach turned around and looked as if he'd just seen a ghost, followed with an "Oh my God!" Zach was shocked and almost frightened. I remember specifically feeling extremely amused, relieved, and jubilant. We took pictures and shortly after he had to run. It was the last time I ever saw him before he passed later on that year. As saddened as I am to have lost him, I am only so grateful to share that last experience with him.
Zachary Fagan 1997-2014

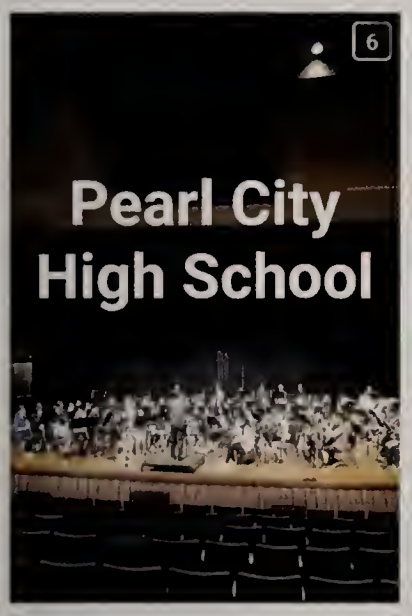
SPAIN

Pontevedra
León
Orense
Palencia
Burgos
Navarra
La Rioja
Huesca
Lérida
Gerona
Barcelona
Zamora
Valladolid
Soria
Zaragoza
Segovia
Tarragona
Avila
Guadalajara
Teruel
Castellón
Cuenca
Toledo
Baleares
Valencia
Ciudad Real
Albacete
Badajoz
Alicante
Córdoba
Jaén
Murcia
Huelva
Sevilla
Granada
Almería
Málaga
Cádiz
Ceuta
Melilla
Santa Cruz de Tenerife
Las Palmas

FULLBEAR
1991
Ria

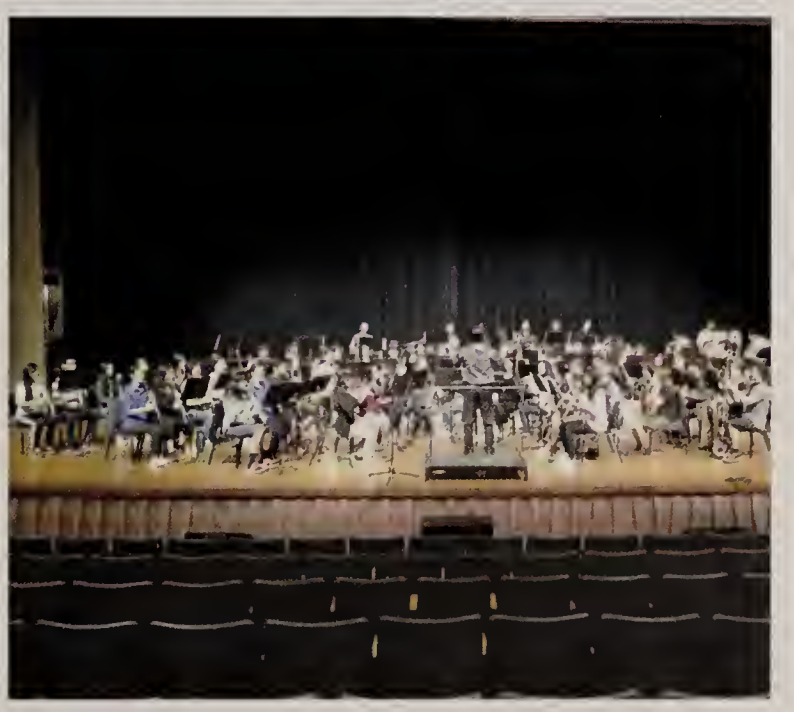
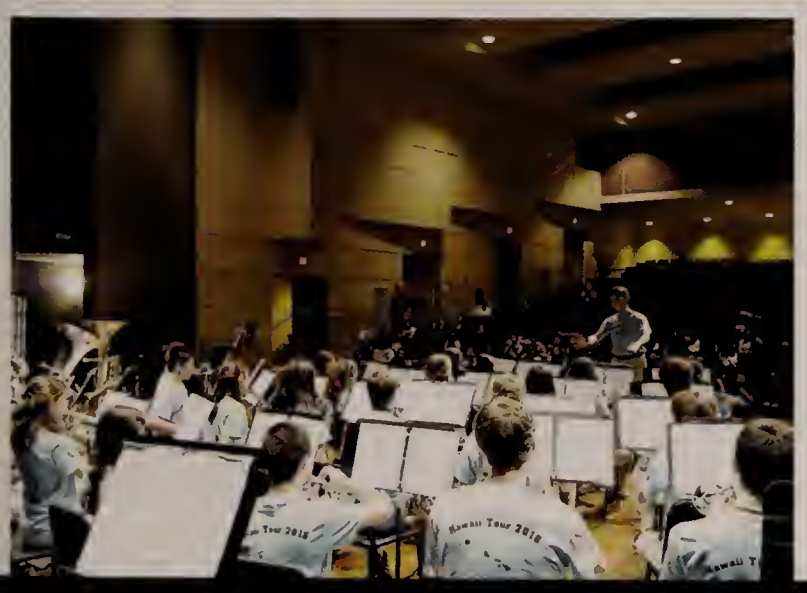
152

mercado de san miguel

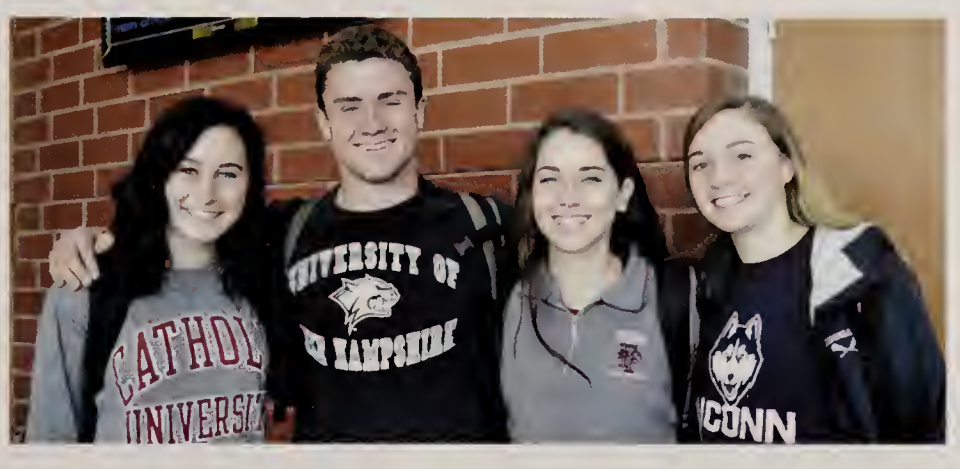

Pearl City
High School

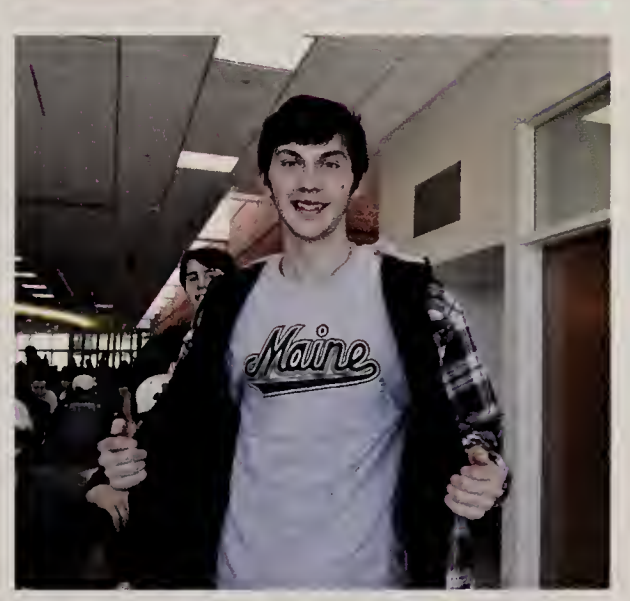
Concert on the USS Missouri!

63

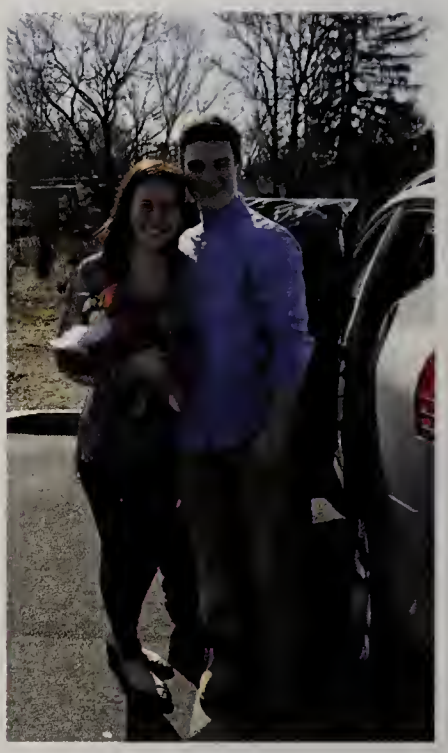
WORLD WAR II VALOR IN TH
PACIFIC NATIONAL MONUM

HAWAII

Oh the places you'll go...



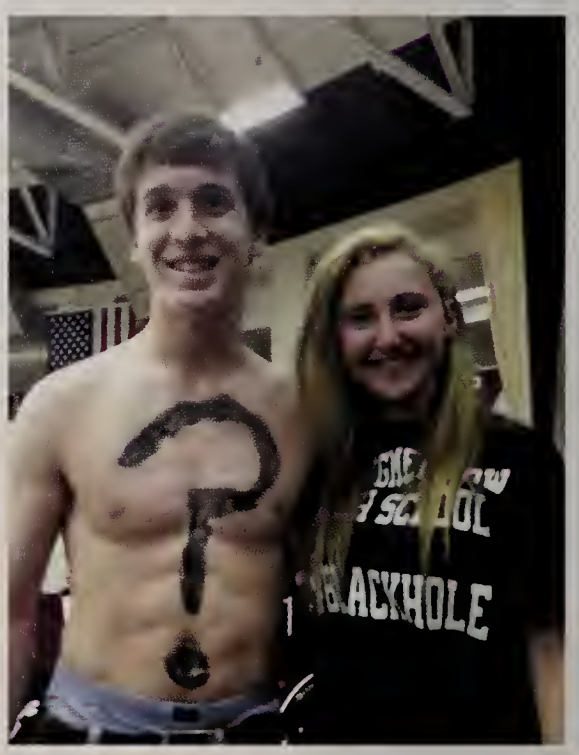


GOOD LUCK SENIORS!



Colin, Will you
Come My way
to
PROM?

YOGAtta Go To Prom With M

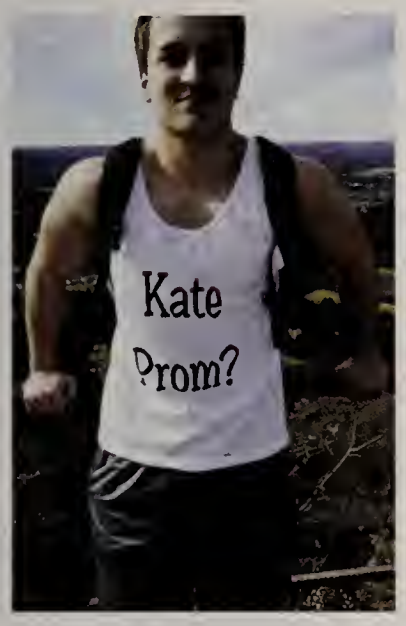

BLACKHOLE

PROM?
16
5
FYDENKEVEZ
2015

SITTERLY
MOVERS
EXIT

TO EMILY
OPEN IMMEDIATELY

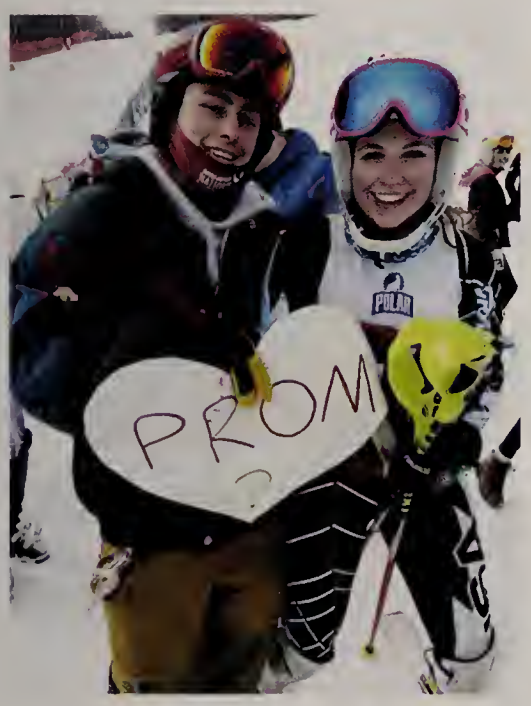
Promposals!!


Kate
Prom?

?

I Cannoli
Go w/U
PROM

DON'T
LEAVE ME IN
THE DUST
AND HIKE
WITH ME
TO PROM


PROM
?

PROM

I
want to
go with
anyone
else !
PROM

Elli Barkett
Julia Langone
- 2016 Editors

Wow, what a crazy journey it has been this year! And here we are—looking at our finished product right now! As a new advisor, there are certainly things I would do differently. But all in all, I am proud of what we accomplished and we did it TOGETHER!! You were surprisingly easy to work with. Even though we all had our strengths and weaknesses, we managed to work together and produce a really well-done book. And I, for one, enjoyed myself! Julia and Elli, thanks for your leadership, your knowledge and your strong spirits. Thanks to all of you for pitching in and being good sports. Thanks for making my first year so successful and so memorable.
I love you all.
-Mrs. CAL

YEAR

THANKS!

Aubrey Darrau
Beka Davis
Sarah Marchase
Olivia Shapiro
Katherine O'Shea
Elizabeth Sinclair

Olivia Barkett
Ally Mansfield
Izzy Gandelli
Danielle Pierson
Rachel Bechard

WE LOVE YOU!

BOOK

Sara Settmio
Deb Callahan
Riley Marino
Emma Mard
Emily Kratovil
Emma Frankel

IN REMEMBRANCE

Marin Hernandez-Bem
January 20, 1948 - April 30, 2014

"Death leaves a heartache
no one can heal,
love leaves a memory no one can steal."

To my second daddy, I miss you so much everyday. We love you.
-Monica Rivera

Jimmy Formaggioni
January 17, 1994- January16, 2013
LHS Class of 2013

Cousin of Michael Luongo

Zachary Tyler Fagan
August 26, 1997 -
December 15, 2014

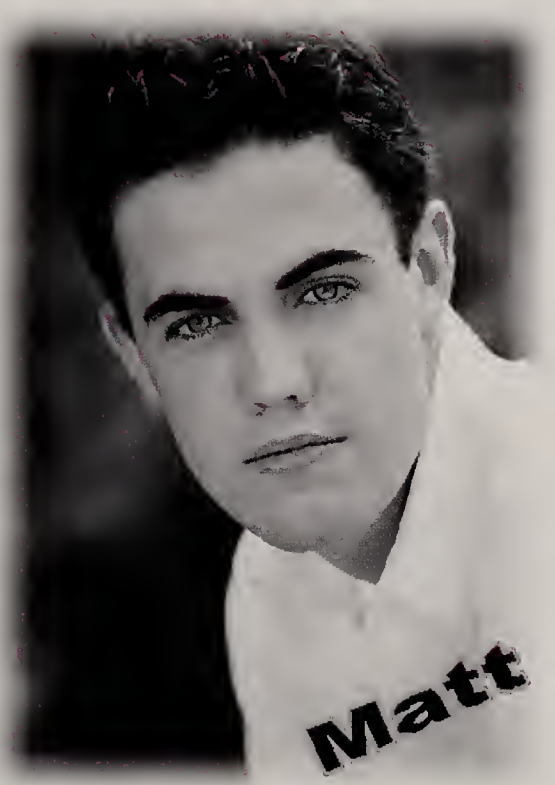
" A life that touches others
goes on forever."

Zach Fagan was an amazing friend to every person around him. His smile and energetic presence lit up every conversation and group he was in.

We all love you and
miss you Zach!

- From the Class of 2016

Congrats



There are big ships and small ships. But the best ship of all is friendship.

We're so proud of you boys! Stay safe, be happy and remember to call home.

The Applemans, McClures, & Piersons

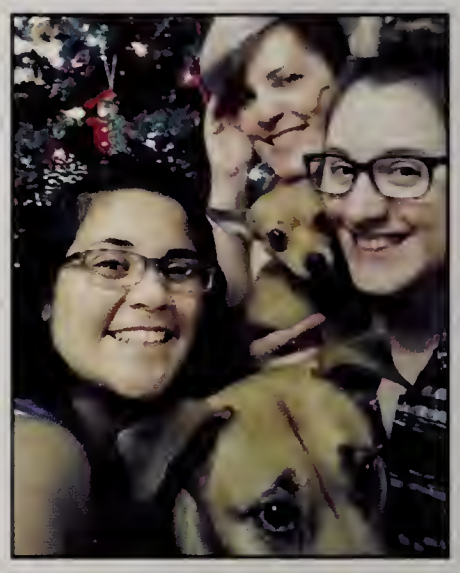
SETH WERNICK

Congratulations
LHS Class of 2016

Carol, Andrew'04 & Daniel'08
Wernick

Monica Rivera

We are so proud of you. Wishing you luck in your new journey. Love, your little family<3



Mary Carter Bradshaw

Mary Carter - You make us proud everyday. We love the person you have become and as you go off to college - explore, create, laugh and remember have courage and be kind.

Love, Mom, Dad, Owen and Finn

"Everytime you smile, I'll smile and everytime you shine I'll shine for you... You've got a smile that can light up this whole town!" T-Swift

Bailey Pennington

Bailey,

From the moment you came into this world, we knew you were amazing. Always an old soul, you are a loving, smart, and talented young lady. We are so proud of your accomplishments. I am especially proud to be your mother. You are a great kid, a wonderful sister, and you are going to go on to do great things. It is our honor to be your parents.

We love you,

Mom and John

"You have a brains in your head. You have feet in your shoes. You can steer yourself, any direction you choose."

- Dr. Seuss

ADS

GRAPEVINE
Pizzeria and Restaurant

"GOOD LUCK CLASS OF 2016!"

GRAPEVINE

753 MAPLE ROAD

LONGMEADOW, MASS.

WHK

"BEST WISHES TO THE CLASS OF 2016!"

THE KITCHEN

791 WILLIAMS STREET

LONGMEADOW, MASS.

"CONGRADULATIONS!"

BRIGHTWOOD HARDWARE

794 WILLIAMS STREET

LONGMEADOW, MASS.